

**Mass Readings**  
**14<sup>th</sup> Sunday in Ordinary Time – A**

**First reading**

**Zechariah 9:9-10**

***'Behold, your king is coming to you, humble.'***

Thus says the Lord: Rejoice greatly, O daughter of Sion! Shout aloud, O daughter of Jerusalem! Behold, your king is coming to you; righteous and having salvation is he, humble and mounted on a donkey, on a colt, the foal of a donkey. I will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle bow shall be cut off, and he shall speak peace to the nations; his rule shall be from sea to sea, and from the River to the ends of the earth.

**Responsorial Psalm**

**Psalm 145 (144)**

**Response:** *I will bless your name for ever, my God and king.*

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| <p>1. I will extol you, my God and king,<br/>and bless your name for ever and ever.<br/>I will bless you day after day,<br/>and praise your name for ever and ever.</p>         | <p>2. The Lord is kind and full of compassion,<br/>slow to anger, abounding in mercy.<br/>How good is the Lord to all,<br/>compassionate to all his creatures.</p> |
| <p>3. All your works shall thank you, O Lord,<br/>and all your faithful ones bless you.<br/>They shall speak of the glory of your reign,<br/>and declare your mighty deeds.</p> | <p>4. The Lord is faithful in all his words,<br/>and holy in all his deeds.<br/>The Lord supports all who fall,<br/>and raises up all who are bowed down.</p>      |

**Second reading**

**Romans 8:9, 11-13**

***'If by the Spirit you put to death the deeds of the body, you will live.'***

Brothers and Sisters: You are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you. So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh. For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.

**Gospel Acclamation**


Alleluia, alleluia. I thank you, Father, Lord of heaven and earth,  
you have revealed the secrets of the kingdom to little children. Alleluia.

**Gospel**

**Matthew 11:25-30**

***'I am gentle and lowly in heart.'***

At that time Jesus declared, 'I thank you, Father, Lord of heaven and earth, that you have hidden these things from the wise and understanding and revealed them to little children; yes, Father, for such was your gracious will. All things have been handed over to me by my Father, and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all who labour and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

<b>The Parish of Saint Cuthbert and Saint Joseph, North Shields</b>		
<b>Saint Cuthbert Catholic Church</b> <i>Albion Road West</i> <i>North Shields</i>	Tynemouth Priory Partnership 	<b>Saint Joseph Catholic Church</b> <i>Wallsend Road</i> <i>North Shields</i>
<b>Father Christopher Hughes, St Joseph's Church, Wallsend Road, Chirton, North Shields, NE29 7AA</b> ☎ (Tel) 0191 257 5801 / ✉ (Email) <a href="mailto:chris.hughes@diocesehn.org.uk">chris.hughes@diocesehn.org.uk</a> <b>Parish Administrator: Mrs Katherine Main – Tuesday-Friday 8.45am-12.45pm</b> Tel: 0191 2573408 Email: <a href="mailto:Katherine.Main@diocesehn.org.uk">Katherine.Main@diocesehn.org.uk</a> <b>Parish Safeguarding Officer: Clare Harvey – 07507 297779</b>		
<b>Parish website information at: <a href="http://www.northtynesidecatholic.org.uk">http://www.northtynesidecatholic.org.uk</a></b> <b>For Live Stream of 11am Mass at St Cuthbert's go to: <a href="https://www.youtube.com/@SaintCuthbertNorthShields">https://www.youtube.com/@SaintCuthbertNorthShields</a></b>		
<b>Parish Schools</b> <b>St Thomas More High School:</b> <a href="https://stmacademy.org.uk/">https://stmacademy.org.uk/</a> <b>St Cuthbert's Primary School:</b> <a href="https://www.stcuthbertsrcprimary.co.uk/">https://www.stcuthbertsrcprimary.co.uk/</a> <b>St Joseph's Primary School:</b> <a href="https://www.stjosephsrc-primary.co.uk/">https://www.stjosephsrc-primary.co.uk/</a>		
<b>Partnership Telephone Numbers</b> Monsignor Andrew Faley ☎ 0191 252 8021 St Mary's Cullercoats ☎ 0191 251 3770 St Cuthbert's Church ☎ 0191 257 3408		<b>Partnership Telephone Numbers</b> Father David Smith ☎ 0191 262 3882 Hospital Chaplaincy: ☎ 01670 712476 Deacon: Rev Stephen Boulter: ☎ 07768 387393

