

MASS READINGS

**FIFTH SUNDAY IN ORDINARY TIME - B
FIRST READING**

Restlessly I fret till twilight falls.

Job began to speak: Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery? Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief. Lying in bed I wonder, 'When will it be day?' Risen I think, 'How slowly evening comes!' Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind. Remember that my life is but a breath, and that my eyes will never again see joy.

Job 7:1-4. 6-7

Responsorial Psalm

Response: Praise the Lord who heals the broken-hearted.

Psalm 146

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| <p>1. Praise the Lord for he is good;
sing to our God for he is loving;
to him our praise is due.</p> <p>3. Our Lord is great and almighty;
his wisdom can never be measured.
The Lord raises the lowly;
he humbles the wicked to the dust.</p> | <p>2. The Lord builds up Jerusalem
and brings back Israel's exiles,
he heals the broken-hearted,
he binds up all their wounds.
He fixes the number of the stars;
he calls each one by its name.</p> |
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SECOND READING

I should be punished if I did not preach the Gospel.

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me. So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

Corinthians 9:16-19. 22-23

Alleluia

Alleluia, Alleluia! I am the light of the world, says the Lord, anyone who follows me will have the light of life. Alleluia!

GOSPEL

He cured many who were suffering from diseases of one kind or another.

Mark 1:29-39

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them. That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was. In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

The Parish of Saint Cuthbert and Saint Joseph, North Shields

Saint Cuthbert Catholic Church
*Albion Road West
North Shields*

Tynemouth Priory Partnership



Saint Joseph Catholic Church
*Wallsend Road
North Shields*

Father Christopher Hughes, St Joseph's Church, Wallsend Road, Chirton, North Shields, NE29 7AA

(Tel) 0191 257 5801 / (Fax) 0191 259 2589

(Email) northshields.stjoseph@rcdhn.org.uk

Parish Administrator: Mrs Katherine Main - Tuesday-Friday 8.45am-12.45pm

Tel: 0191 2573408

Email: northshields.stcuthbert@rcdhn.org.uk

Parish Safeguarding Officer:

Clare Harvey - 07507 297779

Parish website information at: <http://www.northtynesidecatholic.org.uk>

We are three Roman Catholic Parishes in the eastern half of the borough of North Tyneside, within the Diocese of Hexham and Newcastle. Our website gives an overview of our three parishes and seven churches, as well as mass times, and details of parish ministries and groups.

Partnership Telephone Numbers

Monsignor Andrew Faley ☎ 0191 252 8021

Canon Martin Stempczyk ☎ 0191 251 3770

St Cuthbert's Church ☎ 0191 257 3408

Partnership Telephone Numbers

Father David Smith ☎ 0191 262 3882

Hospital Chaplaincy: ☎ 01670 712476

Deacon: Rev Stephen Boulter: ☎ 07816077858

3rd/4th February – 5th Sunday in Ordinary Time - B

Masses, Devotions and Services

	St Cuthbert's Church	St Joseph's Church
Saturday 3rd February		5:30pm: Mass: Jim Campbell
Sunday 4th February 5th Sunday in Ordinary Time - B	11:00am: Mass: People of the Parish Live stream	
Monday 5th February		
Tuesday 6th February		9.30am: Mass: Maurice Black
Wednesday 7th February	9:00am Exposition 9:30am: Mass: Neil Melvin	
Thursday 8th February		9.30am: Mass:
Friday 9th February	6.15pm: Exposition 7:00pm: Mass: Deceased members of the Laybourn and Murphy Family	
Saturday 10th February	2.00pm Mass of Healing Alma Fox	5:30pm: Mass: People of the Parish
Sunday 11th February 6th Sunday in Ordinary Time - B	11:00am: Mass: Bill and Neil Henderson Live stream	

The Parish of St Cuthbert's and St Joseph's, North Shields

WhatsApp group: text your name & number to 07752009361 to be added to **StCuthStJosNshields Group**

Facebook:

search - - The Parish of Saint Cuthbert and Saint Joseph, North Shields.

