

**MASS READINGS**

**FIRST SUNDAY OF LENT (YEAR B)**

**FIRST READING**

*God's covenant with Noah after he had saved him from the waters of the flood.*

**Genesis 9:8-15**

God spoke to Noah and his sons, 'See, I establish my Covenant with you, and with your descendants after you; also with every living creature to be found with you, birds, cattle and every wild beast with you: everything that came out of the ark, everything that lives on the earth. I establish my Covenant with you: no thing of flesh shall be swept away again by the waters of the flood. There shall be no flood to destroy the earth again.'

God said, 'Here is the sign of the Covenant I make between myself and you and every living creature with you for all generations: I set my bow in the clouds and it shall be a sign of the Covenant between me and the earth. When I gather the clouds over the earth and the bow appears in the clouds, I will recall the Covenant between myself and you and every living creature of every kind. And so the waters shall never again become a flood to destroy all things of flesh.'

**RESPONSORIAL PSALM**

**Response: Your ways, Lord, are faithfulness and love for those who keep your covenant.**

**Psalm 24**

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|---|---|
| <p>1. Lord, make me know your ways.<br/>Lord, teach me your paths.<br/>Make me walk in your truth, and teach me:<br/>for you are God my saviour.</p>              | <p>2. Remember your mercy, Lord,<br/>and the love you have shown from of old.<br/>In your love remember me,<br/>because of your goodness, O Lord.</p> |
| <p>3. The Lord is good and upright.<br/>He shows the path to those who stray,<br/>he guides the humble in the right path;<br/>he teaches his way to the poor.</p> |   |

**SECOND READING**

*The water is a type of the baptism which saves you now.*

**Peter 3:18-22**

Christ himself, innocent though he was, had died once for sins, died for the guilty, to lead us to God. In the body he was put to death, in the spirit he was raised to life, and, in the spirit, he went to preach to the spirits in prison. Now it was long ago, when Noah was still building that ark which saved only a small group of eight people 'by water', and when God was still waiting patiently, that these spirits refused to believe. That water is a type of the baptism which saves you now, and which is not the washing off of physical dirt but a pledge made to God from a good conscience, through the resurrection of Jesus Christ, who has entered heaven and is at God's right hand, now that he has made the angels and Dominations and Powers his subjects.

**GOSPEL ACCLAMATION**

**Praise to you, O Christ, king of eternal glory! Man does not live on bread alone, but on every word that comes from the mouth of God. Praise to you, O Christ, king of eternal glory!**

**GOSPEL**

*Jesus was tempted by Satan, and the angels looked after him.*

**Mark 1:12-15**

The Spirit drove Jesus out into the wilderness and he remained there for forty days, and was tempted by Satan. He was with the wild beasts, and the angels looked after him.

After John had been arrested, Jesus went into Galilee. There he proclaimed the Good News from God. 'The time has come' he said 'and the kingdom of God is close at hand. Repent, and believe the Good News.'

**The Parish of Saint Cuthbert and Saint Joseph, North Shields**

**Saint Cuthbert Catholic Church**  
Albion Road West  
North Shields

Tynemouth Priory Partnership



**Saint Joseph Catholic Church**  
Wallsend Road  
North Shields

**Father Christopher Hughes, St Joseph's Church, Wallsend Road, Chirton, North Shields, NE29 7AA**

**(Tel) 0191 257 5801 / (Fax) 0191 259 2589**

**(Email) northshields.stjoseph@rcdhn.org.uk**

**Parish Administrator: Mrs Katherine Main - Tuesday-Friday 8.45am-12.45pm**

**Tel: 0191 2573408**

**Email: northshields.stcuthbert@rcdhn.org.uk**

**Parish Safeguarding Officer:**

**Clare Harvey - 07507 297779**

**Parish website information at: <http://www.northtynesidecatholic.org.uk>**

We are three Roman Catholic Parishes in the eastern half of the borough of North Tyneside, within the Diocese of Hexham and Newcastle. Our website gives an overview of our three parishes and seven churches, as well as mass times, and details of parish ministries and groups.

