

## MASS READINGS

### FOURTH SUNDAY IN ORDINARY TIME -B

#### FIRST READING

*I will raise up a prophet and I will put my words into his mouth.*

**Deuteronomy 18:15-20**

Moses said to the people: 'Your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. "Do not let me hear again" you said "the voice of the Lord my God, nor look any longer on this great fire, or I shall die;" and the Lord said to me, "All they have spoken is well said. I will raise up a prophet like yourself for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die."'

#### Responsorial Psalm

**Psalm 94**

**Response: O that today you would listen to his voice! Harden not your hearts.**

- |   |   |
|---|---|
| <p>1. Come, ring out our joy to the Lord;<br/>hail the rock who saves us.<br/>Let us come before him, giving thanks,<br/>with songs let us hail the Lord.</p>   | <p>2. Come in; let us kneel and bend low;<br/>let us kneel before the God who made us<br/>for he is our God and we<br/>the people who belong to his pasture,<br/>the flock that is led by his hand.</p> |
| <p>3. O that today you would listen to his voice!<br/>'Harden not your hearts as at Meribah,<br/>as on that day at Massah in the desert<br/>when your fathers put me to the test;<br/>when they tried me, though they saw my work.'</p> |   |

#### SECOND READING

**Corinthians 7:32-35**

*An unmarried woman can devote herself to the Lord's affairs; all she need worry about is being holy.*

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

#### Alleluia

**Alleluia, Alleluia! Blessed are you, Father, Lord of heaven and earth, for revealing the mysteries of the kingdom to mere children. Alleluia!**

#### GOSPEL

**Mark 1:21-28**

*He taught them with authority.*

Jesus and his followers went as far as Capernaum, and as soon as the sabbath came he went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority. In their synagogue just then there was a man possessed by an unclean spirit and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

## The Parish of Saint Cuthbert and Saint Joseph, North Shields

**Saint Cuthbert Catholic Church**

*Albion Road West  
North Shields*

Tynemouth Priory Partnership



**Saint Joseph Catholic Church**

*Wallsend Road  
North Shields*

**Father Christopher Hughes, St Joseph's Church, Wallsend Road, Chirton, North Shields, NE29 7AA**

**(Tel) 0191 257 5801 / (Fax) 0191 259 2589**

**(Email) northshields.stjoseph@rcdhn.org.uk**

**Parish Administrator: Mrs Katherine Main - Tuesday-Friday 8.45am-12.45pm**

**Tel: 0191 2573408**

**Email: northshields.stcuthbert@rcdhn.org.uk**

**Parish website information at: <http://www.northtynesidecatholic.org.uk>**

We are three Roman Catholic Parishes in the eastern half of the borough of North Tyneside, within the Diocese of Hexham and Newcastle. Our website gives an overview of our three parishes and seven churches, as well as mass times, and details of parish ministries and groups.

