

MASS READINGS

**19th SUNDAY OF THE YEAR - B
FIRST READING**

Strengthened by the food he walked until he reached the mountain of God

1 Kings 19:4-8

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. "Lord," he said "I have had enough. Take my life; I am no better than my ancestors." Then he lay down and went to sleep. But an angel touched him and said, "Get up and eat." He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, "Get up and eat, or the journey will be too long for you." So he got up and ate and drank, and strengthened by the food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

Responsorial Psalm

Psalm 33

Response: Taste and see that the Lord is good.

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| <p>1. I will bless the Lord at all times
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad..</p> | <p>2. Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free.</p> |
| <p>3. Look towards him and be radiant.
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress.</p> | <p>4. The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him.</p> |

SECOND READING

Follow Christ by loving as he loved you..

Ephesians 4:30 – 5:2

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try, then to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in one place as a fragrant offering and a sacrifice to God.

Alleluia

Alleluia, alleluia! If anyone loves me he will keep my word, and my Father will love him, and we shall come to him.. Alleluia!

GOSPEL

I am the living bread which has come down from heaven..

John 6:41-51

The Jews were complaining to each other about Jesus, because he had said, "I am the bread that came down from heaven." "Surely this is Jesus son of Joseph" they said. "We know his father and mother. How can he now say, "I have come down from heaven?" Jesus said in reply, "Stop complaining to each other. No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets. They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly everybody who believes has eternal life. I am the bread of life. Your fathers are the manna in the desert and they are dead; but this is the bread that comes down from heaven so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world."

The Parish of Saint Cuthbert and Saint Joseph, North Shields

Saint Cuthbert Catholic Church
Albion Road West
North Shields

Tynemouth Priory Partnership



Saint Joseph Catholic Church
Wallsend Road
North Shields

Father Christopher Hughes, St Joseph's Church, Wallsend Road, Chirton, North Shields, NE29 7AA

(Tel) 0191 257 5801 / (Fax) 0191 259 2589

(Email) northshields.stjoseph@rcdhn.org.uk

Parish Administrator: Mrs Katherine Main Tuesday-Friday 9.00am-1.00pm

Tel: 07506 176996

Email: northshields.stcuthbert@rcdhn.org.uk

Parish website information at: <http://www.northtynesidecatholic.org.uk>

We are three Roman Catholic Parishes in the eastern half of the borough of North Tyneside, within the Diocese of Hexham and Newcastle. Our website gives an overview of our three parishes and seven churches, as well as mass times, and details of parish ministries and groups.

Partnership Telephone Numbers

Monsignor Andrew Faley ☎ 0191 252 8021

Father Martin Stempczyk ☎ 0191 251 3770

St Cuthbert's Church ☎ 0191 257 3408

Partnership Telephone Numbers

Father John McElhone ☎ 0191 262 3820

Hospital Chaplaincy: Fr Paul Jenkins ☎ 01670 712476

Deacon: Rev Stephen Boulter: ☎ 07816077858

7th August 2021 – 19th Sunday of the Year (B)

Masses, Devotions and Services

	St Cuthbert's Church	St Joseph's Church
Saturday 7th August		5:30pm: Mass: Margaret Beadle With congregation
Sunday 8th August 19th Sunday of the Year - B	11:00am: Mass: People of the Parish With congregation Live streamed	
Monday 9th August	No Mass	
Tuesday 10th August		9:30am: Mass: Florence & Herbert Redpath With congregation
Wednesday 11th August	9:30am: Mass: Mary Annan With congregation	
Thursday 12th August		9:30am: Mass:
Friday 13th August		7:00pm: Mass: Fr Michael Hickey With congregation
Saturday 14th August		5:30pm: Mass: People of the Parish With congregation
Sunday 15th August The Assumption of the Blessed Virgin Mary	11:00am: Mass: With congregation Live streamed	

The Parish of St Cuthbert's and St Joseph's, North Shields

WhatsApp group: text your name and number to 07752009361 to be added to **StCuthStJosNshields Group**

Facebook: search - - The Parish of Saint Cuthbert and Saint Joseph, North Shields.

Website: www.northtynesidecatholic.org.uk

Parish office: 0191 257 3408

Prayer List

During Ordinary time until the end of August we pray for all victims of the Covid Pandemic; a deeper understanding between Jews and Christians; those who suffer Persecution, Oppression and Denial of Human Rights; Europe, That the dignity of human life is upheld; and Seafarers.

We pray for all who are sick, including Patricia Conlon, Ros McGann, Father Richard Harriott, Gary James, Gerry Thirsk, Tom Wright, Mary Wood, Sarah Harrison, Scott Oakley, Pat Skelly, Jean Slater, Frank Whillis, Barbara & Tony Hicks 'Baby Stevie Dawn Roadment', Jim Campbell, Richard Sutherland, Pauline Kelso and Irene Keenaghan.