<b>4<sup>th</sup> / 5<sup>th</sup> July 2026 – 14<sup>th</sup> Sunday in Ordinary Time – A</b>			
<b>Masses, Devotions and Services</b>			
	<b>St Cuthbert's</b>	<b>St Joseph's</b>	<b>Our Lady &amp; St Oswin's</b>
<b>Saturday 4<sup>th</sup> July</b>		<b>5:30pm: Vigil Mass:</b> Alma Fox	
<b>Sunday 5<sup>th</sup> July</b> <b>14<sup>th</sup> Sunday in Ordinary Time</b>	<b>11.00am: Mass:</b> People of the Parish		<b>9:30am: Mass:</b> People of the Parish
<b>Monday 6<sup>th</sup> July</b>			
<b>Tuesday 7<sup>th</sup> July</b>			<b>10:00am: Mass:</b> Private Intention (MK)
<b>Wednesday 8<sup>th</sup> July</b>		<b>9.30am: Mass:</b> In grounds of St Joseph's school	
<b>Thursday 9<sup>th</sup> July</b>		<b>9.30am: Mass:</b> Jean Black 90 <sup>th</sup> Birthday	
<b>Friday 10<sup>th</sup> July</b>	<b>7.00pm: Mass:</b>		
<b>Saturday 11<sup>th</sup> July</b>		<b>5:30pm: Vigil Mass:</b> People of the Parish	
<b>Sunday 12<sup>th</sup> July</b> <b>15<sup>th</sup> Sunday in Ordinary Time</b>	<b>11.00am: Mass:</b> Thanksgiving for Anne O'Flannagan 90 <sup>th</sup> Birthday		<b>9:30am: Mass:</b> People of the Parish

<b>Facebook:</b> <b>Website:</b> <b>Parish office:</b>	<b>The Parish of St Cuthbert's and St Joseph's, North Shields</b> search - - <b>The Parish of Saint Cuthbert and Saint Joseph, North Shields.</b> <a href="http://www.northtynesidecatholic.org.uk">www.northtynesidecatholic.org.uk</a> 0191 257 3408
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### Parish Contacts

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#### *Gift Aid:* Linda Shotton

Email: Linda.Shotton@diocesehn.org.uk

Prayer Intentions for Summer: A Deeper Understanding between Christian and Jews; those who suffer Persecution; the Oppressed and those denied human rights; Europe; the Dignity of all Human Life; Seafarers.

We pray for all who are sick, including Ros McGann, Jean Slater, Irene Keenaghan, Mary Quinn, Patricia Thompson, Paul Atkinson, Francis McSherry, Mary Kidd, Mary Rowley, Antoni Kulik, Peter Chester, Rebecca Cummings, Dorothy Falla, Bridget Geddes, James Llewellyn, Sr Zita, Stephen Davies & Fr Leo Pyle.  
Please pray for all those who have died recently.

### Fourteenth Sunday of the Year

Christ states in the Gospel that his message is not for the learned and clever. This does not mean we do not use our brains but 'mere children' symbolise those who are over looked, on the margins and have no power. At a time when power and wealth was in the hands of few, Christ was addressing most of those he encountered. We then have the invitation to 'shoulder his yoke'. As I have mentioned before, a young ox would be shouldered with a yoke with an old ox, so that the young ox could walk side by side. So the invitation to shoulder his yoke is an invitation for him to walk side by side. In the Mass, I will have some space for you to imagine Christ is walking side you. What is he saying to you. Aware of Christ present with you, I will then ask you to be present with each other in groups of two or three to share what is putting pressure on you, families, friend and communities. Present to Christ and to each other may we share each other's burdens.

### Joint School Mass

On this Wednesday 9<sup>th</sup> July 9.30am there will be a joint Mass of St Cuthbert's and St Joseph's schools in the grounds of St Joseph's school. All parishioners are

welcome. I am delighted that this joint event is able to take place again.

### Final First Holy Communion Liturgy

This weekend we will have our final First Holy Communion Liturgy with those who have recently made their first Holy Communion. The theme is 'Sending Out'. Please pray for our children.

### Confirmations

The Partnership Confirmations will take place on Wednesday 15<sup>th</sup> July at 6.30pm presided by Bishop Stephen. Please pray for our candidates.

### Parish Council

The Parish Council will be meeting on Thursday July 9<sup>th</sup> at St Cuthbert's at 7pm. Please let Fr Chris or members of the parish council know of any items you wish to be discussed.

### Diocesan Pastoral Plan

The Partnership Group will be meeting this Sunday at 2pm to discuss a draft of the Partnership submission. Please keep this process in your prayers.

### Trinity Shop

Last week I received the latest cheque with our share of profits from the Trinity Charity Shop. It was for £4,000. A great total. My thanks to all who contribute in anyway, especially those who volunteer on a Thursday. Your hard work and commitment help the finances of the parish. Thank-you.

### PROPS Event

Anne Greaves would like to express her sincere thanks to all who contributed to the Props event in June. The amount raised was over £1,000.

### Parish Fayre 27th June 2026

Thanks to all who contributed to the Summer Fayre on Saturday. People's hard work is much appreciated. The amount raised is over £4,300. A great total and well done to all involved.

### CAFOD Emergency Appeal for Venezuela & Sponsored Walk for Sudanese Appeal

In the light of the devastating earthquake in Venezuela, CAFOD have announced an emergency appeal. There will be a retiring collection this weekend for this appeal. The sponsored walk for the Sudanese Appeal will start after the 11am Mass.