Website:

www.northtynesidecatholic.org.uk

Parish office:

0191 257 3408

Prayer Intentions for Ordinary Time -Winter: Peace on Earth; Openness to the Word of God; Christian Unity; The Sick and those who care for them, Victims of human trafficking and those who combat it; the Unemployed

We pray for all who are sick, including Ros McGann Sarah Harrison, Scott Oakley, Jean Slater, Barbara & Tony Hicks, Richard Sutherland, Irene Keenaghan, Eileen Stevens, Paula More, Mary Quinn, Eleanor Robson, Paul Atkinson, Francis McSherry, Mary Kidd, Mary Rowley and Antoni Kulik.

Please pray for Carole Burdis and all those who have died recently.

Holy Year of Prayer

In preparation for the Year of Jubilee and the Synod Pope Francis has announced that 2024 is a Holy Year of Prayer. He has written a reflection on prayer for each week of the year.

Fifth Sunday Sunday of the Year – 28th January 2024

Prayer is necessary. Because if we do not pray, we will not have the strength to go forward in life. Prayer is like the oxygen of life. Prayer draws down upon us the presence of the Holy Spirit who always leads us forward. We have seen that Jesus prayed to his Father with perseverance. Three parables in Luke's Gospel emphasize how we too need to be constant in our prayer. The first parable, in which a man asks for help from a friend in the middle of the night and does not give up until his friend responds, teaches us the need to pray with insistence.

In the second parable we see in the widow who persists in asking the unrighteous judge for justice, the importance of patience.

The third parable, that of the publican and the Pharisee at prayer in the Temple, reveals that God responds to those who pray with humility. We see these three attitudes – insistence, patience and humility – reflected in the saints who persevered in prayer through moments of darkness when God seemed to be silent or absent. May we continue to persevere in prayer conscious that we never pray alone, but with Christ himself, in the power of the Holy Spirit. As Saint Augustine succinctly puts it: Jesus "prays for us as our priest, he prays in us as our Head, and as our God he is the one to whom we pray" (cf.CCC, 2616)

Funeral Service

On Tuesday 6th February at 2.15pm at St Cuthbert's there will be the Funeral Service of Councillor Carole Burdis. May she rest in peace.

First Holy Communion Liturgy

This weekend we will have the next of our Liturgies for our First Holy Communion. This liturgy focuses on the significance of the World of God in the lives of our candidates. Please continue to pray for them and their families.

From the Parish Council

Though minutes will go on the notice board once they have been completed, I would like to feedback some key point from the meeting:

- Establishing House Groups

In terms of developing the parish, it was suggested that house groups be established. The groups could be on a geographical area or a shared interest such as studying the scriptures. If you would like to host such a group, please contact me.

- To encourage our young people to contribute to the parish there will be rotas for altar and serving and helping with the collection

- A welcoming pack for new parishioners with information about the parish and the various groups. Rob Jacques and Fr Chris to work on this.

- The Social Committee have asked for the parish notice boards to be re-designed. Fr Chris to consult with the chair of the Social Group, Barbara Davies about this. If there is anyone who have skills to re-create both notice boards inside our churches, please let Fr Chris know.

- At the General Meeting of the parish in September it was agreed that chairs or representatives of the various groups should meet from time to time to share information, dates of future events and idea. This will take place on Wednesday 21st February at St Cuthbert's at 7pm. I have contacted the chairs or rep of each group asking that a representative attend.

- Five members are standing down: Austin Oshegbu, Nesta Masiwah, Jill Taylor, Clare Harvey and Marilyn Redpath. I would like to express my heartfelt thanks to them all for their service and support. Nominations are now open. They will close on March 10th, with elections, if needed, taking place on the weekend of March 16th-17th. The new parish council will meet on Tuesday 19th March at 7pm at St Joseph's.

Poverty Action Sunday

Next weekend, February 11th, is Poverty Sunday, where Churches in this Country are called to pray and act on behalf of all those in this country experiencing poverty. Last year the regional event was hosted by our parish.

This year Church Action on Poverty North East are having their event at Walker Parish Church, Duncan Street, Newcastle NE6 3BS on Sunday 11 February 2024 at 3.30pm.

Hear how local young people are dreaming of a better Walker, a better world – and are doing their bit to make their dreams real.

Have we a dream – for our families, our communities, our region? How can we start to make those dreams real?

What keeps us going? What inspires us?

Let's celebrate our dreams –sharing cake baked by the young people- gaining strength for action as we go out!