#### Partnership Telephone Numbers

Monsignor Andrew Faley ☎ 0191 252 8021

Canon Martin Stempczyk ☎ 0191 251 3770

St Cuthbert's Church ☎ 0191 257 3408

#### Partnership Telephone Numbers

Father David Smith ☎ 0191 262 3882

Hospital Chaplaincy: ☎ 01670 712476

Deacon: Rev Stephen Boulter: ☎ 07816077858

## 27<sup>th</sup>/28<sup>th</sup> January 2024 – 4<sup>th</sup> Sunday in Ordinary Time - B

### Masses, Devotions and Services

|  | St Cuthbert's Church  | St Joseph's Church                           |
|--|---|--|
| <b>Saturday 27<sup>th</sup> January</b>  |   | <b>5:30pm: Mass: People of the Parish</b>    |
| <b>Sunday 28<sup>th</sup> January<br/>4<sup>th</sup> Sunday in Ordinary Time - B</b> | <b>11:00am: Mass: Stephen Welsh<br/>Live stream</b>                                   |  |
| <b>Monday 29<sup>th</sup> January</b>  |   |  |
| <b>Tuesday 30<sup>th</sup> January</b>   |   | <b>9.30am: Word and Communion</b>            |
| <b>Wednesday 31<sup>st</sup> January</b>   | <b>9:00am Exposition<br/>9:30am: Mass: Elizabeth Jones &amp;<br/>Jennifer Pycroft</b> |  |
| <b>Thursday 1<sup>st</sup> February</b>  |   | <b>9.30am: Mass: Vera and Oliver Latimer</b> |
| <b>Friday 2<sup>nd</sup> February</b>  | <b>6.15pm: Exposition<br/>7:00pm: Mass: Peter Hughes</b>                              |  |
| <b>Saturday 3<sup>rd</sup> February</b>  |   | <b>5:30pm: Mass:</b>                         |
| <b>Sunday 4<sup>th</sup> February<br/>5<sup>th</sup> Sunday in Ordinary Time - B</b> | <b>11:00am: Mass: People of the Parish<br/>Live stream</b>                            |  |

#### The Parish of St Cuthbert's and St Joseph's, North Shields

**What'sApp group:** text your name & number to 07752009361 to be added to **StCuthStJosNshields** Group

**Facebook:**

search - - The Parish of Saint Cuthbert and Saint Joseph, North Shields.

**Website:**

[www.northtynesidecatholic.org.uk](http://www.northtynesidecatholic.org.uk)

**Parish office:**

0191 257 3408

Prayer Intentions for Ordinary Time -Winter: Peace on Earth; Openness to the Word of God; Christian Unity; The Sick and those who care for them, Victims of human trafficking and those who combat it; the Unemployed

We pray for all who are sick, including Ros McGann Sarah Harrison, Scott Oakley, Jean Slater, Barbara & Tony Hicks, Richard Sutherland, Irene Keenaghan, Eileen Stevens, Paula More, Mary Quinn, Eleanor Robson, Paul Atkinson, Francis McSherry, Mary Kidd, Mary Rowley and Antoni Kulik.

Please pray for Jane Parker, Carole Burdis and all those who have died recently.

### Racial Justice Sunday

Today is Racial Justice Sunday. We pray for racial justice in our Churches and our society. We celebrate the rich diversity of nations and ethnic groups in our parish. If we wish to support the Catholic Association of Racial Justice you can go to <https://www.carj.org.uk/> You can also leave a contribution at the back of Church.

### A Prayer for Racial Justice Sunday

*God of light and truth,  
you call all men and women to live lives of holiness and justice.*

*Help us to see in one another: a heart which is tender, a mind which is humble and a care for our brothers and sisters; so that together we may build up the Body of Christ as a sign of hope and mercy for all.*

*We make this prayer through Jesus our Lord. Amen.*

### Holy Year of Prayer

In preparation for the Year of Jubilee and the Synod Pope Francis has announced that 2024 is a Holy Year of Prayer. He has written a reflection on prayer for each week of the year.

*Fourth Sunday of the Year – 28th January 2024*

Our Sunday readings this week include a section of Psalm 94. (Psalms have two numbering systems this Psalm is 94 according to the Greek text of scripture and 95 according to the Hebrew). It is a central Psalm – the introduction to each day (the invitatory Psalm) for many priests, religious and lay people who pray the psalms in the Divine Office – The Liturgy of the Hours. Praising and honouring God is a central call in the life of the Christian. Pope Francis has spoken about the psalms As we read the Bible, we continually come across prayers of various types. But we also find a book made up solely of prayers, a book that has become the native land, gymnasium and home of countless men and women of prayer. It is the Book of Psalms. There are 150 Psalms to pray.

The Catechism affirms that every Psalm “possesses such direct simplicity that it can be prayed in truth by men of all times and conditions” (ccc, 2588). As we read and reread the Psalms, we learn the language of prayer. God the Father, indeed, with his Spirit, inspired them in the heart of King David and others who prayed, in order to teach every man and woman how to praise him, how to thank him and supplicate him; how to invoke him in joy and in suffering, and how to recount the wonders of his works and of his Law. In short, the Psalms are the Word of God that we human beings use to speak with him.

