

**MASS READINGS**

**SOLEMNITY OF THE MOST HOLY TRINITY (YEAR B)**

**FIRST READING**

*The Lord is God indeed, in heaven above as on earth beneath, he and no other.*

**Deuteronomy 4:32-34. 39-40**

Moses said to the people: 'Put this question to the ages that are past, that went before you, from the time God created man on earth: Was there ever a word so majestic, from one end of heaven to the other? Was anything ever heard? Did ever a people hear the voice of the living God speaking from the heart of the fire, as you heard it, and remain alive? Has any god ventured to take to himself one nation from the midst of another by ordeals, signs, wonders, war with mighty hand and outstretched arm, by fearsome terrors – all this that the Lord your God did for you before your eyes in Egypt? 'Understand this today, therefore, and take it to heart: the Lord is God indeed, in heaven above as on earth beneath, he and no other. Keep his laws and commandments as I give them to you today, so that you and your children may prosper and live long in the land that the Lord your God gives you for ever.'

**Responsorial Psalm**

**Response: Happy the people the Lord has chosen as his own.**

**Psalm 32**

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| <p>1. The word of the Lord is faithful and all his works to be trusted. The Lord loves justice and right and fills the earth with his love.</p> <p>3. The Lord looks on those who revere him, on those who hope in his love, to rescue their souls from death, to keep them alive in famine.</p> | <p>2. By his word the heavens were made, by the breath of his mouth all the stars. He spoke; and they came to be. He commanded; they sprang into being.</p> <p>4. Our soul is waiting for the Lord. The Lord is our help and our shield. May your love be upon us, O Lord, as we place all our hope in you.</p> |
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**SECOND READING**

*You received the spirit of sons, and it makes us cry out, 'Abba, Father!'*

**Romans 8:14-17**

Everyone moved by the Spirit is a son of God. The spirit you received is not the spirit of slaves bringing fear into your lives again; it is the spirit of sons, and it makes us cry out, 'Abba, Father!' The Spirit himself and our spirit bear united witness that we are children of God. And if we are children we are heirs as well: heirs of God and coheirs with Christ, sharing his sufferings so as to share his glory.

**Alleluia**

Alleluia, alleluia! Glory be to the Father, and to the Son, and to the Holy Spirit, the God who is, who was, and who is to come. Alleluia!

**GOSPEL**

*Baptise them in the name of the Father and of the Son and of the Holy Spirit.*

**Matthew 28:16-20**

The eleven disciples set out for Galilee, to the mountain where Jesus had arranged to meet them. When they saw him they fell down before him, though some hesitated. Jesus came up and spoke to them. He said, 'All authority in heaven and on earth has been given to me. Go, therefore, make disciples of all the nations; baptise them in the name of the Father and of the Son and of the Holy Spirit, and teach them to observe all the commands I gave you. And know that I am with you always; yes, to the end of time.'

**The Parish of Saint Cuthbert and Saint Joseph, North Shields**

**Saint Cuthbert Catholic Church**  
Albion Road West  
North Shields

Tynemouth Priory Partnership



**Saint Joseph Catholic Church**  
Wallsend Road  
North Shields

**Father Christopher Hughes, St Joseph's Church, Wallsend Road, Chirton, North Shields, NE29 7AA**

**(Tel) 0191 257 5801 / (Fax) 0191 259 2589**

**(Email) northshields.stjoseph@rcdhn.org.uk / northshields.stcuthbert@rcdhn.org.uk**

**Parish website information at: <http://www.northtynesidecatholic.org.uk>**

We are three Roman Catholic Parishes in the eastern half of the borough of North Tyneside, within the Diocese of Hexham and Newcastle. Our website gives an overview of our three parishes and seven churches, as well as mass times, and details of parish ministries and groups.

