

MASS READINGS

FIRST SUNDAY OF LENT (YEAR C)

FIRST READING

The creed of the chosen people.

Moses said to the people: 'The priest shall take the panner from your hand and lay it before the altar of the Lord your God. Then, in the sight of the Lord your God, you must make this pronouncement:

"My father was a wandering Aramaean. He went down into Egypt to find refuge there, few in numbers; but there he became a nation, great, mighty, and strong. The Egyptians ill-treated us, they gave us no peace and inflicted harsh slavery on us. But we called on the Lord, the God of our fathers. The Lord heard our voice and saw our misery, our toil and our oppression; and the Lord brought us out of Egypt with mighty hand and outstretched arm, with great terror, and with signs and wonders. He brought us here and gave us this land, a land where milk and honey flow. Here then I bring the first-fruits of the produce of the soil that you, the Lord, have given me." 'You must then lay them before the Lord your God, and bow down in the sight of the Lord your God.

Deuteronomy 26:4-10

Responsorial Psalm

Response: Be with me, O Lord, in my distress.

Psalm 90

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| <p>1. He who dwells in the shelter of the Most High and abides in the shade of the Almighty say to the Lord: 'My refuge, my stronghold, my God in whom I trust!'</p> <p>3. They shall bear you upon their hands lest you strike your foot against a stone. On the lion and the viper you will tread and trample the young lion and the dragon.</p> | <p>2. Upon you no evil shall fall, no plague approach where you dwell. For you he has commanded his angels, to keep you in all your ways.</p> <p>4. His love he set on me, so I will rescue him; protect him for he knows my name. When he calls I shall answer: 'I am with you.' I will save him in distress and give him glory.</p> |
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SECOND READING

The creed of the Christian.

Romans 10:8-13

Scripture says: The word, that is the faith we proclaim, is very near to you, it is on your lips and in your heart. If your lips confess that Jesus is Lord and if you believe in your heart that God raised him from the dead, then you will be saved. By believing from the heart you are made righteous; by confessing with your lips you are saved. When scripture says: those who believe in him will have no cause for shame, it makes no distinction between Jew and Greek: all belong to the same Lord who is rich enough, however many ask his help, for everyone who calls on the name of the Lord will be saved.'

Gospel Acclamation

Praise to you, O Christ, king of eternal glory! Man does not live on bread alone but on every word that comes from the mouth of God. Praise to you, O Christ, king of eternal glory!

GOSPEL

Jesus was led by the Spirit through the wilderness and was tempted there.

Luke 4:1-13

Filled with the Holy Spirit, Jesus left the Jordan and was led by the Spirit through the wilderness, being tempted there by the devil for forty days. During that time he ate nothing and at the end he was hungry. Then the devil said to him, 'If you are the Son of God, tell this stone to turn into a loaf.' But Jesus replied, 'Scripture says: Man does not live on bread alone.' Then leading him to a height, the devil showed him in a moment of time all the kingdoms of the world and said to him, 'I will give you all this power and the glory of these kingdoms, for it has been committed to me and I give it to anyone I choose. Worship me, then, and it shall all be yours.' But Jesus answered him, 'Scripture says: You must worship the Lord your God, and serve him alone.' Then he led him to Jerusalem and made him stand on the parapet of the Temple. 'If you are the Son of God,' he said to him 'throw yourself down from here, for scripture says: He will put his angels in charge of you to guard you, and again: They will hold you up on their hands in case you hurt your foot against a stone.' But Jesus answered him, 'It has been said: You must not put the Lord your God to the test.' Having exhausted all these ways of tempting him, the devil left him, to return at the appointed time.

The Parish of Saint Cuthbert and Saint Joseph, North Shields

Saint Cuthbert Catholic Church
Albion Road West
North Shields

Tynemouth Priory Partnership



Saint Joseph Catholic Church
Wallsend Road
North Shields

Father Christopher Hughes, St Joseph's Church, Wallsend Road, Chirton, North Shields, NE29 7AA

(Tel) 0191 257 5801 / (Fax) 0191 259 2589

(Email) northshields.stjoseph@rcdhn.org.uk

Parish Administrator: Mrs Katherine Main - Tuesday-Friday 9.00am-1.00pm

Tel: 07506 176996

Email: northshields.stcuthbert@rcdhn.org.uk

Parish website information at: <http://www.northtynesidecatholic.org.uk>

We are three Roman Catholic Parishes in the eastern half of the borough of North Tyneside, within the Diocese of Hexham and Newcastle. Our website gives an overview of our three parishes and seven churches, as well as mass times, and details of parish ministries and groups.