Pray for Joan King, Martin McGann and all who have died recently.

A Thank-you note from Fr Chris.

A big thank-you for all your prayers and best wishes after my accident on holiday. I am safely home and discovering what I can or cannot do! Offers of help are much appreciated, and it will be a learning experience as to what I can do with the use of a Zimmer frame! The love and support of family, friends, parishioners (past and present) has been amazing. Many thanks

Trinity Charity Shop

I have just received the latest cheque of our share of the Charity shop. We have received £3,600. This is a great achievement considering the shop re-opened less than 3 months ago. Thanks to all who have contributed to this total, especially the volunteers from the parish who work on a Thursday. Your hard work and dedication is much appreciated. Well done and many thanks!

YMT BBQ

The Youth Ministry Team would like to invite you to a BBQ at the Emmaus Youth Village with a Sing-Along: Live Hymns Old and New; on Sunday 15th August from 12-4 pm. The bar will remain open after 4 pm. tickets are £5 and covers BBQ and Quiz entry. Accommodation is available.

Card payments only. Payment would be taken on the day of arrival; however, booking is essential.

For room pricing and to book rooms or tickets, please email phillip.salkeld@ymt.org.

The Tridentine Rite

The old pre-Vatican form of the Mass, traditionally known as the Tridentine Rite though since restrictions on its use were lifted by Pope Benedict XVI in 2007, it has been known as the Extraordinary Form. Pope Francis has recently decided to re-impose the restrictions on the grounds that the motivation for the Pope Benedict's decision was to foster unity in the Church. Pope Francis thinks this has not been the case. This means that it is up to individual Bishops to decide if the Extraordinary Form can be celebrated in the diocese. As I write we have not heard as to what Bishop Robert has decided. Please pray for all impacted by this. May we be open to the Spirit and foster unity as we celebrate the Liturgy

Baby Bank

St John's Percy Main has recently set up a Baby Bank, to help provide new parents that may be struggling with clothing, Moses baskets, and other daily essentials.

After donation, all of the clothing is laundered before being passed on. All of the mattresses for the baskets are brand new. If you become aware of anyone who might benefit from the support, or have any good quality clothing or baby items to donate, the Baby Bank team would love to hear from you. You can contact them via the office at St John's on 0191 267 1819 or stjohnpercymain@tiscali.net. They're also on Facebook at [\[fb.com/StJohnsBabyBank\]](https://www.facebook.com/StJohnsBabyBank)[fb.com/StJohnsBabyBank](https://www.facebook.com/StJohnsBabyBank).

5 Day Pilgrimage in Scottish Borders

Led by Kevin Foster & Heather Simpson from Team Challenge Adventures in the Scottish Borders - 'Into the Light' - Walking together in Love, Peace and Hope.

The dates are Sunday 5th to Thursday 9th September 2021.

Staying at Philip Burn Hotel which is a lovely 4Star hotel based in Selkirk in the Scottish Borders.

The 4 guided day walks will be in the wonderful Scottish Borders surrounded by green hills, wooded riverbanks, lush forests and rich farmland.

We will leave on Sunday, 5th afternoon getting there in time for Dinner and an Opening Liturgy and leave on Thursday, 9th after lunch and Closing Liturgy, getting home in time for tea.

The price for this 5 day Pilgrimage is £550.00 for Double/Twin Room, £650.00 for Single Room. This price includes: 4 Nights Bed and Breakfast en-suite accommodation in 4**** Hotel.

Return travel Transport to and from daily walk destinations. 4 fully guided walks, Morning and Evening Liturgies.

As always we are keeping the numbers small to make sure we have the best experience we can.

If you are interested in finding out more, please contact Heather Simpson by email or phone – Heather@tcadventures.co.uk, 00 44 7889 815576.

Parish Life Post Restrictions

Having consulted my partnership colleagues and diocesan guidelines people no longer need to book for Mass. There will be a very strong recommendation that people sanitise their hand on coming into Church and wear face masks. We will also maintain social distance to at least one metre I appreciate there is no legal requirement but in terms of protecting yourself and others in an enclosed space where we will be close to each other and there may be crowded, there is strong moral obligation for us to still carry out these practices.

I am very grateful to stewards who are willing to continue their role to ensure that people are as spaced out as possible. Extra space at St Cuthbert's and at St Joseph's will also be still available. The one-way system will still operate, and Holy Communion will be taken to the pews at St Cuthbert's. Please co-operate with the steward.

