

THIRD SUNDAY OF LENT - FIRST READING

Give us water to drink.

Tormented by thirst, the people complained against Moses. ‘Why did you bring us out of Egypt?’ they said. ‘Was it so that I should die of thirst, my children too, and my cattle?’ Moses appealed to the Lord. ‘How am I to deal with this people?’ he said. ‘A little more and they will stone me!’ the Lord said to Moses, ‘Take with you some of the elders of Israel and move on to the forefront of the people; take in your hand the staff with which you struck the river, and go. I shall be standing before you there on the rock, at Horeb. You must strike the rock, and water will flow from it for the people to drink.’ This is what Moses did, in the sight of the elders of Israel. The place was named Massah and Meribah because of the grumbling of the sons of Israel and because they put the Lord to the test by saying, ‘Is the Lord with us, or not?’

Responsorial Psalm

Response: *O that today you would listen to him voice: ‘Harden not your hearts.’*

1. Come, ring out our joy to the Lord;
hail the rock who saves us.
Let us come before him, giving thanks,
with songs let us hail the Lord.

2. Come in; let us bow and bend low;
let us kneel before that God who made us
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand.

3. O that today you would listen to his voice!
‘Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my work.’

SECOND READING

The love of God has been poured into our hearts by the Holy Spirit which has been given us.

Through our Lord Jesus Christ, by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God’s glory. And this hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us. We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners.

Gospel Acclamation

Glory to you, O Christ, you are the Word of God! Lord, you are really the saviour of the world;
give me the living water, so that I may never get thirsty. Glory to you, O Christ, you are the Word of God!

GOSPEL

A spring welling up to eternal life.

Jesus came to the Samaritan town called Sychar, near the land that Jacob gave to his son Joseph. Jacob’s well is there and Jesus, tired by the journey, sat straight down by the well. It was about the sixth hour. When a Samaritan woman came to draw water, Jesus said to her, ‘Give me a drink.’ His disciples had gone into the town to buy food. The Samaritan woman said to him, ‘What? You are a Jew and you ask me, a Samaritan, for a drink?’ – Jews, in fact, do not associate with Samaritans. Jesus replied: ‘If you only knew what God is offering and who it is that is saying to you: Give me a drink, you would have been the one to ask, and he would have given you living water.’ ‘You have no bucket, sir,’ she answered ‘and the well is deep: how could you get this living water? Are you a greater man than our father Jacob who gave us this well and drank from it himself with his sons and his cattle?’ Jesus replied: ‘Whoever drinks this water will get thirsty again; but anyone who drinks the water that I shall give will never be thirsty again: the water that I shall give will turn into a spring inside him, welling up to eternal life.’ ‘Sir,’ said the woman ‘give me some of that water, so that I may never get thirsty and never have to come here again to draw water.’ ‘Go and call your husband’ said Jesus to her ‘and come back here.’ The woman answered, ‘I have no husband.’ He said to her, ‘You are right to say, “I have no husband”; for although you have had five, the one you have now is not your husband. You spoke the truth there.’ ‘I see you are a prophet, sir’ said the woman. ‘Our fathers worshipped on this mountain, while you say that Jerusalem is the place where one ought to worship.’ Jesus said: ‘Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we do know: for salvation comes from the Jews. But the hour will come – in fact it is here already – when true worshippers will worship the Father in spirit and truth: that is the kind of worshipper the Father wants. God is spirit, and those who worship must worship in spirit and truth.’ The woman said to him, ‘I know that Messiah – that is, Christ – is coming; and when he comes he will tell us everything.’ ‘I who am speaking to you,’ said Jesus ‘I am he.’ At this point his disciples returned, and were surprised to find him speaking to a woman, though none of them asked, ‘What do you want from her?’ or, ‘Why are you talking to her?’ The woman put down her water jar and hurried back to the town to tell the people. ‘Come and see a man who has told me everything I ever did; I wonder if he is the Christ?’ This brought people out of the town and they started walking towards him. Meanwhile, the disciples were urging him, ‘Rabbi, do have something to eat; but he said, ‘I have food to eat that you do not know about.’ So the disciples asked one another, ‘Has someone been bringing him food?’ But Jesus said: ‘My food is to do the will of the one who sent me, and to complete his work. Have you not got a saying: Four months and then the harvest? Well, I tell you: Look around you, look at the fields; already they are white, ready for harvest! Already the reaper is being paid his wages, already he is bringing in the grain for eternal life, and thus sower and reaper rejoice together. For here the proverb holds good: one sows, another reaps; I sent you to reap a harvest you had not worked for. Others worked for it; and you have come into the rewards of their trouble.’ Many Samaritans of that town had believed in him on the strength of the woman’s testimony when she said, ‘He told me all I have ever done’, so, when the Samaritans came up to him, they begged him to stay with them. He stayed for two days, and when he spoke to them many more came to believe; and they said to the woman, ‘Now we no longer believe because of what you told us; we have heard him ourselves and we know that he really is the saviour of the world.’