Partnership Telephone Numbers

Monsignor Andrew Faley ☎ 0191 252 8021

Canon Martin Stempczyk ☎ 0191 251 3770

St Cuthbert's Church ☎ 0191 257 3408

Partnership Telephone Numbers

Father David Smith ☎ 0191 262 3882

Hospital Chaplaincy: Fr Paul Jenkins ☎ 01670 712476

Deacon: Rev Stephen Boulter: ☎ 07816077858

5th/6th March 2022 – 1st Sunday of Lent - C

Masses, Devotions and Services

	St Cuthbert's Church	St Joseph's Church
Saturday 5th March		5:30pm: Mass Margaret Taylor
Sunday 6th March 1st Sunday in Lent	11:00am: Mass: People of the Parish Live streamed	
Monday 7th March	No Mass	
Tuesday 8th March		9:30am: Mass: Emer Holohan
Wednesday 9th March	9:30am: Mass: John Stapleton	
Thursday 10th March	1pm Requiem Mass: Sylvia Keilty	
Friday 11th March		7:00pm: Mass: Ellen Hughes
Saturday 12th March		5:30pm: Mass People of the Parish
Sunday 13th March 2nd Sunday in Lent	11:00am: Mass: Tom Holohan Live streamed	

The Parish of St Cuthbert's and St Joseph's, North Shields

What'sApp group: text your name & number to 07752009361 to be added to **StCuthStJosNshields Group**

Facebook: search - - The Parish of Saint Cuthbert and Saint Joseph, North Shields.

Website: www.northtynesidecatholic.org.uk

Parish office: 0191 257 3408

Prayer List

Prayer Intentions for Lent: The People of Ukraine, Peace, Candidates for Sacraments, Penitents & Wanderers, Women, the Poor & Hungry

We pray for all who are sick, including Patricia Conlon, Ros McGann, Gary James, Gerry Thirsk, Tom Wright, Mary Wood, Sarah Harrison, Scott Oakley, Pat Skelly, Jean Slater, Frank Whillis, Barbara & Tony Hicks 'Baby Stevie Dawn Roadment', Jim Campbell, Richard Sutherland, Irene Keenaghan, Eileen Stevens, Paula More, Tony Cocalis, Mary Quinn and Eleanor Robson.

Please pray for Patricia Ann Appleton, Thomas Patrick Curran Sylvia Keilty, Elizabeth Storey, Florence Palmajar and all those who have died recently, and also for all those whose anniversaries are at this time.

Requiem Mass for Sylvia Keilty

Sylvia Keilty's Coffin will be received into St Cuthbert's on Wednesday 9th March at 4.00pm. Her Requiem Mass will be on Thursday 10th March at 1pm

CAFOD Family Fast Day and Visit by CAFOD Regional Rep

Friday 11th March is CAFOD Family Fast Day.

Envelopes for you to give your contribution are at the back of Church. Please support their appeal as best you can. On Wednesday March 9th at the 9.30 Mass the regional representative for CAFOD, Mark Maughan will be visiting the parish to share about this year's CAFOD appeal

Lent

The next public reading of St John's Passion Narrative is Saturday 12th March at St Joseph's. All are welcome.

Stations of the Cross this Sunday will be at 4pm at St Joseph's

Tyne and Wear Citizens

This weekend we warmly welcome Sara Bryson who will talk about the work of Tyne and Wear Citizens and the forthcoming assembly. Other parishioners will also talk about their involvement in campaigns and also encourage you to come the Accountability Assembly

This Accountability Assembly will be on Thursday March 17th 6-8pm at the Civic Centre, Newcastle. At this event we will be asking those who have the power to make changes on the following campaigns:

Improving air quality on our streets, countering racism in the workplace, fairer bus fares for young people, Living Wage for Health and Care Workers, Improving Mental Health Provision. We hope to fill the room of 600 seats which will put pressure on decision makers.

The link to sign up is: <https://actionnetwork.org/events/tyne-wear-citizens-accountability-assembly/>

- Together We Can

This is an initiative to support asylum seekers who are going through the process to seek leave to remain. They have appointed a worker who will support refugees. I am delighted to say that it is one of the parishioners, Austin Oshegbo who has been appointed to this role Congratulations to Austin and we wish him every blessing and success in this important role.

International Woman's Day

8th March is International Woman's. Citizens UK is highlighting that most care-workers receive less than the living wage and the vast majority of cares are women. Please support this campaign as best you can.

The 2022 Oscar Romero Lecture

Professor Edgardo Colón Emeric (Dean of Duke Divinity School). Joy and Hope for the 2020s: The relevance of Oscar Romero for the times we are in.

Thursday 24th March 2022 7pm lecture, preceded by a 6.30pm drinks reception.

At Prior's Hall, Durham Cathedral. All are welcome and attendance is free of charge. If you wish to attend, please register at <https://centreforcatholicstudies.eventbrite.com>

Vacancies

The Diocese of Hexham and Newcastle is looking to appoint a new Head of Finance. The role will be based in the Diocesan Offices in Newcastle, and agile working is available. Full-time or 30 hours a week.