**Partnership Telephone Numbers**

Monsignor Andrew Faley ☎ 0191 252 8021  
Canon Martin Stempczyk ☎ 0191 251 3770  
St Cuthbert's Church ☎ 0191 257 3408

**Partnership Telephone Numbers**

Father David Smith ☎ 0191 262 3882  
Hospital Chaplaincy: ☎ 01670 712476  
Deacon: Rev Stephen Boulter: ☎ 07816077858

**17<sup>th</sup>/18<sup>th</sup> February 2024 – First Sunday in Lent - B**

**Masses, Devotions and Services**

	<b>St Cuthbert's Church</b>	<b>St Joseph's Church</b>
<b>Saturday 17<sup>th</sup> February</b>	9.30: Stations of the Cross 10.00am Mass	5:30pm: Mass:
<b>Sunday 18<sup>th</sup> February 1<sup>st</sup> Sunday of Lent - B</b>	11:00am: Mass: People of the Parish Live stream	
<b>Monday 19<sup>th</sup> February</b>		
<b>Tuesday 20<sup>th</sup> February</b>		9.30am: Mass:
<b>Wednesday 21<sup>st</sup> February</b>	9:00am Exposition 9:30am: Mass: Audrey Watson	
<b>Thursday 22<sup>nd</sup> February</b>		9.30am: Mass:
<b>Friday 23<sup>rd</sup> February</b>	6.15pm: Exposition 7:00pm: Mass:	
<b>Saturday 24<sup>th</sup> February</b>	9.30: Stations of the Cross 10.00am Word & Communion	5:30pm: Mass: People of the Parish
<b>Sunday 25<sup>th</sup> February 2<sup>nd</sup> Sunday of Lent - B</b>	11:00am: Mass: Stan Storer Live stream	

**The Parish of St Cuthbert's and St Joseph's, North Shields**

**WhatsApp group: text your name & number to 07752009361 to be added to StCuthStJosNshields Group**

**Facebook: search - - The Parish of Saint Cuthbert and Saint Joseph, North Shields.**

**Website: [www.northtynesidecatholic.org.uk](http://www.northtynesidecatholic.org.uk)**

**Parish office: 0191 257 3408**

Prayer Intentions for Ordinary Time -Winter: Peace on Earth; Openness to the Word of God; Christian Unity; The Sick and those who care for them, Victims of human trafficking and those who combat it; the Unemployed

We pray for all who are sick, including Ros McGann Sarah Harrison, Scott Oakley, Jean Slater, Barbara & Tony Hicks, Richard Sutherland, Irene Keenaghan, Eileen Stevens, Paula More, Mary Quinn, Eleanor Robson, Paul Atkinson, Francis McSherry, Mary Kidd, Mary Rowley and Antoni Kulik.

Please pray for Maureen Kelly, Peter More and all those who have died recently.

### 1st Sunday of Lent

In this first Sunday of Lent we have as of each year the story of Jesus in the wilderness being tempted. But Mark's version is much simpler. We have no dialogue with Christ being tempted by the attraction of riches, status and power. Instead, we are simply told that in the wilderness Christ was tempted by Satan, he was with wild beasts and the angels looked after. Can we see 'wild beasts' as a symbol as of all this is destructive within us, with Christ's guardian angels and communicating God's grace, peace and love. As we start our Lenten Journey may we be aware of that which is destructive in us but also open to that grace heals, reconciles, renews and transforms

### Pope Francis Teaching on Prayer

This is the Pope's reflection for the First Sunday of Lent In our continuing catechesis on Christian prayer, we now consider the traditional theme of "spiritual combat". The great spiritual masters recognize that prayer is not always easy, for our human nature is frequently distracted or tempted by seemingly more important priorities. The Catechism teaches that prayer, although a free and unmerited gift of God's grace, can be affected by our human experiences of discouragement, sadness or disappointment (cf. No. 2728).