### From the Parish Council

Though minutes will go on the notice board once they have been completed, I would like to feedback some key point from the meeting:

#### • Establishing House Groups

In terms of developing the parish, it was suggested that house groups be established. The groups could be on a geographical area or a shared interest such as studying the scriptures. If you would like to host such a group, please contact me.

• To encourage our young people to contribute to the parish there will be rotas for altar and serving and helping with the collection

• A welcoming pack for new parishioners with information about the parish and the various groups. Rob Jacques and Fr Chris to work on this.

• The Social Committee have asked for the parish notice boards to be re-designed. Fr Chris to consult with the chair of the Social Group, Barbara Davies about this. If there is anyone who have skills to re-create both notice boards inside our churches, please let Fr Chris know.

• At the General Meeting of the parish in September it was agreed that chairs or representatives of the various groups should meet from time to time to share information, dates of future events and idea. This will take place on Wednesday 21st February at St Cuthbert's at 7pm. I have contacted the chairs or rep of each group asking that a representative attend.

• Five members are standing down: Austin Oshegbu, Nesta Masiwah, Jill Taylor, Clare Harvey and Marilyn Redpath. I would like to express my heartfelt thanks to them all for their service and support. Nominations are now open. They will close on March 10<sup>th</sup>, with elections, if needed, taking place on the weekend of March 16<sup>th</sup>-17<sup>th</sup>. The new parish council will meet on Tuesday 19<sup>th</sup> March at 7pm at St Joseph's.

### Bereavement Café

There will be another bereavement café' hosted at the Linskill Centre, North Shields on Wednesday 31<sup>st</sup> January from 6 to 8pm. This is a safe and welcoming space to talk freely or just listen to others who have experienced loss in their lives. This is an opportunity to share stories and build connections over a cup of tea or coffee. You can expect a warm welcome with a hot drink and some cake. There will be an overview of grief, loss and bereavement and the impact it has on our lives. Small group discussions with gentle prompts and signposting to useful resources Sarah's Star supports people affected by incurable illnesses, so whether you are living with, supporting someone or a health professional, please join us.

### Consultation Regarding Transport for Pupils in North Tyneside

North Tyneside have started consultations on proposed changes for funding transport to school. One proposal is that all pupils who live beyond a three mile radius from the school will have to pay unless the families are on low income. This will impact on pupils in Whitely Bay, Backworth and Wallsend. The Head Teacher, Mr David Watson is asking you to complete the online consultation, which can be accessed by visiting

[www.northtyneside.gov.uk](http://www.northtyneside.gov.uk) and searching 'Have Your Say' or by the following link:

<https://my.northtyneside.gov.uk/node/32983>

You can also contact your local councillor

<https://democracy.northtyneside.gov.uk/mgMemberIndex.aspx?bcr=1> or your local MP

<https://members.parliament.uk/members/commons>

Mr Watson further states “I know that most of you will not be directly affected by this proposal but, as St Thomas More is the only Catholic High School in North Tyneside, I believe that the proposal puts at risk the ability of all families to choose to send their child to a Catholic High school without extra individual financial burden. The consultation runs until 8th February.”

### Life in the Spirit Seminar Series

Venue: St Mary's Parish Centre, Bridge Street, Sunderland SR1 1TQ. From 21<sup>st</sup> February to 8<sup>th</sup> May

Cost: Free Refreshments: Light refreshments will be served at the beginning of the sessions.