Closing date for applications: 12th March 2022. Please visit www.diocesehn.org.uk for full details or contact us 0191 243 3301

Dealing and coping with Stress Workshop

Date: 12th March Time: 9.30am-12.30pm Location: Zoom
Join us for a morning of interactive learning to help you live a life with less stress. By the end of the Masterclass you will:

- Understand The Difference Between Good & Bad Stress
- Understand The Full Impact Of Stress
- Have Identified Your Main Causes of Stress
- Be Equipped With A Range Of Practical Strategies To Reduce & Manage Stress

Lou's events are always participative, fun and engaging; find out what others have thought of them here: <https://loulaggancoaching.co.uk/testimonials/>

Places are limited so booking is essential. Please contact Lou via email if you have any questions about the masterclass and to book your place. Lou@LouLagganCoaching.co.uk

The Partnership Confirmation Programme

This programme is for students in Year 10 and Year 11 will begin on Thursday 10th March 2022 and run for 5 weeks until Thursday April 7th 2022. Young people are now invited to sign-up by filling out the Confirmation Application Form. This is available from your parish priest or by emailing the Chaplain at St Thomas More on mthompson@stmacademy.org.uk.

From Minsteracres: Wakening up with the garden

We would like to invite you to a gardening and 'wakening up' day in the walled garden on Wednesday 16th March and/or Saturday 19th of March. These dates are close to the equinox entering a time of spring and summer.

The garden has been resting over the last months. The storm has blown over a lot of plants. However new growth is underway! So we would like to tidy up the garden and clear the way for new growth. There are many different jobs from light ones to more challenging ones. The most important thing is to enjoy what we are doing. If people like just to sit or meander in the garden that is fine too. The date is from 10.00am to 4pm. Directions: Turn from the A68 onto the main drive to Minsteracres Retreat Centre. Before the first cattle grid turn right into a small tarmac road that leads around a wall. You can park at the end (limited spaces). There is a green gate that leads into the walled garden. An alternative is to park on the parking space before the cattle grid at the left side of the drive. Please bring - if possible - your own gloves and small gardening tools (secateurs). We are still a bit short of these items. E-mail: lyavollering@gmail.com

Rosary group

When two or three are gathered in my name..."All welcome to join a small group of parishioners praying the Rosary each week over Zoom.

Day: Thursday - Time: 7:30pm

For more information contact Nestah Masiwa at: nehmasiwa@yahoo.com or Ruth Corless on 07752009361.

Sycamore for Lent

This a note from the diocesan co-ordinator for the Sycamore programme, Mike Weetman:

"We are pilgrims 'journeying together' whose listening and speaking is that of those who seek and not that of those who believe they have found."

This quote leapt out at me when I attended Synod meetings. I have been extremely privileged to host two online sycamore.fm get togethers. Sycamore opens up the heart of the Christian message and helps people to grow in faith. The films give an inspiring vision of Catholic Christianity. They involve some clear teaching and thought-provoking testimonies. The discussion groups, even online, help people grow in friendship and build a sense of community I invite you to join me on such a journey this Lenten season. We will gather online each Sunday from 6 March to 10 April at 4.00pm until 5.15pm. Why not invite a friend to come along too?

This is a free course. Please register at: <https://diocesehn.org.uk/whats-on/event/lent-sycamore-course/>.

Northern Cross

Paper copies of the Diocesan Newspaper are now available at the back of church. Cost is £1.50.

Ukraine Appeal

"In response to appeal for help from Ukraine and Poland, the Polish Centre in Newcastle is organising a collection of new, unused goods. The full list of things needed (based on information from aid providers) is published on the Polish Centre Facebook profile: <https://www.facebook.com/113796202162350/posts/1960068717535080/>

These include Personal hygiene products- soaps, shower gels, shampoos and hair conditioners, hair brushes - toothbrushes and toothpaste, for children and adults- antiperspirants and deodorants (mainly for women but also for men) - face creams and tonics, hand creams for women.- sanitary towels, tampons, panty liners - larger sanitary pads for women in puerperium and nursing pads (breast feeding pads) - wet wipes, nappies of various sizes, tissues, cotton pads

Medical supplies- first aid kits- bandages, gauze and swabs, tourniquets, plasters, disposable gloves- painkillers, anti-fever and anti-inflammatory drugs for children and adults- vitamins for children- cough medicines, sore throat relieves, stomach problems remedies, nasal drops.

For children, to keep them occupied and distracted, to make them smile:- colouring books and crayons / markers small puzzles- small soft toys/ cuddly toys- sweets: chocolates, bars, snacks, etc.

These goods will be send to Poland to the organization helping Ukrainian refugees, they will be distributed to the centres providing temporary accommodation for Ukrainian families in Poland or depending on needs, will be send to Ukraine.

Donations can be delivered to Polish Centre in Newcastle, 2 Mapple Terrace, Newcastle upon Tyne, NE4 7SF till 13th March 2022 or the organisers can collect them from a designated address (with prior arrangements). In regards of any potential collection please contact Mr Mariusz Biziewski 07907450897".

A Prayer for Ukraine

Holy and Gracious God
We pray for the people of the Ukraine and the people of Russia; for their countries and their leaders.
We pray for all those who are afraid; that your everlasting arms hold them in this time of great fear.
We pray for all those who have the power over life and death; that they will choose for all people life, and life in all its fullness.

We pray for those who choose war; that they will remember that you direct your people to turn our swords into ploughshares and seek for peace.
We pray for leaders on the world stage; that they are inspired by the wisdom and courage of Christ.
Above all, Lord, today we pray for peace for Ukraine.
And we ask this in the name of your blessed Son.
Lord have mercy. Amen (Prayer from the Methodist church)