

19th Sunday in Ordinary Time – A

1 Kings 19:9a, 11-13a

In those days: Elijah reached Horeb, the mount of God. There he came to a cave and lodged in it. And behold, the word of the Lord came to him. And he said, 'Go out and stand on the mount before the Lord.' And behold, the Lord passed by, and a great and strong wind tore the mountains and broke in pieces the rocks before the Lord, but the Lord was not in the wind. And after the wind an earthquake, but the Lord was not in the earthquake. And after the earthquake a fire, but the Lord was not in the fire. And after the fire the sound of a low whisper. And when Elijah heard it, he wrapped his face in his cloak and went out and stood at the entrance of the cave.

Psalm 85(84)

Response: *Show us, O LORD, your mercy, and grant us your salvation.*

1. I will hear what the LORD God speaks;
he speaks of peace for his people and his faithful.
His salvation is near for those who fear him,
and his glory will dwell in our land.
2. Mercy and faithfulness have met;
justice and peace have kissed.
Faithfulness shall spring from the earth,
and justice look down from heaven.
3. The LORD will bestow his bounty,
and our earth shall yield its increase.
Righteousness will march before him,
and guide his steps on the way.

Romans 9:1-5

Brothers and Sisters: I am speaking the truth in Christ. I am not lying. My conscience bears me witness in the Holy Spirit — that I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my brothers and sisters, my kinsmen according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises. To them belong the patriarchs, and from their race, according to the flesh, is the Christ, who is God over all, blessed for ever. Amen.

Alleluia, alleluia. I long for you, O Lord,
my soul longs for his word. Alleluia.

Matthew 14:22-33

After the crowd had eaten and were satisfied: Immediately Jesus made the disciples get into the boat and go before him to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up on the mountain by himself to pray. When evening came, he was there alone, but the boat by this time was a long way from the land, beaten by the waves, for the wind was against them. And in the fourth watch of the night he came to them, walking on the sea. But when the disciples saw him walking on the sea, they were terrified, and said, 'It is a ghost!' and they cried out in fear. But immediately Jesus spoke to them, saying, 'Take heart; it is I. Do not be afraid.' And Peter answered him, 'Lord, if it is you, command me to come to you on the water.' He said, 'Come.' So Peter got out of the boat and walked on the water and came to Jesus. But when he saw the wind, he was afraid, and beginning to sink he cried out, 'Lord, save me.' Jesus immediately reached out his hand and took hold of him, saying to him, 'O you of little faith, why did you doubt?' And when they got into the boat, the wind ceased. And those in the boat worshipped him, saying, 'Truly you are the Son of God.'

Deacon: Rev Stephen Boulter: 📞 07768 387393

Masses, Devotions and Services

	St Cuthbert's	St Joseph's	Our Lady & St Oswin's
Saturday 8th August		5:30pm: Vigil Mass: People of the Parish	
Sunday 9th August 19th Sunday in Ordinary Time	11.00am: Mass: Alf Hazelgrove		9:30am: Mass: People of the Parish
Monday 10th August			
Tuesday 11th August			10:00am: Mass: Word & Communion
Wednesday 12th August	9.30am: Word & Communion		
Thursday 13th August		9.30am: Word & Communion	
Friday 14th August	10.30 Requiem Mass for Olive Dargaval 7.00pm: Mass: Luther and Lillian Shotton		
Saturday 15th August		5:30pm: Vigil Mass: Alma Fox	
Sunday 16th August Assumption of the Blessed Virgin Mary	11.00am: Mass: People of the Parish		9:30am: Mass: People of the Parish

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Prayer Intentions for Summer: A Deeper Understanding between Christian and Jews; those who suffer Persecution; the Oppressed and those denied human rights; Europe; the Dignity of all Human Life; Seafarers. We pray for all who are sick, including Ros McGann, Jean Slater, Irene Keenaghan, Mary Quinn, Patricia Thompson, Paul Atkinson, Francis McSherry, Mary Kidd, Mary Rowley, Antoni Kulik, Peter Chester, Rebecca Cummings, Dorothy Falla, Bridget Geddes, James Llewellyn, Sr Zita, Stephen Davies & Fr Leo Pyle. Please pray for Billy Burwood, Ann Donnelly, Winnie White, Irene Clarke, Fr Leo Pyle, Michelle Collings, Olive Dargaval and all those who have died recently.

19th Sunday of the Year

In our first reading and Gospel we have two people searching and exploring their sense of God in challenging times.

In the first reading we have Elijah, who has been running away for his life. In the past the experiences of storms, earthquakes and fire were seen divine revelation. For Elijah search for God, he does not perceive God's presence in these visible phenomena. But the gentle breeze, which would be very common, is where Elijah encounters God's voice.

In the Gospel, the disciples are in a boat, in the middle of the storm. Jesus walks to the boat and he invites Peter to come out to him, but when he feels the storm he loses his confidence and is afraid, but Jesus reaches out to him and questions why he doubts.

These two stories would appear to have the common theme of people called to trust during demanding and challenging times. Christ himself at his passion showed

that he was rooted in the trust of God as a painful death was likely. When faced with challenges, this is not the only reality. God, who creates and recreates is also present. May we be aware of this reality when faced with challenges. Whatever is happening may we know the God as the psalm says who shows us mercy and grant us salvation.

Requiem Mass

The Requiem Mass for Olive Dargavel will be on Friday 14th August at 10.30am. May she rest in peace.