Time: 7.00pm to 8.30pm Dates and Titles of Sessions:

21<sup>st</sup> February 2024: God's Love – Andy Drozdziak

28<sup>th</sup> February 2024: Salvation – Amy Cameron

6<sup>th</sup> March 2024: The New Life – John Wheeler

13<sup>th</sup> March 2024: Receiving God's Gifts – Pat Kennedy

20<sup>th</sup> March 2024: Baptism in the Holy Spirit –

Fr Shaun O'Neill

24<sup>th</sup> April 2024: Growth – Deacon Alison Rebello

8<sup>th</sup> May 2024: Transformation in Christ –

Bishop Stephen Wright

### Tyne and Wear Citizens

On Tuesday 30<sup>th</sup> there is a zoom to help plan the Mayoral Assembly on April 22<sup>nd</sup>. The assembly will be an opportunity for you to respond to the issues that we as a member of Tyne and Wear Citizens have contributed in our listening. If you would like to learn more about the assembly and help to refine the 'asks' please sign up for the zoom link at:

[https://cuk.zoom.us/join/register/tjqwfuirrTMOHNbl5y7eL1tGIS6uJ\\_UBx6z](https://cuk.zoom.us/join/register/tjqwfuirrTMOHNbl5y7eL1tGIS6uJ_UBx6z)

### World Leprosy Day

2024 is Lepra's Centenary Year and Sunday 28th January 2024 is World Leprosy Day. For 100 years Lepra's research has led to new and innovative approaches to healthcare programmes. Lepra seeks to provide better detection, treatment and support mechanisms, to advocate for those without a voice, to challenge prejudice wherever it exists, to strengthen local health systems and to help provide sustainable healthcare in partnership with local communities for a future free from the terrible impact of the disease.

To read some real-life stories of some of the beneficiaries whose lives have been changed through the work of Lepra, please visit [www.lepra.org.uk](http://www.lepra.org.uk).

With your help we can find, diagnose and treat more people affected by leprosy so that they will have a brighter future, full of hope.

If you would like further information, please contact

[LauriceJ@lepra.org.uk](mailto:LauriceJ@lepra.org.uk)

Please help us beat leprosy – even the smallest contribution can help treat and rehabilitate people trapped by this disease.

To donate please go to:

[https://donate.lepra.org.uk/LepraDonate?activity\\_id=18159](https://donate.lepra.org.uk/LepraDonate?activity_id=18159)

### Live Simply Tip

Living Simply is based on the following three strands:

- living simply
- living in solidarity with people in poverty
- living sustainably with creation.

This week's tip: Swap the plane for the train if you can. A short flight is 42 times more polluting than taking the Eurostar.

### Teas and Coffee on a Wednesday Morning

Tea and Coffee is now available after 9:30 Mass on Wednesday mornings in the upstairs room, thanks to members of the social group who have organised this. The hope is to have a rota for people to take turns to make the teas and coffees. All are welcome.

### Rosary group

"When two or three are gathered in my name..." All welcome to join a small group of parishioners praying the Rosary each week over Zoom.

Day: Thursday - Time: 7:30pm

For more information contact Ruth Corless at:

[ruthcorless@btinternet.com](mailto:ruthcorless@btinternet.com)

### Parish Finance – Standing Orders

If you would like to set up a Standing Order the details of the parish account are: Name: DHN North Shields St Cuthbert & St Joseph

Bank: HSBC, Sort code: 40-34-45, Account number 9114651

### Pancake Night at St Cuthbert's

Shrove Tuesday – 13<sup>th</sup> February, 7:00pm

Quiz & Raffle

Tickets now on sale at both churches - £2.00

### Prayer for Peace

As the fever of day calms towards twilight. May all that is strained in us come to ease. We pray for all who suffered violence today. May an unexpected serenity surprise them.. For those who risk their lives each day for peace. May their hearts glimpse providence at the heart of history.. That those who make riches from violence and war. Might hear in their dreams the cries of the lost.. That we might see through our fear of each other. A new vision to heal our fatal attraction to aggression.. That those who enjoy the privilege of peace. Might not forget their tormented brothers and sisters That the wolf might lie down with the lamb. That our swords be beaten into ploughshares. And no hurt or harm be done anywhere along the holy mountain.

John O'Donohue Benedictus A Book of Blessings