**Partnership Telephone Numbers**

Monsignor Andrew Faley ☎ 0191 252 8021

Father Martin Stempczyk ☎ 0191 251 3770

St Cuthbert's Church ☎ 0191 257 3408

**Partnership Telephone Numbers**

Father John McElhone ☎ 0191 262 3820

Hospital Chaplaincy: Fr Paul Jenkins ☎ 01670 712476

Deacon: Rev Stephen Boulter: ☎ 07816077858

29 <sup>th</sup> /30 <sup>th</sup> May 2021 – Most Holy Trinity Sunday (B)			
Masses, Devotions and Services			
		St Cuthbert's Church	St Joseph's Church
<b>Saturday 29<sup>th</sup> May</b>	<b>Attendance by prior booking</b>		<b>5:30pm: Mass:</b> <b>Attendance by prior booking</b>
<b>Sunday 30<sup>th</sup> May</b> <b>The Most Holy Trinity - B</b>		<b>11:00am: Mass: People of the Parish</b> Attendance by prior booking Live streamed	
Monday 31 <sup>st</sup> May The Visitation of the Blessed Virgin Mary			
Tuesday 1 <sup>st</sup> June			<b>9:30am: Mass:</b> <b>With congregation</b>
Wednesday 2 <sup>nd</sup> June		<b>9:30am: Mass:</b> Denis Jones With congregation	
Thursday 3 <sup>rd</sup> June			<b>9:30am: Mass:</b> No congregation
Friday 4 <sup>th</sup> June			<b>7:00pm: Mass:</b> Damian and Paul Black <b>With congregation</b>
<b>Saturday 5<sup>th</sup> June</b>			<b>5:30pm: Mass: People of the Parish</b> <b>Attendance by prior booking</b>
<b>Sunday 6<sup>th</sup> June</b> <b>The Body &amp; Blood of Christ</b>		<b>11:00am: Mass: Anthony &amp; Doris Doherty</b> <b>Attendance by prior booking</b> <b>Live streamed</b>	

<p><b>Telephone booking system for Masses at St Cuthbert's</b>  <b>Mass Booking line: 07506 176996 at the following times</b></p>			
<p><b>Please note that in giving your details to book Mass or to sign in at Mass at weekdays, you are giving your consent for that information to be stored for three weeks</b></p>			
Tuesday	11am-1pm & 6pm-8pm	Thursday	11am-1pm
Wednesday	11am-1pm	Friday	11am-1pm

**The Parish of St Cuthbert's and St Joseph's, North Shields**

**WhatsApp group: text your name and number to 07752009361 to be added to StCuthStJosNshields Group**

**Facebook: search - - The Parish of Saint Cuthbert and Saint Joseph, North Shields.**

**Website: [www.northtynesidecatholic.org.uk](http://www.northtynesidecatholic.org.uk)**

**Parish office: 0191 257 3408**

### Prayer List

During Ordinary time until the end of August we pray for all victims of the Covid Pandemic; a deeper understanding between Jews and Christians; those who suffer Persecution, Oppression and Denial of Human Rights; Europe, That the dignity of human life is upheld; and Seafarers.

We pray for all who are sick, including Patricia Conlon, Ros McGann, Father Richard Harriott, Gary James, Gerry Thirsk, Tom Wright, Mary Wood, Sarah Harrison, Scott Oakley, Pat Skelly, Jean Slater, Frank Whillis, Barbara & Tony Hicks 'Baby Stevie Dawn Roadment', Jim Campbell, Jim Burfield, Richard Sutherland and Irene Keenaghan.

Please pray for Dorothy Lant, Helena Preston, Stewart Southern, Pauline Kelso, Sheila Hall, Fr Matthew and all those who have died recently.

### Trinity Sunday

Today is the culmination of all that has taken place since Advent with celebrating God as Father, Son and Holy Spirit. On this Feast day we acknowledge that God is a community of relationships, equal though diverse who life overflows to the whole of creation. We too are called to share in this life and reflect this communion love in our relationships with God, each other and the whole of Creation.