We welcome Rachel Blaylock from CAFOD this Sunday 5<sup>th</sup> July after the 11am Mass. She will make a brief statement about the work of CAFOD in Sudan and Venezuela. There is a form if you would like to sponsor the parish walkers. We hope to have a brief prayer service and picnic once we arrive at St Mary's.

### St Joseph's Primary School

St Joseph's Primary School is a Christ-centred, vibrant and happy community, and we currently have spaces available in some classes. If you are looking for a school place for your child, we warmly invite you to contact the school office to arrange a tour and meet our staff.

We are also delighted to invite parishioners to our annual summer fayre, which will take place on Friday 3<sup>rd</sup> July at 1:30pm. Please do come along and enjoy an afternoon of fun with our school community.

### Diocesan Pilgrimage to Rome and Assisi

The Pilgrimage will be led by Bishop Stephen, from 22<sup>nd</sup> till 29<sup>th</sup> October 2027 – £1725 per person. Places are limited to 50 pilgrims and places are allocated on a first come first served basis with payment of the deposit securing your place. The itinerary and booking details can be found on the diocesan website ([www.diocesehn.org.uk](http://www.diocesehn.org.uk)) or alternatively via the parish office.

### Pastoral Carers

The Pastoral Carers will be meeting on Tuesday 7<sup>th</sup> July at 7pm. All are welcome. I am delighted that the Filipino Community will be represented by Jenny Loscin. Any more representative from our ethnic minority communities would also be appreciated.

### Drop and Swap

There will be a 'Drop and Swap' of school uniforms for St Joseph's and St Thomas More schools this Monday 6<sup>th</sup> July from 8.30am to 10.00am at St Joseph's Church. Refreshments will be provided. All parent of pupils from both schools are welcome.

### Parish Keys

Fr Chris would like to update the register of holders of parish keys. Could you please contact the parish administrator if you have any parish keys. Katherine can be contacted at: [Katherine.Main@diocesehn.org.uk](mailto:Katherine.Main@diocesehn.org.uk) or on 01912573408.

### Trained First Aiders

Since Fr Chris cannot remember who approached him about being trained first aid providers, he would be very grateful if they could contact one of the members of the Pastoral Care Group, Elaine McColl, at [elaine.mccoll@btinternet.com](mailto:elaine.mccoll@btinternet.com) Thank-you.

### Stella Maris

Stella Maris (formerly called Apostleship of the Sea) is seeking one volunteer from this parish please to help with Sea Sunday (which falls on 11/12 July this year) in this parish. This is the day when the Church comes together to pray for seafarers, fishers and their families, and takes a second collection to support the work of Stella Maris. The volunteer will read out the appeal (which Stella Maris will

provide) at the end of Masses that weekend. If you could kindly do this, please contact:

[roland.hayes@stellamarismail.org](mailto:roland.hayes@stellamarismail.org). My thanks to Jim Mason who will give an appeal at St Cuthbert's. Would anyone be willing to give the appeal at St Joseph's?

### Newman Society

Newman Tyneside Circle invites you to come and hear Tom O'Loughlin speak on Luke 5:27-32 as a discipleship text: Christian hospitality and the contemporary rejection of liturgy, in the hall of Holy Name Church, Jesmond, Newcastle, NE2 3JX, on Tuesday 14<sup>th</sup> July, at 7.30pm.

### Community Hub North Shields

The Li'l Community hub in North Shields town centre is offering activities that may be of interest and benefit to those that attend our church. This is a wonderful warm inviting place to pop in or join in an activity, make new friends and ease isolation.

Activities include creative writing, ukulele, men's walk and talk, parent and baby sensory, crafts, cuppa chat and chill and more. See the website <https://www.facebook.com/TheLilcommunityhub>

### Live Simply Tip

Living Simply is based on the following three strands:

- living simply
- living in solidarity with people in poverty
- living sustainably with creation

Tip: Please support the parish sponsored walk for CAFOD for this week-end.

### Parish Finance – Standing Orders

If you would like to set up a Standing Order the details of the parish account are:

Name: DHN North Shields St Cuthbert & St Joseph  
Bank: HSBC; Sort code: 40-34-45  
Account No.: 91146513

### Prayer for Peace

As the fever of day calms towards twilight. May all that is strained in us come to ease. We pray for all who suffered violence today. May an unexpected serenity surprise them.. For those who risk their lives each day for peace. May their hearts glimpse providence at the heart of history.. That those who make riches from violence and war. Might hear in their dreams the cries of the lost.. That we might see through our fear of each other. A new vision to heal our fatal attraction to aggression. That those who enjoy the privilege of peace. Might not forget their tormented brothers and sisters. That the wolf might lie down with the lamb. That our swords be beaten into ploughshares. And no hurt or harm be done anywhere along the holy mountain.

John O'Donohue Benedictus A Book of Blessings