

Mass Readings
1st Sunday of Lent – C

FIRST READING
The confession of faith of the chosen people. Deuteronomy 26:4-10

Moses spoke to the people: ‘The priest shall take the basket from your hand and set it down before the altar of the Lord your God. And you shall make response before the Lord your God, “A wandering Aramean was my father. And he went down into Egypt and sojourned there, few in number, and there he became a nation, great, mighty, and populous. And the Egyptians treated us harshly and humiliated us and laid on us hard labour. Then we cried to the Lord, the God of our fathers, and the Lord heard our voice and saw our affliction, our toil, and our oppression. And the Lord brought us out of Egypt with a mighty hand and an outstretched arm, with great deeds of terror, with signs and wonders. And he brought us into this place and gave us this land, a land flowing with milk and honey. And behold, now I bring the first of the fruit of the ground, which you, O Lord, have given me.” And you shall set it down before the Lord your God and worship before the Lord your God.’

RESPONSORIAL PSALM
Response: Be with me, O LORD, in my distress. Psalm 91(90)

1. He who dwells in the shelter of the Most High, and abides in the shade of the Almighty, says to the LORD, ‘My refuge, my stronghold, my God in whom I trust!’

2. Upon you no evil shall fall, no plague approach your tent. For you has he commanded his angels to keep you in all your ways.

3. They shall bear you upon their hands, lest you strike your foot against a stone. On the lion and the viper you will tread, and trample the young lion and the serpent.

4. Since he clings to me in love, I will free him, protect him, for he knows my name. When he calls on me, I will answer him; I will be with him in distress; I will deliver him, and give him glory.

SECOND READING
The confession of faith of believers in Christ. Romans 10:8-13

Brothers and Sisters: What does Scripture say? ‘The word is near you, in your mouth and in your heart’ (that is, the word of faith that we proclaim); because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For with the heart one believes and is justified, and with the mouth one confesses and is saved. For the Scripture says, ‘Everyone who believes in him will not be put to shame.’ For there is no distinction between Jew and Greek; for the same Lord is Lord of all, bestowing his riches on all who call on him. For, ‘everyone who calls on the name of the Lord will be saved.’

Gospel Acclamation
Glory and praise to you, O Christ. One does not live by bread alone, but by every word that comes forth from the mouth of God. Glory and praise to you, O Christ. Matthew 4:4b

GOSPEL
‘Jesus was led by the Spirit in the wilderness and tempted by the devil’ Luke 4:1-13

At that time: Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness for forty days, being tempted by the devil. And he ate nothing during those days. And when they were over, he was hungry. The devil said to him, ‘If you are the Son of God, command this stone to become bread.’ And Jesus answered him, ‘It is written, “Man shall not live by bread alone.” ’

And the devil took him up and showed him all the kingdoms of the world in a moment of time, and said to him, ‘To you I will give all this authority and their glory, for it has been delivered to me, and I give it to whom I will. If you, then, will worship me, it will all be yours.’ And Jesus answered him, ‘It is written, “You shall worship the Lord your God, and him only shall you serve.” ’

And he took him to Jerusalem and set him on the pinnacle of the temple and said to him, ‘If you are the Son of God, throw yourself down from here, for it is written, “He will command his angels concerning you, to guard you”, and “On their hands they will bear you up, lest you strike your foot against a stone.” ’ And Jesus answered him, ‘It is said, “You shall not put the Lord your God to the test.” ’

And when the devil had ended every temptation, he departed from him until an opportune time.