### Annual Missionary Appeal

Next week we have the annual Missionary Appeal. We will have a visit from a member of the Comboni Missionary Sisters. Please support this appeal.

### First Holy Communion

At the Vigil Mass next week, Oliver Merchant will be making his First Holy Communion. We welcome all his family and we pray for him and all those who will be making their First Holy Communion in the weeks ahead.

### Wedding Congratulations

By Saturday evening the Celebration of Nuptial Mass for Roberto Paulo Ferreira and Celene Josephine Robson would have taken place. This was their fourth attempt to get married, so I am delighted that it will fourth time lucky. On behalf of all the parish we wish Roberto and Celene, every joy and blessings in their married life together. We also pray for their families back in South Africa. Most were not able to be present but would have been with us in the live stream. We hope that despite being far away the families were also able to share in the joy of the day.

### Alexander Scott Park

Thank-you to all who came to help clean up the park. Let's hope the Council ensure that the park is fit for children to use and enjoy. Sara Bryson, the Lead Organiser of Tyne and Wear Citizens, was very impressed by the turnout of our parish. A meeting has been arranged with Councillor Pickford to discuss the park. I will keep you posted on the campaign.

### Visit to the Parish by Bishop Robert

Bishop's House has informed me that Bishop Robert will now visit the parish the weekend of 16 & 17<sup>th</sup> October. He will preside at the 5.30pm Vigil Mass at St Joseph's and the 11:00am Sunday Mass at St Cuthbert's. We look forward to welcoming Bishop Robert that weekend.

### Proud Catholics

This is a support group for Catholics in the Diocese who identify as LGBT+ or who are questioning their sexual or gender identity. We were founded in November 2018, and we have recently received endorsement from Bishop Robert and his Council. We aim to provide members with a forum in which they can strengthen their faith and gain confidence as Catholics. We have a website, [<http://www.proud Catholics.co.uk>], [<http://www.proud Catholics.co.uk>], where you can find more information about the group. You may be interested to read our Constitution, linked from the home page, or to see the themes of our meetings over the past year, listed on the Meetings page.

### Minsteracres: The Walled Garden Open Morning.

Monday 31<sup>st</sup> May 11am-1pm. Explore the enchanting grounds of the Walled garden.

Come and see our exhibition in the Poly tunnel The Eco Community look forward to welcoming you.

### Minsteracres: Volunteers Wanted.

Set in 110 acres of beautiful woodland and parkland which offers peaceful surroundings and a place to recharge batteries for those who most need our support after such challenging times we're re-opening and we're raring to go! If you would like to share your skills or learn new ones, meet new people or simply help us provide our unique service please check us out at [www.minsteracres.org](http://www.minsteracres.org) or email: [info@minsteracres.org](mailto:info@minsteracres.org) for more information.

### QR Code

This week's QR Code is an exploration of what we mean by the Holy Spirit.

Clip can also be found at:

<https://www.youtube.com/watch?v=oNNZO9i1Gjc>



### Continuing the Journey

Some people may feel that they would like to pause and reflect at the end of their RCIA journey, whilst others may be asking what next after RCIA? For anyone who has completed an RCIA programme, we are offering an opportunity to continue the process of learning and sharing the Faith, using video and

group discussion, through five online Zoom sessions in June/July. These will take place on Wednesdays at 7.00 pm beginning on June 30<sup>th</sup>, followed by July 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> and 28<sup>th</sup>. Each session will last for one hour. Please register at <https://forms.office.com/r/LMPReCA8nK> or contact Faith & Mission by email at [adminfaith.mission@diocesehn.org.uk](mailto:adminfaith.mission@diocesehn.org.uk)

### Pastoral Care in the Parish

The Pastoral Care group has two parishioners who have recently taken part in the diocesan enhanced listening skills. Another member of the group is also a trained bereavement counsellor.

