

MASS READINGS

TWENTY-SECOND SUNDAY OF THE YEAR - B

FIRST READING

Add nothing to what I command you, keep the commandment of the Lord.

Moses said to the people: ‘Now, Israel, take notice of the laws and customs that I teach you today, and observe them, that you may have life and may enter and take possession of the land that the Lord the God of your fathers is giving you. You must add nothing to what I command you, and take nothing from it, but keep the commandments of the Lord your God just as I lay them down for you. Keep them, observe them, and they will demonstrate to the peoples your wisdom and understanding. When they come to know of all these laws they will exclaim, “No other people is as wise and prudent as this great nation.” And indeed, what great nation is there that has its gods so near as the Lord our God is to us whenever we call to him? And what great nation is there that has laws and customs to match this whole Law that I put before you today?’

Deuteronomy 4:1-2. 6-8

Psalm 14

Responsorial Psalm

Response: *The just will live in the presence of the Lord.*

1. Lord, who shall dwell on your holy mountain?
He who walks without fault;
he who acts with justice
and speaks the truth from his heart.

2. He who does no wrong to his brother,
who casts no slur on his neighbour,
who holds the godless in distain,
but honours those who fear the Lord.

3. He who keeps his pledge, come what may;
who takes no interest on a loan
and accepts no bribes against the innocent.
Such a man will stand firm for ever.

SECOND READING

James 1:17-18. 21-22. 27

You must do what the word tells you.

It is all that is good, everything that is perfect, which is given us from above; it comes down from the Father of all light; with him there is no such thing as alteration, no shadow of a change. By his own choice he made us his children by the message of the truth so that we should be a sort of first-fruits of all that he had created. Accept and submit to the word which has been planted in you and can save your souls. But you must do what the word tells you, and not just listen to it and deceive yourselves. Pure, unspoilt religion, in the eyes of God our Father is this: coming to the help of orphans and widows when they need it, and keeping oneself uncontaminated by the world.

Gospel Acclamation

Alleluia, alleluia! Your words are spirit Lord, Lord, and they are life:
you have the message of eternal life. Alleluia!

GOSPEL

Mark 7:1-8. 14-15. 21-23

You put aside the commandment of God to cling to human traditions.

The Pharisees and some of the scribes who had come from Jerusalem gathered round Jesus, and they noticed that some of his disciples were eating with unclean hands, that is, without washing them. For the Pharisees, and the Jews in general, follow the tradition of the elders and never eat without washing their arms as far as the elbow; and on returning from the market place they never eat without first sprinkling themselves. There are also many other observances which have been handed down to them concerning the washing of cups and pots and bronze dishes. So these Pharisees and scribes asked him, ‘Why do your disciples not respect the tradition of the elders but eat their food with unclean hands?’ He answered, ‘It was of you hypocrites that Isaiah so rightly prophesied in this passage of scripture: This people honours me only with lip-service, while their hearts are far from me. The worship they offer me is worthless, the doctrines they teach are only human regulations. You put aside the commandment of God to cling to human traditions.’ He called the people to him again and said, ‘Listen to me, all of you, and understand. Nothing that goes into a man from outside can make him unclean; it is the things that come out of a man that make him unclean. For it is from within, from men’s hearts, that evil intentions emerge: fornication, theft, murder, adultery, avarice, malice, deceit, indecency, envy, slander, pride, folly. All these evil things come from within and make a man unclean.

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The Parish of Saint Cuthbert and Saint Joseph, North Shields

Saint Cuthbert Catholic Church

Albion Road West

North Shields

Tynemouth Priory Partnership



Saint Joseph Catholic Church

Wallsend Road

North Shields

Father Christopher Hughes, St Joseph’s Church, Wallsend Road, Chirton, North Shields, NE29 7AA

(Tel) 0191 257 5801 / (Fax) 0191 259 2589

(Email) northshields.stjoseph@rcdhn.org.uk

Parish Administrator: Mrs Katherine Main - Tuesday-Friday 8.45am-12.45pm

Tel: 0191 2573408

Email: stcuthbert.northshields@diocesehn.org.uk

Parish Safeguarding Officer: Clare Harvey - 07507 297779

Parish website information at: http://www.northtynesidecatholic.org.uk

Parish Schools

St Thomas More High School: https://stmacademy.org.uk/

St Cuthbert’s Primary School: https://www.stcuthbertsrcprimary.co.uk/

St Joseph’s Primary School: https://www.stjosephsrc-primary.co.uk/

Partnership Telephone Numbers

Monsignor Andrew Faley ☎ 0191 252 8021

Canon Martin Stempczyk ☎ 0191 251 3770

St Cuthbert’s Church ☎ 0191 257 3408

Partnership Telephone Numbers

Father David Smith ☎ 0191 262 3882

Hospital Chaplaincy: ☎ 01670 712476

Deacon: Rev Stephen Boulter: 📞 07816077858

31st August/1 st September 2024 – 22 nd Sunday of the Year – B		
Masses, Devotions and Services		
	St Cuthbert’s Church	St Joseph’s Church
Saturday 31 st August		5:30pm: Mass: Joseph Gasgon
Sunday 1 st September 22 nd Sunday of the Year – B	11:00am: Mass: People of the Parish Live stream	
Monday 2 nd September		
Tuesday 3 rd September		9.30am: Mass:
Wednesday 4 th September	9:00am Exposition 9:30am: Mass: Stan Llewellyn	
Thursday 5 th September		9:30am: Mass:
Friday 6 th September	6.15pm: Exposition 7.00pm: Mass:	
Saturday 7 th September		5:30pm: Mass: People of the Parish
Sunday 8 th September 23 rd Sunday of the Year – B	11:00am: Mass: Stan Llewellyn Live stream	

