

MASS READINGS

**MASS READINGS
EIGHTEENTH SUNDAY IN ORDINARY TIME (YEAR B)
FIRST READING**

I will rain down bread for you from the heavens.

Exodus 16:2-4. 12-15

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!' Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not. 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God.'" And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

Responsorial Psalm

Response: The Lord gave them bread from heaven.

Psalm 77

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| <p>1. The things we have heard and understood, the things our fathers have told us, we will tell to the next generation: the glories of the Lord and his might.</p> | <p>2. He commanded the clouds above and opened the gates of heaven. He rained down manna for their food, and gave them bread from heaven.</p> |
| <p>3. Mere men ate the bread of angels. He sent them abundance of food. He brought them to his holy land, to the mountain which his right hand had won.</p> | |

SECOND READING

Put on the new self that has been created in God's way.

Ephesians 4:17. 20-24

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

Gospel Acclamation

Alleluia, alleluia! I am the Way, the Truth and the Life, says the Lord;
no one can come to the Father except through me. Alleluia!

GOSPEL

He who comes to me will never be hungry; he who believes in me will never thirst.

John 6:24-35

When the people saw that neither Jesus nor his disciples were there, they got into those boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.' Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

The Parish of Saint Cuthbert and Saint Joseph, North Shields

Saint Cuthbert Catholic Church
*Albion Road West
North Shields*

Tynemouth Priory Partnership



Saint Joseph Catholic Church
*Wallsend Road
North Shields*

Father Christopher Hughes, St Joseph's Church, Wallsend Road, Chirton, North Shields, NE29 7AA

(Tel) 0191 257 5801 / (Fax) 0191 259 2589

(Email) northshields.stjoseph@rcdhn.org.uk

Parish Administrator: Mrs Katherine Main Tuesday-Friday 9.00am-1.00pm

Tel: 07506 176996

Email: northshields.stcuthbert@rcdhn.org.uk

Parish website information at: <http://www.northtynesidecatholic.org.uk>

We are three Roman Catholic Parishes in the eastern half of the borough of North Tyneside, within the Diocese of Hexham and Newcastle. Our website gives an overview of our three parishes and seven churches, as well as mass times, and details of parish ministries and groups.

Partnership Telephone Numbers

Monsignor Andrew Faley ☎ 0191 252 8021

Father Martin Stempczyk ☎ 0191 251 3770

St Cuthbert's Church ☎ 0191 257 3408

Partnership Telephone Numbers

Father John McElhone ☎ 0191 262 3820

Hospital Chaplaincy: Fr Paul Jenkins ☎ 01670 712476

Deacon: Rev Stephen Boulter: ☎ 07816077858

31st July/1st August 2021 – 18th Sunday of the Year (B)

Masses, Devotions and Services

| | St Cuthbert's Church | St Joseph's Church |
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| Saturday 31st July | | 5:30pm: Mass: People of the Parish With congregation |
| Sunday 1st August 18th Sunday of the Year - B | 11:00am: Mass: Rita Gurskyte Live streamed | |
| Monday 2nd August | No Mass | |
| Tuesday 3rd August | | No Mass |
| Wednesday 4th August | No Mass | |
| Thursday 5th August | | No Mass |
| Friday 6th August The Transfiguration of the Lord | | No Mass |
| Saturday 7th August | | 5:30pm: Mass: Margaret Beadle With congregation |
| Sunday 8th August 19th Sunday of the Year - B | 11:00am: Mass: People of the Parish With congregation Live streamed | |

The Parish of St Cuthbert's and St Joseph's, North Shields

WhatsApp group: text your name and number to 07752009361 to be added to StCuthStJosNshields Group

Facebook: search - - The Parish of Saint Cuthbert and Saint Joseph, North Shields.

Website: www.northtynesidecatholic.org.uk

Parish office: 0191 257 3408

Prayer List

During Ordinary time until the end of August we pray for all victims of the Covid Pandemic; a deeper understanding between Jews and Christians; those who suffer Persecution, Oppression and Denial of Human Rights; Europe, That the dignity of human life is upheld; and Seafarers.

We pray for all who are sick, including Patricia Conlon, Ros McGann, Father Richard Harriott, Gary James, Gerry Thirsk, Tom Wright, Mary Wood, Sarah Harrison, Scott Oakley, Pat Skelly, Jean Slater, Frank Whillis, Barbara & Tony Hicks 'Baby Stevie Dawn Roadment', Jim Campbell, Richard Sutherland, Pauline Kelso and Irene Keenaghan.