MASS READINGS

Exodus 17:3-7

Psalms 94

Romans 5:1-2, 5-8

John 4:5-42

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The Parish of Saint Cuthbert and Saint Joseph, North Shields

Saint Cuthbert Catholic Church

Albion Road West

North Shields

Tynemouth Priory Partnership



Saint Joseph Catholic Church

Wallsend Road

North Shields

Father Christopher Hughes, St Joseph’s Church, Wallsend Road, Chirton, North Shields, NE29 7AA

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Tel: 0191 2573408

Email: northshields.stcuthbert@rcdhn.org.uk

Parish website information at: <http://www.northtynesidecatholic.org.uk>

We are three Roman Catholic Parishes in the eastern half of the borough of North Tyneside, within the Diocese of Hexham and Newcastle. Our website gives an overview of our three parishes and seven churches, as well as mass times, and details of parish ministries and groups.

Partnership Telephone Numbers

Monsignor Andrew Faley ☎ 0191 252 8021

Canon Martin Stempczyk ☎ 0191 251 3770

St Cuthbert’s Church ☎0191 257 3408

Partnership Telephone Numbers

Father David Smith ☎0191 262 3882

Hospital Chaplaincy: ☎ 01670 712476

Deacon: Rev Stephen Boulter: 📞 07816077858

11th/12th March 2023 – Third Sunday of Lent – A

Masses, Devotions and Services

	St Cuthbert’s Church	St Joseph’s Church
Saturday 11 th March	9.30 Stations of the Cross 10.00am Word and Communion	4.45pm: Sacrament of Reconciliation 5:30pm: Mass: People of the Parish
Sunday 12 th March 3 rd Sunday of Lent A	11:00am: Mass: Ellen Hughes Live streamed	
Monday 13 th March		
Tuesday 14 th March		9:30am: Mass: Peter Scott
Wednesday 15 th March	9:30am: Word and Communion	
Thursday 16 th March		9:30am: Word and Communion
Friday 17 th March	7.00pm Mass 43, Hawkeys Lane, North Shields, NE29 0RE	
Saturday 18 th March	11.30am The Nuptial Mass of Augustine Oshegbu & Christiana Umeadi	9.30am Station of the Cross 10.00am Mass Tommy Walsh 4.45pm: Sacrament of Reconciliation 5:30pm: Vigil Mass:
Sunday 19 ^h March 4 th Sunday of Lent A	11:00am: Mass: People of the Parish Live streamed	

The Parish of St Cuthbert’s and St Joseph’s, North Shields

What’sApp group: text your name & number to 07752009361 to be added to StCuthStJosNshields Group

Facebook: search - - The Parish of Saint Cuthbert and Saint Joseph, North Shields.