The Parish of Saint Cuthbert and Saint Joseph, North Shields

Saint Cuthbert Catholic Church

Albion Road West

North Shields

Tynemouth Priory Partnership



Saint Joseph Catholic Church

Wallsend Road

North Shields

Father Christopher Hughes, St Joseph’s Church, Wallsend Road, Chirton, North Shields, NE29 7AA

(Tel) 0191 257 5801 / (Email) chris.hughes@diocesehn.org.uk

Parish Administrator: Mrs Katherine Main – Tuesday-Friday 8.45am-12.45pm

Tel: 0191 2573408

Email: stcuthbert.northshields@diocesehn.org.uk

Parish Safeguarding Officer: Clare Harvey – 07507 297779

Parish website information at: http://www.northtynesidecatholic.org.uk

Parish Schools

St Thomas More High School: https://stmacademy.org.uk/

St Cuthbert’s Primary School: https://www.stcuthbertsrcprimary.co.uk/

St Joseph’s Primary School: https://www.stjosephsrc-primary.co.uk/

Partnership Telephone Numbers

Monsignor Andrew Faley (Tel) 0191 252 8021

St Mary’s Cullercoats (Tel) 0191 251 3770

St Cuthbert’s Church (Tel) 0191 257 3408

Partnership Telephone Numbers

Father David Smith (Tel) 0191 262 3882

Hospital Chaplaincy: (Tel) 01670 712476

Deacon: Rev Stephen Boulter: 07768 387393

8 th /9 th March 2025 – 1 st Sunday of Lent – C			
Masses, Devotions and Services			
	St Cuthbert’s	St Joseph’s	Our Lady & St Oswin’s
Saturday 8 th March		5:30pm: Mass: People of the Parish	
Sunday 9 th March 1 st Sunday of Lent – C	11:00am: Mass: Maria Mason Live stream		9:30am: Mass: People of the Parish
Monday 10 th March			
Tuesday 11 th March			10:00am: Mass: Sheila Higgins
Wednesday 12 th March	9.30am: Mass: Ellen Hughes at St Cuthbert’s School		
Thursday 13 th March		9:30am: Mass: Private Intention at St Joseph’s School	
Friday 14 th March	7:00pm: Mass: Elsie Boyle		
Saturday 15 th March		5:30pm: Mass: Joan Gray	9.30am Stations 10.00am Mass: Private Intention
Sunday 16 th March 2 nd Sunday of Lent – C	11:00am: Mass: People of the Parish Live stream		9:30am: Mass: People of the Parish

The Parish of St Cuthbert’s and St Joseph’s, North Shields

What’sApp group: text your name & number to 07752009361 to be added to StCuthStJosNshields Group

Facebook: search - - The Parish of Saint Cuthbert and Saint Joseph, North Shields.

Website: www.northtynesidecatholic.org.uk

Parish office: 0191 257 3408

Parish Contacts

Parish Safeguarding Rep: Clare Harvey:

Email: Psr.stcuthbertstjoseph.northshields@diocesehn.org.uk

Tel. 07507 297779

Holy Communion for Sick and Housebound: Doreen Hull

Email: pastoral.stcuthertstjoseph.northshields@diocesehn.org.uk

Buildings & Grounds:

St Cuthbert's: Linda Shotton

St Joseph's: Allan Badenhope

Email:

Buildings.stcuthbertstjoseph.northshields@diocesehn.org.uk

Health and Safety

St Cuthbert's: Charlie Tynan

St Joseph's: Jim McLearn

Email: Hs.stcuthbertstjoseph.northshields@diocesehn.org.uk

Prayer Intentions for Lent: Peace on Earth; Openness to the Word of God; Christian Unity; the Sick and those who care for them; Victims of Trafficking and those who combat it; the Unemployed; Elderly in Poverty.

We pray for all who are sick, including Ros McGann, Sarah Harrison, Scott Oakley, Jean Slater, Barbara & Tony Hicks, Richard Sutherland, Irene Keenaghan, Eileen Stevens, Paula More, Mary Quinn, Paul Atkinson, Francis McSherry, Mary Kidd, Tom Wright, Mary Rowley, Antoni Kulik, Brendan Nolan.

Please pray for Luke McAndrew, John Oakly, Brendan Nolan and for all those who have died recently.