Pray for Joan King, Martin McGann and all who have died recently

First Holy Communion

Eva Goodlet was going to make her First Holy Communion with other yr. 5 pupils at in June but family had to isolate so she will be making her First Holy Communion on August 1st. We welcome Eva and her family on her special day

Ordinary Time 18th Sunday of the Year

After the Miracle of the Loaves and Fishes from John's Gospel we begin the discourse by Jesus as the Bread of Life. We will reflect not just on the Eucharist but on the nature of Christ that sustains and transform us. We will consider on how Christ is our 'Bread of Life' in our daily lives

The Tridentine Rite

The old pre-Vatican form of the Mass, traditionally known as the Tridentine Rite though since restrictions on its use were lifted by Pope Benedict XVI in 2007, it has been known as the Extraordinary Form. Pope Francis has recently decided to re-impose the restrictions on the grounds that the motivation for the Pope Benedict's decision was to foster unity in the Church. Pope Francis thinks this has not been the case. This means that it is up to individual Bishops to decide if the Extraordinary Form can be celebrated in the diocese. As I write we have not heard as to what Bishop Robert has decided. Please pray for all impacted by this. May we be open to the Spirit and foster unity as we celebrate the Liturgy

Baby Bank

St John's Percy Main has recently set up a Baby Bank, to help provide new parents that may be struggling with clothing, Moses baskets, and other daily essentials.

After donation, all of the clothing is laundered before being passed on. All of the mattresses for the baskets are brand new.

If you become aware of anyone who might benefit from the support, or have any good quality clothing or baby items to donate, the Baby Bank team would love to hear from you. You can contact them via the office at St John's on 0191 267 1819 or stjohncymain@tiscali.net. They're also on Facebook at [fb.com/StJohnsBabyBank]fb.com/StJohnsBabyBank.

New Partnership Dean

Since Mgr Andrew Faley has a number of diocesan responsibilities and will also be undergoing some elective surgical procedures in the coming months, Bishop Robert is wanting to appoint a new Dean for the Tynemouth Priory Partnership. Bishop Robert has asked me to take on this role. Since I appreciate the need for Mgr Faley to have fewer roles, I have accepted Bishop Robert's request. A prayer would be appreciated. Thank-you.

5 Day Pilgrimage in Scottish Borders

Led by Kevin Foster & Heather Simpson from Team Challenge Adventures in the Scottish Borders - 'Into the Light' - Walking together in Love, Peace and Hope.

The dates are Sunday 5th to Thursday 9th September 2021.

Staying at Philip Burn Hotel which is a lovely 4Star hotel based in Selkirk in the Scottish Borders.

The 4 guided day walks will be in the wonderful Scottish Borders surrounded by green hills, wooded riverbanks, lush forests and rich farmland.

We will leave on Sunday, 5th afternoon getting there in time for Dinner and an Opening Liturgy and leave on Thursday, 9th after lunch and Closing Liturgy, getting home in time for tea.

The price for this 5 day Pilgrimage is £550.00 for Double/Twin Room, £650.00 for Single Room. This price includes: 4 Nights Bed and Breakfast en-suite accommodation in 4**** Hotel.

Return travel Transport to and from daily walk destinations. 4 fully guided walks, Morning and Evening Liturgies.

As always we are keeping the numbers small to make sure we have the best experience we can.

If you are interested in finding out more, please contact Heather Simpson by email or phone – Heather@tcadventures.co.uk, 00 44 7889 815576.

Parish Life Post Restrictions

Having consulted my partnership colleagues and diocesan guidelines people no longer need to book for Mass. There will be a very strong recommendation that people sanitise their hand on coming into Church and wear face masks. We will also maintain social distance to at least one metre I appreciate there is no legal requirement but in terms of protecting yourself and others in an enclosed space where we will be close to each other and there may be crowded, there is strong moral obligation for us to still carry out these practices.

I am very grateful to stewards who are willing to continue their role to ensure that people are as spaced out as possible. Extra space at St Cuthbert's and at St Joseph's will also be still available. The one-way system will still operate, and Holy Communion will be taken to the pews at St Cuthbert's. Please co-operate with the steward.

Buy a Jab for Someone Else

The Catholic author and campaigner Paul Vallely has organised a scheme as part of Gavi, the Vaccine Alliance. £6 pounds will buy two vaccine jabs.