Buy a Job for Someone Else

The Catholic author and campaigner Paul Vallely has organised a scheme as part of Gavi, the Vaccine Alliance. £6 pounds will buy two vaccine jabs.

To donate please go to: <https://gofund.me/7cf8195c>

Ongoing Faith Witness Against Hassockfield

In October, the Home Office plans to open an Immigration Removal Centre at Hassockfield on the site of the former Medomsley Detention Centre. This will be for 80 women seeking asylum in the UK. The proposal is inhumane, unjust and incompatible with our faith which calls us to recognise the intrinsic dignity of each person. These women are people like ourselves who have the right to a place of safety and to be treated with respect and compassion. **A monthly prayer vigil will be held at the barrier to Hassockfield on the first Sunday of each month at 3pm the next one will be Sunday 5th September.** This will last for about 30 minutes and will incorporate a time of silent witness. Please support this with your prayer and, if at all possible, come along. For further information, please contact lizarchibald.justiceandpeace@gmail.com

Pastoral Carers Group

The group met last Wednesday. These are the areas we would like to develop in the months ahead:

- Ministry of Consolation: The Parish of Our Lady Star of the Sea have given a great example of what can be done. We hope to develop a similar group. Is anyone interested.
- Grief during a pandemic We have a trained bereavement Counsellor and parishioners trained in enhanced listening skills. Would anyone in the parish like help from any of these people?
- Course on stress: This was a success; we hope to repeat in the winter.
- Supporting mums and young families post restrictions: We hope to develop the relationship with Mum Space and Baptism Catechists.
- Many people are anxious post restrictions about coming to Church. Please let me if you would like to receive Holy Communion from a Special Minister

Proud Catholics

Do you identify as LGBT+ or are you questioning your sexual or gender identity? Would you like to attend a support group run by and for LGBT+ Catholics in the Northeast? We meet on the third Tuesday of the month at 7.30pm, currently via Zoom.

Our next meeting will be on Tuesday 17th August.

Proud Catholics has been welcomed into the diocesan family and has a home within the Vicariate for Caritas, but what exactly is Caritas? Fr Adrian Tuckwell, Episcopal Vicar for Caritas in the diocese, will join us to explain and to answer any questions we may have. For more information, phone Isabel on 07858 934457, email proud.catholics@yahoo.com, or visit our website <http://www.proud Catholics.co.uk>

Tyne and Wear Citizens

I am grateful to members of the Parish Proclaimers who have assisted in completing the Parish Action Plan for this year's membership of Tyne and Wear Citizens. Please see separate sheet. At the last meeting of the group, we agreed to set the parish 'An August Challenge'. This is to have at least two conversations with people, they can be your closet friends or family or strangers. We had hope we could offer you a cuppa to have outside to chat after Mass but without a cuppa can you talk about one or more of these 4 'C's about life in North Shields

- Community
- Challenge
- Concerns
- Change

Give me the answers by e-mail or hand-written note or use this link.

I appreciate that trying to explain Community Organising is not easy but I hope you can see that with the improvements that have already taken place and are promised in the future for the Alexander Scott Park, it can make a difference. What else in the town needs to be different?

<https://forms.office.com/Pages/ResponsePage.aspx?id=DQSIkWdsW0yxEiajBLZtrQAAAAAAAAAAAAAAAAAcRmR2ZURFA1RFcyN0NIREoxTFNOMETVS0g1VzhLNC4u>

COVID-19 (Coronavirus) Pandemic – Church Response:

Do you need to speak to someone for support?:

For those who are seeking a Priest with whom they can speak at this time, could you please contact the Parish Priest at your local Church. For this parish it is 0191 2575801.

Dedicated counsellors and listeners are also available at the Cathedral Listening Service on 0191 232 6953 and on the Northumberland Listening Service on 07732 980740.

Rosary group

When two or three are gathered in my name..." All welcome to join a small group of parishioners praying the Rosary each week over Zoom.

Day: Thursday - Time: 7:30pm

During this year of St Joseph the group is sharing on the document issued by Pope Francis. Link to Pope Francis document: https://www.youtube.com/watch?v=TzU-K_PrL7s

For more information contact Nestah Masiwa at: nehmasiwa@yahoo.com or Ruth Corless on +44 7752 009361.

Use of Church Grounds

In discussions with the 'Parish Proclaimers' it has been expressed that there is potential with the extensive ground we have at both Churches. Although I have been advised that in both settings, the possibilities of making things grow is limited due to extensive tree roots and shade, we discussed whether the grounds could be use from some type of 'rewilding' or made into spaces for reflection and or remembrance. I am inviting parishioners to inform me of any ideas they would have for the use of our grounds to benefit within and beyond our community.