1st Sunday of Lent

On this first Sunday of Lent we have the temptation of Jesus in the Wilderness. This story comes after his baptism. We are told that he is beloved by his father and the Holy Spirit is upon him. His baptism is the start of his public ministry but he is not straight into action, instead he needs space to discern his calling. How is he to fulfil his calling? Aware of his gifts and his calling what is he to do? The narrative makes clear that Jesus could go down the route of power, wealth and status, the way of the world, but is that the way of God. We are also called to discern what is God calling of us, How are we to use our gifts and calling. Is our basic orientation the call of God? What does that mean for us today? How can we find the space to reflect on these questions?

Lent 2025

Lent is a space to take refuge in God, to create an ecology for grace. Whatever your Lenten practices are going to be, they are means so that our Love of God and others is deepened and sustained.

On Saturday Mornings starting from 8th March there will be Stations of the Cross at 9.30 and then Mass at 10.00am.

First 2 Saturdays of Lent at St Oswin's (8th March and 15th March). On 8th March Mass at 9.30, then Stations.

Middle 2 weeks of Lent – St Cuthbert's (22nd March and 29th March).

Last 2 weeks of Lent – St Joseph's, although the final week will start at St Cuthbert's and walk to St Joseph's (5th April and the walk on the 12th April); Fr Chris will lead the walk. There will also be a Lenten Programme at St Cuthbert's starting from Thursday, 13th March at 7, running every Thursday till April 10th. The programme is called **Listening with the Heart**. It features personal stories of both Israeli and Palestinian parents who lost children during the conflict and how their shared pain is a means to peace, understanding and reconciliation. The programme has been created by the Parents Circle – Families Forum (PCFF) – a joint Israeli and Palestinian organization made up of more than 700 bereaved Israeli and Palestinian families, all of whom have lost a loved one to the ongoing violence in the region.

Motivated by the profound depth of their pain, the PCFF members have committed to do everything they can to work towards reconciliation and peace. They recognize that the grief they experience is shared across humanity. The willingness to transform feelings of anger, revenge, despair, and helplessness is expressed in the choice to act for hope and reconciliation. The stories are moving though not easy to hear but reconciliation is a sign of hope that is worth sharing and reflecting on.

CAFOD Lent Appeal – Family Fast Day collection

Please donate to our Family Fast Day parish collection and be a pilgrim of hope with CAFOD this Jubilee Year. You'll be supporting communities experiencing the impacts of war, poverty and climate change to find solutions and hope. Use the CAFOD envelope in church, donate online at cafod.org.uk/envelope or call us on 0303 303 3030. You can also text CAFODLENT to 70085 to donate £10.

Family Fast Envelopes are available at the back of church.

Join CAFOD's Big Lent Walk in the Jubilee Year

You are invited to join CAFOD's Big Lent Walk and journey together with Catholics in England, Wales and Scotland as Pilgrims of Hope in this Jubilee Year – walking 200km over 40 days during Lent. Journey to one of the churches or shrines designated as places of pilgrimage in our diocese as part of your Big Lent Walk. Every £1 you raise will support communities like Lokho's in Kenya, experiencing the worst impact of the climate crisis, to rebuild their lives in hope.

Sign up here: <https://walk.cafod.org.uk/>

Proclaimers Meeting

The parish social outreach and witness group will be meeting at Wednesday 12th March at St Cuthbert's at 7pm.

First Holy Communion Liturgy

The next Liturgy for our First Holy Communion Candidates will be this week-end. We will have the rite of election.

There will be a session for the children and the parents on Wednesday 12th March at 6pm.

Holy Island SVP Vinnies Camp – Volunteering is a Work of the Heart

Holy Island Children's Camp is looking for new volunteers to help in their Holiday Centre on Holy Island. They are in need of young adults to help the children have a great week's holiday on the island in Summer 2025. Full training and support will be given and would suit someone wanting to give back to the Community by helping 9-12-year-olds have fun for a week.