Website: www.northtynesidecatholic.org.uk

Parish office: 0191 257 3408

Prayer Intentions for Ordinary Time in Winter: Peace on Earth; Openness to the Word of God; Christian Unity; The Sick and Those Who Care Them; Victims of Trafficking and Those Who to Combat It; The Unemployed
We pray for all who are sick, including Patricia Conlon, Ros McGann, Gary James, Gerry Thirsk, Tom Wright, Mary Wood, Sarah Harrison, Scott Oakley, Pat Skelly, Jean Slater, Frank Whillis, Barbara & Tony Hicks 'Baby Stevie Dawn Roadment', Jim Campbell, Richard Sutherland, Irene Keenaghan, Eileen Stevens, Paula More, Mary Quinn, Eleanor Robson, Vera Reay, Paul Atkinson, Leigh Miranda, Francis McSherry and Bishop Robert.

Please pray for Jenny Jordan, David Mills, the victims of the Turkish and Syrian Earthquake and all those who have died recently.

Third Sunday of Lent

The Gospels for the next three weeks are mini dramas from St John's Gospel inviting us all to deepen our understanding of Christ. This week-end we have the story of Jesus and the Samaritan Woman at the well. The overriding image is that Jesus is the 'living water' which will always quench our thirst. The outsider is transformed to a proclaimer of Christ to others. The Gospel invites our to explore our own thirsts, our own yearnings.. How does Christ meet these?

First Holy Communion Liturgy

This week-end we have a further our First Holy Communion Liturgies. This week we will have the Rite of Election for our candidates. Please continue to pray for them in their journey

CAFOD Family Fast Day- Lent Appeal

Last Friday March 3rd was the CAFOD's Lenten Family Fast Appeal. Envelopes are at the back of Church of both Churches.

This Lent, your donations to CAFOD's Family Fast Day Appeal will help families fighting the climate crisis and ensure that our Church network can quickly respond to emergencies, like the recent earthquake in Syria and Turkey. Give today using the envelope or at cafod.org.uk/give and please join us in praying for CAFOD's development and emergency response work all over the world.

Communion Under Both Kinds

The Bishops have announced that from Maundy Thursday, priests are permitted though not obliged to offer the Precious Blood at Mass. I will use this permission from the Mass of the Last Supper on Maundy Thursday April 6th.

Sacrament of Reconciliation

In the parish the Sacrament of Reconciliation will be available on Saturday at 10:30am after the 10:00am Mass and from 4.45pm to 5.15pm at St Joseph's before vigil Mass.

Lent

During Lent the following activities will take place

○ Prayer Stations

For three weeks at St Cuthbert's and then a three weeks at St Joseph's we are asking parishioners to create prayer stations to focus on an aspect of faith or the scriptures or a particular spirituality. Anyone is welcome to create a prayer station. The Church will be open on a Saturday morning for people to reflect and pray with these station.

○ Saturday Morning Stations of the Cross and Mass

On every Saturday morning during Lent, there will be Stations of the Cross at 9.30 followed by Mass at 10.00.

○ House Masses

As mentioned last week we hope to have a House Mass every Friday evening during Lent. Two people have already offered to host a Mass, more are welcome to offer.

○ Multi Voiced Readings of the Gospel

Since during cycle 'A' of Lent we have the long readings for the 3rd, 4th and 5th Sunday of Lents, of the Woman at the Well, the Man born blind and the raising of Lazarus, as we will have the Gospel read with different reader like the Passion narratives. Any volunteers for this would be welcome.

○ Lenten Reflections

Diocesan Lenten Reflection can be found at: The dedicated Lenten reflection page on the diocesan website can be found here: <https://bit.ly/DHNLent2023>

Tyne and Wear Citizens Issue Workshop

The first of the issues workshops for the listening campaign is on Thursday March 30th at 6pm at the Recovery Collective College at 1, Clariol Square Newcastle- just opposite St Andrew Church, Worswick Street. To sign up please go to: <https://actionnetwork.org/events/tyne-wear-citizens-issues-workshop>

Defibrillator at St Joseph's

This week a Defibrillator will be attached to the outside wall at St Joseph's. Please sign the list at the back of Church if you would like to take part in training that will be made available after Easter

Church Cleaning

In recent weeks a small band of parishioners have been working very hard on a Saturday morning to clean both of our churches. A very big thank-you to them. They know who they are. If you would like to help these hard-working volunteers on a Saturday morning please let me know.