To donate please go to: <https://gofund.me/7cf8195c>

Ongoing Faith Witness Against Hassockfield

In October, the Home Office plans to open an Immigration Removal Centre at Hassockfield on the site of the former Medomsley Detention Centre. This will be for 80 women seeking asylum in the UK. The proposal is inhumane, unjust and incompatible with our faith which calls us to recognise the intrinsic dignity of each person. These women are people like ourselves who have the right to a place of safety and to be treated with respect and compassion. **A monthly prayer vigil will be held at the barrier to Hassockfield on the first Sunday of each month at 3pm the next one will be Sunday 5th September.** This will last for about 30 minutes and will incorporate a time of silent witness. Please support this with your prayer and, if at all possible, come along. For further information, please contact lizarchibald.justiceandpeace@gmail.com

Pastoral Carers Group

The group met last Wednesday. These are the areas we would like to develop in the months ahead:

- Ministry of Consolation: The Parish of Our Lady Star of the Sea have given a great example of what can be done. We hope to develop a similar group. Is anyone interested.
- Grief during a pandemic We have a trained bereavement Counsellor and parishioners trained in enhanced listening skills. Would anyone in the parish like help from any of these people?
- Course on stress: This was a success; we hope to repeat in the winter.
- Supporting mums and young families post restrictions: We hope to develop the relationship with Mum Space and Baptism Catechists.
- Many people are anxious post restrictions about coming to Church. Please let me if you would like to receive Holy Communion from a Special Minister

Tyne and Wear Citizens

I am grateful to members of the Parish Proclaimers who have assisted in completing the Parish Action Plan for this year's membership of Tyne and Wear Citizens. Please see separate sheet.

At the last meeting of the group, we agreed to set the parish 'An August Challenge'. This is to have at least two conversations with people, they can be your closet friends or family or strangers.

We had hope we could offer you a cuppa to have outside to chat after Mass but without a cuppa can you talk about one or more of these 4 'C's about life in North Shields

- Community
- Challenge
- Concerns
- Change

Give me the answers by e-mail or hand-written note or use this link. I appreciate that trying to explain Community Organising is not easy but I hope you can see that with the improvements that have already taken place and are promised in the future for the Alexander Scott Park, it can make a difference. What else in the town needs to be different?

<https://forms.office.com/Pages/ResponsePage.aspx?id=DQSIKWdsW0yxEjajBLZtrQAAAAAAAAAAAAAAAAAcRmR2ZURFA1RFcyN0NIREoxTFNOMEtVS0q1VzhLNC4u>

COVID-19 (Coronavirus) Pandemic – Church Response:

Do you need to speak to someone for support?:

For those who are seeking a Priest with whom they can speak at this time, could you please contact the Parish Priest at your local Church. For this parish it is 0191 2575801.

Dedicated counsellors and listeners are also available at the Cathedral Listening Service on 0191 232 6953 and on the Northumberland Listening Service on 07732 980740.

Proud Catholics

Do you identify as LGBT+ or are you questioning your sexual or gender identity? Would you like to attend a support group run by and for LGBT+ Catholics in the North East? We meet on the third Tuesday of the month at 7.30pm, currently via Zoom.

Our next meeting will be on Tuesday 17th August.

Proud Catholics has been welcomed into the diocesan family and has a home within the Vicariate for Caritas, but what exactly is Caritas? Fr Adrian Tuckwell, Episcopal Vicar for Caritas in the diocese, will join us to explain and to answer any questions we may have. For more information, phone Isabel on 07858 934457, email proud.catholics@yahoo.com, or visit our website <http://www.proud Catholics.co.uk>

Continuing the Journey

Some people may feel that they would like to pause and reflect at the end of their RCIA journey, whilst others may be asking what next after RCIA? For anyone who has completed an RCIA programme, we are offering an opportunity to continue the process of learning and sharing the Faith, using video and group discussion, through five online Zoom sessions. The last session will take place on Wednesday 28th July at 7.00pm. Each session will last for one hour. Please register at <https://forms.office.com/r/LMPReCA8nK> or contact Faith & Mission by email at adminfaith.mission@diocesehn.org.uk

Rosary group

When two or three are gathered in my name..." All welcome to join a small group of parishioners praying the Rosary each week over Zoom.

Day: Thursday - Time: 7:30pm

During this year of St Joseph the group is sharing on the document issued by Pope Francis. Link to Pope Francis document: https://www.youtube.com/watch?v=TzU-K_PrL7s

For more information contact Nestah Masiwa at: nehmasiwa@yahoo.com or Ruth Corless on +44 7752 009361.

Use of Church Grounds

In discussions with the 'Parish Proclaimers' it has been expressed that there is potential with the extensive ground we have at both Churches. Although I have been advised that in both settings, the possibilities of making things grow is limited due to extensive tree roots and shade, we discussed whether the grounds could be use from some type of 'rewilding' or made into spaces for reflection and or remembrance. I am inviting parishioners to inform me of any ideas they would have for the use of our grounds to benefit within and beyond our community.