Many of the saints in fact experienced long periods of spiritual dryness and even darkness. They teach us that the only response to these temptations is greater perseverance. Saint Ignatius of Loyola uses military imagery to stress the importance of discipline in our efforts to serve under the banner of Christ. Saint Anthony learned from his harsh spiritual battles in the desert that although God may at times seem absent amid these struggles, he remains always at our side. In our daily efforts to persevere in prayer may we trust that our own spiritual combat, like that of Jacob and the angel (cf. Gen 28:16), will bear fruit in a deeper and more mature relationship with the Lord.

### Lenten Reflections

The Diocese as in previous years has provided a set of reflections for all the daily readings during Lent. They can be found at: <https://diocesehn.org.uk/wp->

[content/uploads/2024/02/DHN-Lent-Reflections-2024-Part-1.pdf](https://www.dhncatholics.org.uk/content/uploads/2024/02/DHN-Lent-Reflections-2024-Part-1.pdf) Just google 'Hexham and Newcastle Lenten Reflections 2024' if you need to obtain the link

### Thank-You

I have been asked by Pat Campbell to pass on her heartfelt thanks for all the prayers, cards and condolences that parishioners have kindly shown her following the death of her beloved Jim after a long period of illness. Your support and love has meant a great deal to her-Thank-you

### World Day of Prayer 2024 Services

The theme is "I beg you, bear with one another in love". We join in this ecumenical movement on Friday 1st. March. We have two services. Afternoon 2.00pm, at St. Mary's RC Church, Farringdon Road, Marden, North Shields. Evening service 7.30pm, at the Methodist Church, Broadway, Cullercoats, Everyone is welcome at either service. Light refreshments will be available after both services.

### Parish Council

Nominations are open for the parish council. There are five vacancies. You will be need to be nominated. I ask you all to reflect to consider if you or someone else in the parish would be suitable for the parish council. If someone comes to mind, please ask them if they would like to be nominated. Nominations close on Sunday 10<sup>th</sup> March

### St Cuthbert's Craft Group

We meet on Wednesday afternoon 1.30-3.30pm in the big upstairs room. Everyone is welcome to join us. We are currently making Beanie Hats for new-born babies and are given to our local hospitals. Anyone who D. K. Wool in blue, pink, white, lemon they no longer need, we would be happy to use it. Patterns available if required. Thank- You-Nora Pearson.

### Life in the Spirit Seminar Series

Venue: St Mary's Parish Centre, Bridge Street, Sunderland SR1 1TQ. From this coming Wednesday, 21<sup>st</sup> February to 8<sup>th</sup> May. Cost: Free Refreshments: Light refreshments will be served at the beginning of the sessions.

### Live Simply Award Assessment

I am very grateful to all who have prepared and contributed to the parish's attempt to become a Live Simply parish. We are going to be assessed on this coming Thursday ,February 22<sup>nd</sup> at 7pm via zoom by one of the CAFOD assessors, Paul Kelly. Anyone interested especially if you have contributed to any aspect of the award, you are welcome to join us. I am very grateful to Sara Bryson, the lead organiser of Tyne and Wear Citizens who is willing to attend to support our bid The link is: <https://us02web.zoom.us/j/83740881647?pwd=ZVIhek9YTExFeGV4Z21Dc3JOZkN5Zz09> Meeting ID: 837 4088 1647

Passcode: 365856 If you cannot copy and paste the long link just using the meeting ID and Passcode will suffice.