Partnership Appointment

We pray for Mgr Faley as he prepares for retirement. We give thanks for his presence and support to the partnership over the last 13 years. We pray he is happy and peaceful in his well deserved retirement. We also pray for Fr Binoy Mandapathil as he prepares to take his appointment as PP for Our Lady Star of the Sea.

New Health and Safety Officer for St Cuthbert's

The new health and safety officer for St Cuthbert's is Tony Pinkerton. Health and Safety is his 'bread and butter' since he trains and advises on health and safety issues relating to the off-shore industry. I am very grateful to him for taking on this role. I would like to also express my sincere thanks and respect to Charlie Tynan for his service to the parish in this role for the last five years. His generosity and commitment with and to the role has been much appreciated.

Retreat

I am on Retreat at the Briery in Ilkley from 4th to 13th August. I will keep you in prayers as I discern God's voice for me at this time. I am grateful for your support and inspiration you offer as a Community of love and faith. My thanks to Fr Jim O'Keefe for presiding at the Masses this week-end.

Tyne and Wear Citizens

There was a very fruitful meeting on Tuesday at St Cuthbert's of the North Shields Hub. 14 people were present. There was clearly an appetite to reach out to communal spaces to discover people concerns and to explore ways we can develop community cohesion in the town. We agree on the following:

We would map as a group the communal meeting places in North Shields, formal and informal. A member of the group will create a google doc for these places to be collated. Aim is build up relationships in these spaces as the first step in reaching out.

We would try to have 1-2-1s among this group and beyond. I encourage parishioners to reach out to fellow parishioners they see in church but do not know that well to meet up to get to know each other, hopefully

discovering shared concerns and building up relationships with each other.

Encourage people to take part in the training that will take place 9.30-4pm on September 18th and 25th in North Tyneside. Venue to be confirmed but St Cuthbert's is a possibility. Training is free. You can sign up at: <https://actionnetwork.org/events/introduction-to-community-organising-training-north-tyneside-september-2026/>

Next meeting is Wednesday 2nd September at St Cuthbert's at 7pm.

CAFOD Emergency Appeal for Venezuela & Sponsored Walk for Sudanese Appeal

A big thank-you to all who contributed in anyway to our sponsored walk to St Mary's Lighthouse. Thanks to all who have sponsored and to all who took part in the walk. If you would like to make a donation please leave it in an envelope marked 'CAFOS Sudanese appeal'. The CAFOD emergency appeal for Venezuela is still open as well. The latest figure raised for the Sudanese appeal is £1177. Well done to all who contributed

Songs of Praise Christmas Celebration

If you would like to be part of an audience for a special Christmas Songs of Praise at the Glass House (the Sage, Gateshead) on October 6th, you can obtain free tickets at: https://lostintv.com/tv-show?id=1453&utm_source=outreach&utm_medium=email&utm_campaign=newcastle_sop_2026

Diocesan Pilgrimage to Rome and Assisi

The Pilgrimage will be led by Bishop Stephen, from 22nd till 29th October 2027 – £1725 per person. Places are limited to 50 pilgrims and places are allocated on a first come first served basis with payment of the deposit securing your place. The itinerary and booking details can be found on the diocesan website (www.diocesehn.org.uk) or alternatively via the parish office.

Therapist Placement

I have been approached by Amanda Normand, who subject to DBS and diocesan approval, is wanting to do a placement in the parish as a trainee therapist, with Therapy North. She can offer support on low level anxiety and depression, bereavement and loss and relationship counselling for couples. If you are interested, please email Amanda at: amandanormand55@gmail.com.

The initial meeting will explore if there is enough compatibility between needs of the client and what Amanda can offer. If not she will sign post them to appropriate sources of support.

The sessions are free though if it is possible a small donation to cover supervision fees would be appreciated.

Churches Together

During August, some of the non-Catholic Churches in North Shields do not have their own services but have joint services. These are taking place on Sunday evening. I am sure anyone from our parish would be very welcome:

- St Hilda's on Sunday 9th Aug at 6pm
(Led by Preston Grange Community Church)
- Christ Church on Sunday 16th Aug at 6pm

Live Simply Tip

Living Simply is based on the following three strands:

- living simply
- living in solidarity with people in poverty
- living sustainably with creation

Live Simply Tip:

Further Reflections from Magnifica Humanitas:

"True progress always stems from a heart open to others, an intelligence willing to listen and a will that seeks what unites rather than what separates." (MH – CAFOD)
Exploring the contrast between the two biblical stories of the Tower of Babel and the rebuilding of the walls of Jerusalem, we come to understand that we must place God and human dignity at the centre, collaborate, listen to one another's concerns and take shared responsibility. True progress means choosing to work together in the presence of God, rather than trying to dominate. (MH – CAFOD).

Parish Finance – Standing Orders

If you would like to set up a Standing Order the details of the parish account are:

Name: DHN North Shields St Cuthbert & St Joseph

Bank: HSBC

Sort code: 40-34-45

Account No.: 91146513

Prayer for Peace

As the fever of day calms towards twilight. May all that is strained in us come to ease. We pray for all who suffered violence today. May an unexpected serenity surprise them.. For those who risk their lives each day for peace. May their hearts glimpse providence at the heart of history.. That those who make riches from violence and war. Might hear in their dreams the cries of the lost.. That we might see through our fear of each other. A new vision to heal our fatal attraction to aggression. That those who enjoy the privilege of peace. Might not forget their tormented brothers and sisters. That the wolf might lie down with the lamb. That our swords be beaten into ploughshares. And no hurt or harm be done anywhere along the holy mountain.

John O'Donohue Benedictus A Book of Blessings