Mass for Sick and Housebound

The proclaimers outreach group are organising a Mass for the sick and housebound on February 10th at 2pm at St Cuthbert's. We are having this Mass since February 11th is the World Day of Prayer for Sick as this date is the Feast Day of Lourdes. If you know of anyone who would like to come to this Mass to receive the Sacrament of the Sick please encourage them to attend

Life in the Spirit Seminar Series

Venue: St Mary's Parish Centre, Bridge Street, Sunderland SR1 1TQ. From 21st February to 8th May.

Cost: Free Refreshments: Light refreshments will be served at the beginning of the sessions.

Pastoral Carers

This group will be meeting on Tuesday 6th February at 7pm at St Joseph's Presbytery. This group seeks to develop pastoral care in the parish especially for the sick, housebound and bereaved

Tyne and Wear Citizens

The institutions in North Tyneside that are in Tyne and Wear Citizens will meet on Wednesday 7th February at 7pm at St Cuthbert's. We will be discussing plans for the Mayoral Assembly on April 22nd and the local campaigns on the town centre and school meal provision..

The Mayoral Assembly will be your opportunity to listen all the candidates for the new North East Regional Mayor who will be looking for your vote. All the candidates who have successfully been able to stand as a candidate have agreed to take part. You can sign up for the assembly at: <https://actionnetwork.org/events/tyne-wear-citizens-north-east-devolution-mayoral-assembly>

Visit by the New Regional Officer of NECAT

North East Churches Acting Together (NECAT) have recently appointed a new Regional Officer, Coryn Stehouwer, Coryn will be coming for the 9.30 Mass this Thursday. I will then take her to the Mumspace project at St Cuthbert's and then to Cedarwood Project on the Meadow Well estate.

Live Simply Tip

Living Simply is based on the following three strands:

- living simply
- living in solidarity with people in poverty
- living sustainably with creation.

This week's tip: Energy-saving light bulbs are more expensive but actually save you money as they use less energy, so reducing your carbon footprint, and can last up to 12 times longer than traditional light bulbs.

Teas and Coffee on a Wednesday Morning

Tea and Coffee are now available after 9:30 Mass on Wednesday mornings in the upstairs room, thanks to members of the social group who have organised this. The hope is to have a rota for people to take turns to make the teas and coffees. All are welcome.

Parish Safeguarding Officer

Please note that the Parish Safeguarding Officer is Clare Harvey. In accordance with diocesan policy we have been asked to place her name and number at the front newsletter each week. Please see on the front page of the newsletter. If you have any safeguarding concerns or queries, please contact her on 07507 297779

The Universe

The Publishers of the Universe have given some complimentary copies of this paper. Please take a copy, they re free. If you would like to purchase a copy of a weekly basis please let me know.

Medjugorje Irish Centre Pilgrimages April - Oct 2024:

7 Nights Apartment B&B from €273 per person sharing. Airport transfer available on request. Contact us for details and book the dates that suit you. Tel. 020 3239 8662 or website www.med-irishcentre.com

Rosary group

"When two or three are gathered in my name..." All welcome to join a small group of parishioners praying the Rosary each week over Zoom.

Day: Thursday - Time: 7:30pm

For more information contact Ruth Corless at: ruthcorless@btinternet.com

Parish Finance – Standing Orders

If you would like to set up a Standing Order the details of the parish account are:

Name: DHN North Shields St Cuthbert & St Joseph

Bank: HSBC, Sort code: 40-34-45,

Account number 9114651

Pancake Night at St Cuthbert's

Shrove Tuesday – 13th February, 7:00pm

Quiz & Raffle

Tickets now on sale at both churches - £2.00

Prayer for Peace

As the fever of day calms towards twilight. May all that is strained in us come to ease. We pray for all who suffered violence today. May an unexpected serenity surprise them.. For those who risk their lives each day for peace. May their hearts glimpse providence at the heart of history.. That those who make riches from violence and war. Might hear in their dreams the cries of the lost.. That we might see through our fear of each other. A new vision to heal our fatal attraction to aggression.. That those who enjoy the privilege of peace. Might not forget their tormented brothers and sisters That the wolf might lie down with the lamb. That our swords be beaten into ploughshares. And no hurt or harm be done anywhere along the holy mountain.

John O'Donohue Benedictus A Book of Blessings