They are also keen to attract people who would like to help by volunteering in the Kitchen/Dining room and with caretaking. Term Time Camps need lots of volunteers if they are to survive. If you could find a few days in term time to help out with serving meals, prepping salads and washing dishes they would be truly grateful. By running term time camps, Summer Vinnies Holidays for children can be sustained. Further information can be found at <https://svp.org.uk/microsite/ozanam-camp> or if you'd like to chat about the role please email BarbaraT@svp.org.uk

St Vincent de Paul Society and CAFOD

The St Vincent de Paul Society and CAFOD are working together to offer a week of free residential work experience for 20 young adults in England and Wales. The experience will run from 22nd to 27th June in London. Candidates must be aged have completed their first or second year at university and have a passion for social justice. Applications close on the 20th of April. For any queries, please contact KeziaH@svp.org.uk

Parish Council

Elections to the Parish Council will be taking place in March. Nominations are to be received by Sunday 17th March. It was agreed that with myself spread across 3 churches and now Dean, the Parish Council will need to develop and lead on creating and sustaining a vision for the council. Would you like to contribute to that vision?

Icons for Sale

Russian Orthodox Sisters will be setting up a stall after Mass at St Oswin's on Tuesday 11th March and at St Cuthbert's on Wednesday 12th March with Icons and other religious objects for sale for their orphanage back in Belarus. Please note that Mass on Wednesday at 9.30 is at St Cuthbert's school.

Newman Tyneside Circle

invites you to come and hear Tony Flannery speak about The Bible, history or myth? Why it is important to know. The talk will be given twice at Holy Name parish hall, Jesmond, Newcastle, on Tuesday 11 March, at 2.30pm – and again at 7.30pm.

Live Simply Tip

Living Simply is based on the following three strands:

- living simply
- living in solidarity with people in poverty

- living sustainably with creation

This week's tip: Lent is time for almsgiving. Since the Government is going to cut overseas spending, the work of such charities as CAFOD are more important, so perhaps make CAFOD the charity you give for this Lent.

Job Vacancy

Parish Secretary, based at Immaculate Heart Church, 1 Church Close, West Monkseaton, Whitley Bay NE25 9PG – 21 hours a week. Closing date: 11 March at 12.00pm. Please visit www.diocesehn.org.uk/job-vacancies for full details or contact us on 0191 243 3301.

A Liturgical Day of Reflection for Liturgical Leaders for Celebrations of the Word and Holy Communion

Date: Saturday 15th March 2025; Times: 10.30am-3.00pm – arrivals, registration and refreshments from 10.00am; Location: St Hilda's Diocesan Resource Centre, West Road, Newcastle upon Tyne, NE15 7PY; Cost: £15.00 per person; Catering: Please bring a packed lunch, tea and coffee will be provided.

Could those lay leaders of celebration of Word and Holy Communion who are interested please contact Katherine in the office and she will make the booking for you.

Parish Finance – Standing Orders

If you would like to set up a Standing Order the details of the parish account are:

Name: DHN North Shields St Cuthbert & St Joseph

Bank: HSBC, Sort code: 40-34-45,

Account number: 91146513

Rosary Group

"When two or three are gathered in my name..." All welcome to join a small group of parishioners praying the Rosary each week over Zoom. Day: Thursday; Time: 7.30pm. For more information contact Ruth Corless at: ruthcorless@btinternet.com

Prayer for Peace

As the fever of day calms towards twilight. May all that is strained in us come to ease. We pray for all who suffered violence today. May an unexpected serenity surprise them.. For those who risk their lives each day for peace. May their hearts glimpse providence at the heart of history.. That those who make riches from violence and war. Might hear in their dreams the cries of the lost.. That we might see through our fear of each other. A new vision to heal our fatal attraction to aggression.. That those who enjoy the privilege of peace. Might not forget their tormented brothers and sisters That the wolf might lie down with the lamb. That our swords be beaten into ploughshares. And no hurt or harm be done anywhere along the holy mountain. John O'Donohue Benedictus A Book of Blessings