If you would like to receive the link via mail please e-mail: [northshields.stjoseph@rcdhn.org.uk](mailto:northshields.stjoseph@rcdhn.org.uk)

### Pancake Night

A big thank-you to all who took part in the pancake night on Tuesday. It was lovely to see the hall so full. A very big thank-you to the members of the social committee who worked so hard churning out the pancakes. In total £364 was raised, which will contribute to the costs of the Defibrillator at St Joseph's. Well done to all involved

### Tyne and Wear Citizens

..The Mayoral Assembly will be your opportunity to listen all the candidates for the new North East Regional Mayor who will be looking for your vote. All the candidates who have successfully been able to stand as a candidate have agreed to take part. You can sign up for the assembly at: <https://actionnetwork.org/events/tyne-wear-citizens-north-east-devolution-mayoral-assembly>

### SVP Membership Support Officer (MSO)

The St Vincent de Paul Society is a Catholic lay organisation whose members seek out and help those in need in the community. It would like to recruit an MSO for the Hexham and Newcastle diocese to support member recruitment and development, provide general support for members and be the link between groups and National Office. This is a part time, home-based role (22.5 hours per week – 3 days equivalent) working as part of the SVP Membership Team. It would suit someone comfortable giving presentations to large audiences as well working on a personal level with individuals and small groups. It requires the ability to travel around the diocese to make recruitment appeals, work with existing groups, attend meetings and meet with interested parties where appropriate. Having your own transport is essential. Travel expenses are paid. For further information and details how to apply contact Lance Philpott, Head of Membership at [lancep@svp.org.uk](mailto:lancep@svp.org.uk) Closing date for applications is Sunday 7<sup>th</sup> April.

### Christian Meditation Group

Are you looking for something different for Lent this year? Why not join us in the Christian meditation group at St Cuthbert's in North Shields. We are an established group who meet every Tuesday except holy days. Over the course of Lent we will be listening to the former Archbishop of Canterbury, Rowan Williams talk on The Spirit in the Desert which looks at how the wisdom of the 4th century Desert Mothers and Fathers can help us in modern day life. The link for the series of talks is <https://meditationtalks.wccm.org/cd/ku5W9wqFIKHkX6IXADK> We will give guidance to those who are new to the practice of Christian Meditation. The session is from 7pm till 8pm on

20/02/2024 at St. Cuthbert's on Albion Road North Shields. Please contact Ali Hain on 07954591608 for more details.

### Live Simply Tip

Living Simply is based on the following three strands:

- living simply
- living in solidarity with people in poverty
- living sustainably with creation.

This week's tip: This week's tip: donations of food and toiletries for Nite Bite can left at church in the box provided. They also take donations of clothing which can be left with Anne Greaves or Peter Quinn.

### Proud Catholics – Meeting Bishop Stephen

Their next meeting will be on Tuesday 20<sup>th</sup> February, at 7.30pm. We welcome Bishop Stephen, who invites us to pray with him and share our experiences as LGBTQ+ Catholics in our parish and as members of Proud Catholics. There will be an opportunity for reflection on the future of LGBTQ+ ministry in the Diocese, as well as our usual social time and shared refreshments. Zoom link available, get in touch if interested. For more information, phone Isabel on 07858 934457, email:[proud.catholics@yahoo.com](mailto:proud.catholics@yahoo.com), or visit our website <https://www.proud Catholics.co.uk/>

### Rosary group

"When two or three are gathered in my name..." All welcome to join a small group of parishioners praying the Rosary each week over Zoom. Day: Thursday - Time: 7:30pm For more information contact Ruth Corless at: [ruthcorless@btinternet.com](mailto:ruthcorless@btinternet.com)

### Parish Finance – Standing Orders

If you would like to set up a Standing Order the details of the parish account are:  
Name: DHN North Shields St Cuthbert & St Joseph  
Bank: HSBC, Sort code: 40-34-45,  
Account number 9114651

### Prayer for Peace

As the fever of day calms towards twilight. May all that is strained in us come to ease. We pray for all who suffered violence today. May an unexpected serenity surprise them.. For those who risk their lives each day for peace. May their hearts glimpse providence at the heart of history.. That those who make riches from violence and war. Might hear in their dreams the cries of the lost.. That we might see through our fear of each other. A new vision to heal our fatal attraction to aggression.. That those who enjoy the privilege of peace. Might not forget their tormented brothers and sisters That the wolf might lie down with the lamb. That our swords be beaten into ploughshares. And no hurt or harm be done anywhere along the holy mountain.  
John O'Donohue Benedictus A Book of Blessings