I am aware that in recent months we have had a lot of deaths and also that the struggles of lockdown have not been easy for many people. So, if you want to talk to people who are willing to listen, please know you are not on your own and let me know you would appreciate the opportunity to talk.

I am also aware that elsewhere in the Partnership, at Our Lady Star of the Sea Parish, there is a 'Consolation Team'. I have asked a member of that group to address our Pastoral Care Group on Tuesday 8<sup>th</sup> June at 7pm. If anyone is interested in the work of this group, please let me know. This is an area of ministry I sense needs to be developed within the parish.

Finally, it was agreed that a member of the Pastoral Care group, Lou Laggan, would offer a session on 'Stress Management'. Please see details below.

### Pastoral Care: Dealing with Stress

A zoom session on how to respond to stress is going to be provided, at no cost, by Lou Laggan, a professional Mindset Coach & Trainer. **Date: 5<sup>th</sup> June Time: 10am – 12.30pm**  
**Location: Zoom**

All the parish is welcome to join this interactive learning to help you manage stress. By the end of the session you will:

- Understand the Difference Between Good & Bad Stress
- Understand the Full Impact Of Stress
- Have Identified Your Main Causes of Stress
- Be Equipped With A Range Of Practical Strategies To Reduce & Manage Stress

Lou's events are always participative, fun and engaging; find out what others have thought of them here:

<https://loulaggancoaching.co.uk/testimonials/>

Places are limited so booking is essential. Please contact Lou via email if you have any questions about the masterclass and to book

your place. [Lou@LouLagganCoaching.co.uk](mailto:Lou@LouLagganCoaching.co.uk)

### COVID-19 (Coronavirus) Pandemic – Church Response:

#### Do you need to speak to someone for support?:

For those who are seeking a Priest with whom they can speak at this time, could you please contact the Parish Priest at your local Church. For this parish it is 0191 2575801.

Dedicated counsellors and listeners are also available at the Cathedral Listening Service on 0191 232 6953 and on the Northumberland Listening Service on 07732 980740.

### Community Organising and Prayer

I am also aware that as we engage with other groups in Civic Society, it is important that all that we do is rooted in our relationship with God. It is crucial that we are inspired by Gospel Values. That is why I would like to have 'Praying Citizens' in the parish. I appreciate for some, that due to health reason, shielding or shortage of time, being involved with training and campaigns, will not be possible. However, if you are willing to make a commitment in prayer, that will be very important to ensure that in all our work with Tyne and Wear Citizens, is flowing out of the dynamic interactive love and action of the Trinity.

### National Rosary Relay Rally – Sunday, 30<sup>th</sup> May

Pray the Rosary from wherever you are! Many Bishops are leading their Rosary Hour and you will find information locally. We will post the links we have on the hour of the Walsingham Blog and Rosary on the Coast Facebook pages. <https://www.facebook.com/rosaryonthecoast/>  
<https://www.facebook.com/WalsinghamBlog>

### Rosary group

"When two or three are gathered in my name..." All welcome to join a small group of parishioners praying the Rosary each week over Zoom.

**Day: Thursday - Time: 2pm to 2:40pm**

During this year of St Joseph the group is sharing on the document issued by Pope Francis. Link to Pope Francis document: [https://www.youtube.com/watch?v=TzU-K\\_PrL7s](https://www.youtube.com/watch?v=TzU-K_PrL7s)  
For more information contact Nestah Masiwa at: [nehmasiwa@yahoo.com](mailto:nehmasiwa@yahoo.com) or Ruth Corless on +44 7752 009361.

### Financial Offerings

I am very grateful to parishioners who have either posted envelopes or offerings through the door. I am also aware that many of you are now making your contributions through standing orders and/or bacs transfer. Your continued support is much appreciated at a time when many are facing financial difficulties. A big thank-you.

If you would like to set up a standing order or make a transfer please see the details below.

Name: DHN North Shields St Cuthbert & St Joseph

Bank: HSBC

Sort code 40-34-45, account number 91146513