The Parish of St Cuthbert’s and St Joseph’s, North Shields

What’sApp group: text your name & number to 07752009361 to be added to StCuthStJosNshields Group

Facebook: search - - The Parish of Saint Cuthbert and Saint Joseph, North Shields.

Website: www.northtynesidecatholic.org.uk

Parish office: 0191 257 3408

Prayer Intentions for Ordinary Time-Summer - A Deeper Understanding between Christian and Jews; those suffering Persecution, Oppression or Denial of Human Rights; The People of Europe; the Sanctity of Human Life; Seafarers. We pray for all who are sick, including Ros McGann, Sarah Harrison, Scott Oakley, Jean Slater, Barbara & Tony Hicks, Richard Sutherland, Irene Keenaghan, Eileen Stevens, Paula More, Mary Quinn, Paul Atkinson, Francis McSherry, Mary Kidd, Mary Rowley, Antoni Kulik and Baby San born 2 months early on August 12th. Please pray for Audrey Lewis, Josephine Wilcock and for all those who have died recently.

22nd Sunday of the Year

After a five-week interlude of St John's Gospel, we resume to St Mark's Gospel until the end of the Liturgical Year. For the next two weeks we are building up to the crescendo moment in Mark Gospel when St Peter lets the cat of the bag so to speak, 'You are the Christ', the messianic age begins with that proclamation. In the build up to this 'crescendo moment', Christ wishes to challenge the mindset that reduces discipleship to following the rules at superficial level. True conversion is never 'ticking the boxes of religion but orientating our whole life to the call of God. As Christ is journeying to Jerusalem in response to the Father's call in proclaiming and embodying the Kingdom of God, his whole self is seeking to be attuned to God. The lip service that Christ is critical of, he knows to be superficial and does not relate to his own experience of his giving his whole life in self-giving service. We are invited to explore how our discipleship can be deepened.

Pope Francis on Prayer

Dear Brothers and Sisters, in our continuing catechesis on Christian prayer, we now consider the importance of the Sacred Scriptures in the life of prayer. The Catechism encourages the prayerful reading of Scripture, so that a dialogue can take place between God and ourselves (cf. No. 2653). Since the Holy Spirit who inspired the writing of the sacred texts also dwells in the hearts of every believer, we are enabled, through our frequent and prayerful encounter with the revealed word, to enter more deeply into relationship with the Triune God. As a living word, the Scriptures speak to us in the here and now of our lives, illuminating new situations, offering fresh insights and often challenging our habitual way of thinking about and seeing the world. The interplay of prayer and the reading of Scripture is seen especially in the practice of lectio divina. This consists of slowly reading a biblical passage, then spending a period of time meditating on the text in openness to the Holy Spirit, letting God speak to us through a particular word, phrase or image. The fruit of this prayerful dialogue is contemplation, as we silently rest under the Father's loving gaze. The Scriptures thus become an inexhaustible source of peace, wisdom and strength as we grow in faith and give it concrete expression in charity and service of others.

St Mary's Cullercoats & Our Lady's & St Oswin's Tynemouth

Canon Martin Stempczyk will preside at his last Mass in this parish on Sunday 8th September. I will preside at St Oswin's for the first time in my new role in having pastoral responsibility for this Church on Tuesday 10th September at 10.00am. My first Sunday Mass at this Church will be on September 15th at 9.30am. The last time Mass will be celebrated at St Joseph's on a Tuesday morning at 9.30am will this Tuesday September 3rd. We remember Canon Martin as he leaves after 11 years in that parish and we keep all the local parishes in our prayers at this time of transition.

Start of the Academic Year

This week our schools begin a new academic year. For all our students and teachers in our parish we wish you a blessed and worthwhile year. For all our Catholic Schools in the parish, St Joseph's Primary, St Cuthbert's Primary and St Thomas More School High School, we wish you blessing in the great work that you do. I am so proud to be associated with all these schools. Prayers and best wishes for this new academic year.

Parish Proclaimers

Our outreach group which seeks to develop the evangelising and social & prophetic ministries of our parish will meet on Tuesday 3rd September at 7pm. We will discuss the Season of Creation and our work with Tyne and Wear Citizens, especially in the light of recent civil unrest and developing the work of the diocese in the area of organising. All are welcome.

Adoremus 2024,

Adoremus is the title for the annual The National Eucharistic Congress, which for this year at St Mary's Oscott on Saturday the 14th September 2024.