Thank-you

A personal note of thanks to the parish for your prayers, support and condolences on the death of David, my brother-in-law, and for his widow, my sister Liz, her family and myself. It is much appreciated.

Retreat in Daily Life

Eight of us in the parish had a fruitful discussion with Vron Smith last Thursday, 23rd February. She invited us as parish to discern what is God calling us as a parish to do. She has given us some material to reflect upon. If you would like copies of this please let me know. We will be meeting again on March 30th at 7.00pm at St Cuthbert's to share the fruits of our discernment. All are welcome

Diocesan Investigations

The Diocese has informed me that a survey is going to be offered soon to the whole diocese for you to offer your opinion. This investigation on behalf of the Vatican Dicastery of Bishops is exploring all aspects of Diocesan Life. If you would like to write to the investigation yourself, I will inform you of the e-mail address.

Feeding Folk

As a response to the Poverty Action Event on February 19th, Gerry Beldon and his friends are organising a 'Feeding Folk' event on Thursday 23rd March from 7.30pm. The event will be a mixture of songs and poems. The entrance fee is some food for you to bring to donate to the Bay Foodbank. Cash donations will also be accepted

Parish Council Elections

I received two nominations at the week-end for the parish council. They are for Rob Jaques and Conrad Masiwa. Since there were no other nominations they are duly elected on the parish council. My thanks to them for being willing to serve the parish in this way.

The Cedarwood Trust

Appointment of new Trustees – Spring 2023

The Cedarwood Trust is dedicated to building social capital, creating education and economic opportunities, tackling poverty and food insecurity, and promoting and supporting the growth of families and individuals in the Meadow Well estate, North Shields and beyond. Building on the strengths of the people, we want to bring about positive change for the long term. We have a vibrant centre, a welcoming place for all to socialise, spend family time, and get support. It houses our Nurture Academy, Nourish Bistro, Food Membership Store and Thriving Families. For an informal chat, please contact our CEO Wayne Dobson at wayne.dobson@cedarwoodtrust.com For more information and an Application Form, please contact louise@cedarwoodtrust.com. We'd like to hear from you by Monday 13th March 2023, but you can contact us at any time.

Live Simply Tip

Living Simply is based on the following three strands:

- living simply
- living in solidarity with people in poverty
- living sustainably with creation.

This week's tip: Save water by:

- a) not running the tap when brushing your teeth and shaving
- b) installing a water butt if you have the space
- c) using your washing machine and dishwasher for full loads only.

Vacancies

The Diocese of Hexham and Newcastle has the following vacancy: Administrator, Vicariate for Faith and Mission (maternity cover) – full-time. Closing date: 15 March 2023. Please visit www.diocesehn.org.uk for full details or contact us on 0191 243 3301

AED Training

We now have the date for the installation of the AED (Automated External Defibrillator) at St Joseph's and this is Monday 13th March. We are looking for volunteers to be trained to use it and this training will be held on Saturday 18th March at St Joseph's 9.30 am to 3.30 pm. There are a maximum of 12 spaces available. If you are interested then please call Jill Taylor on 07803 822280

Parish Finance – Standing Orders

If you would like to set up a Standing Order the details of the parish account are:

Name: DHN North Shields St Cuthbert & St Joseph
Bank: HSBC, Sort code: 40-34-45,
Account number 91146513

A Prayer for Ukraine

Holy and Gracious God. We pray for the people of the Ukraine and the people of Russia; for their countries and their leaders.

We pray for all those who are afraid; that your everlasting arms hold them in this time of great fear.

We pray for all those who have the power over life and death; that they will choose for all people life, and life in all its fullness.

We pray for those who choose war; that they will remember that you direct your people to turn our swords into ploughshares and seek for peace.

We pray for leaders on the world stage; that they are inspired by the wisdom and courage of Christ. Above all, Lord, today we pray for peace for Ukraine. And we ask this in the name of your blessed Son. Lord have mercy. Amen.