A bus has been arranged to take the diocesan contingent with pick-up points at English Martyrs, Fenham, and tentative pickup points at Sunderland and Stockton depending on the number of people booking and agreeing to join us. We are hoping to start the trip from English Martyrs at about 4am-4.30am. Costs are: Adult £25, Young person (age 16-24) £15, Family (1 adult, up to 3 children) £30, Family (2 adults, up to 3 children) £45. If you are interested in attending, please contact the Rev Alison Robello at: alisonrebello@yahoo.co.uk

Live Simply Tip

Living Simply is based on the following three strands:

- living simply
- living in solidarity with people in poverty
- living sustainably with creation.

This week's tip: The website <https://greenchristian.org.uk/> offers a wealth of information on activities, campaigns, resources, workshops etc. for Christians wishing to live a life in tune with nature and inspired by faith.

Season of Creation and Creation Harvest Sunday – September 15th

From this Sunday, September the 1st till October 4th, we will start the Season of Creation, where Pope Francis invites us to appreciate of God 's creation and to explore how we can care for our Common Home. On Sunday 15th September, we will have a celebration of Harvest with soup and bread available after the 11am Mass. Throughout the Season of Creation you can bring any donations of food, which will be shared with Nite Bite and New to the UK. For more information regarding the Season of Creation go to: <https://diocesehn.org.uk/news/the-season-of-creation-1-september-4-october-2024/> and <https://seasonofcreation.org/>

Journey of Faith

The Journey of Faith programme will begin once again in the autumn. The sessions usually take place at St Edward's Church, Whitley Bay from September/October until the following Easter season. Sessions run every other week with each session lasting approximately an hour and a half. Anyone interested in joining the Catholic Faith Community is most welcome to attend the course, as are those who may wish to share their faith or develop deeper understanding and knowledge about their faith. A number of topics are covered ie the Church, Sacraments, the Mass, Old and New Testaments as well as reflections and discussions about the weekly Sunday Gospel. If you or anyone you know who may be interested please contact Fr Chris.

Winter Fuel Allowance

North Tyneside Council is working with Citizens Advice and Age UK North Tyneside so that, now the Winter Fuel Allowance will not be a universal benefit for all pensioners, all who are entitled to help can receive it. If you wish to check your eligibility, you can call Age UK on 0191 2808484 or e-mail: enquiries@ageuknorthtyneside.org.uk or call at their office-The Bradbury Centre, 13 Saville Street, North Shields, NE29 6QP

Job Vacancy

The Diocese of Hexham and Newcastle is looking to appoint to the following vacancy: Cleaner, St Cuthbert, Old Elvet, Durham – 10 hours a week. Closing date: 9 September. Please visit www.diocesehn.org.uk/job-vacancies for full details or contact us on 07789 885 118.

St Thomas More High School

An exciting opportunity has become available to contribute to the success of St Thomas More as a Foundation Governor. Are you a practising Catholic who has a background in Finance or Management? Being a Foundation Governor in a Catholic school is very rewarding and a great way to live out your faith and serve your community. Foundation Governors work closely with the Headteacher as

part of the Local Governing Committee and help to implement the strategic direction of the school and promoting high standards of educational achievement, along with monitoring budgets and staff structures. Foundation Governors are appointed for a term of four years. Criteria to become a Foundation Governor: are a practising Catholic,, able to obtain a reference from the Priest in the Parish where you regularly worship, be able to meet three times a term for a couple hours on an evening and review all documentation prior to the meeting, an enhanced Disclosure & Barring Check (DBS). We will support you with: comprehensive training and induction. For further information or to arrange a meeting with the Chair of Governors please email governance@stmacademy.org.uk by Friday 6th September.

Rosary Group

"When two or three are gathered in my name..." All welcome to join a small group of parishioners praying the Rosary each week over Zoom. Day: Thursday - Time: 7:30pm For more information contact Ruth Corless at: ruthcorless@btinternet.com

Parish Finance – Standing Orders

If you would like to set up a Standing Order the details of the parish account are:

Name: DHN North Shields St Cuthbert & St Joseph

Bank: HSBC, Sort code: 40-34-45,

Account number 91146513

Buildings Facilitators

Please contact Linda Shotton or Charlie Tynan at St Cuthbert's and Allan Badenhope and Jim McLearn at St Joseph's if there is an issue or query with the buildings and grounds at the respective Churches.

Coffee after Wednesday Morning Mass

Coffee is available after 9:30am Mass every Wednesday morning at St Cuthberts. Everyone welcome.

Dates for Diary

Creation Harvest Sunday – September 15th
Parish General Meeting - September 29th

Prayer for Peace

As the fever of day calms towards twilight. May all that is strained in us come to ease. We pray for all who suffered violence today. May an unexpected serenity surprise them.. For those who risk their lives each day for peace. May their hearts glimpse providence at the heart of history.. That those who make riches from violence and war. Might hear in their dreams the cries of the lost.. That we might see through our fear of each other. A new vision to heal our fatal attraction to aggression.. That those who enjoy the privilege of peace. Might not forget their tormented brothers and sisters That the wolf might lie down with the lamb. That our swords be beaten into ploughshares. And no hurt or harm be done anywhere along the holy mountain.

John O'Donohue Benedictus A Book of Blessings