

**MASS READINGS**  
**FIFTH SUNDAY IN ORDINARY TIME (YEAR B)**  
**FIRST READING**

*Restlessly I fret till twilight falls.*

Job began to speak: Is not man's life on earth nothing more than pressed service, his time no better than hired drudgery? Like the slave, sighing for the shade, or the workman with no thought but his wages, months of delusion I have assigned to me, nothing for my own but nights of grief. Lying in bed I wonder, 'When will it be day?' Risen I think, 'How slowly evening comes!' Restlessly I fret till twilight falls. Swifter than a weaver's shuttle my days have passed, and vanished, leaving no hope behind. Remember that my life is but a breath, and that my eyes will never again see joy.

**Job 7:1-4. 6-7**

**Responsorial Psalm**

**Response: Praise the Lord who heals the broken-hearted.**

**Psalm 146**

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|---|---|
| <p>1. Praise the Lord for he is good;<br/>sing to our God for he is loving;<br/>to him our praise is due.</p>   | <p>2. The Lord builds up Jerusalem<br/>and brings back Israel's exiles,<br/>he heals the broken-hearted,<br/>he binds up all their wounds.<br/>He fixes the number of the stars;<br/>he calls each one by its name.</p> |
| <p>3. Our Lord is great and almighty;<br/>his wisdom can never be measured.<br/>The Lord raises the lowly;<br/>he humbles the wicked to the dust.</p> |   |

**SECOND READING**

*I should be punished if I did not preach the Gospel.*

**Corinthians 9:16-19. 22-23**

I do not boast of preaching the gospel, since it is a duty which has been laid on me; I should be punished if I did not preach it! If I had chosen this work myself, I might have been paid for it, but as I have not, it is a responsibility which has been put into my hands. Do you know what my reward is? It is this in my preaching, to be able to offer the Good News free, and not insist on the rights which the gospel gives me. So though I am not a slave of any man I have made myself the slave of everyone so as to win as many as I could. For the weak I made myself weak. I made myself all things to all men in order to save some at any cost; and I still do this, for the sake of the gospel, to have a share in its blessings.

**Alleluia**

Alleluia, Alleluia! I am the light of the world, says the Lord,  
anyone who follows me will have the light of life. Alleluia!

**GOSPEL**

*He cured many who were suffering from diseases of one kind or another.*

**Mark 1:29-39**

On leaving the synagogue, Jesus went with James and John straight to the house of Simon and Andrew. Now Simon's mother-in-law had gone to bed with fever, and they told him about her straightaway. He went to her, took her by the hand and helped her up. And the fever left her and she began to wait on them. That evening, after sunset, they brought to him all who were sick and those who were possessed by devils. The whole town came crowding round the door, and he cured many who were suffering from diseases of one kind or another; he also cast out many devils, but he would not allow them to speak, because they knew who he was. In the morning, long before dawn, he got up and left the house, and went off to a lonely place and prayed there. Simon and his companions set out in search of him, and when they found him they said, 'Everybody is looking for you.' He answered, 'Let us go elsewhere, to the neighbouring country towns, so that I can preach there too, because that is why I came.' And he went all through Galilee, preaching in their synagogues and casting out devils.

The Parish of Saint Cuthbert and Saint Joseph, North Shields		
<b>Saint Cuthbert Catholic Church</b> Albion Road West North Shields	Tynemouth Priory Partnership 	<b>Saint Joseph Catholic Church</b> Wallsend Road North Shields
<b>Father Christopher Hughes, St Joseph's Church, Wallsend Road, Chirton, North Shields, NE29 7AA</b> ☎ (Tel) 0191 257 5801 / ☎ (Fax) 0191 259 2589 ✉ (Email) northshields.stjoseph@rcdhn.org.uk / northshields.stcuthbert@rcdhn.org.uk		
<b>Parish website information at: <a href="http://www.northtynesidecatholic.org.uk">http://www.northtynesidecatholic.org.uk</a></b> We are three Roman Catholic Parishes in the eastern half of the borough of North Tyneside, within the Diocese of Hexham and Newcastle. Our website gives an overview of our three parishes and seven churches, as well as mass times, and details of parish ministries and groups.		
<b>Partnership Telephone Numbers</b> Monsignor Andrew Faley ☎ 0191 252 8021 Father Martin Stempczyk ☎ 0191 251 3770 St Cuthbert's Church ☎ 0191 257 3408	<b>Partnership Telephone Numbers</b> Father John McElhone ☎ 0191 262 3820 Hospital Chaplaincy: Fr Stephen Watson ☎ 07815 702089 Father David Smith: ☎ 0191 262 3882	

6 <sup>th</sup> /7 <sup>th</sup> February 2021 – 5 <sup>th</sup> Sunday of the Year - B			
Masses, Devotions and Services			
		St Cuthbert's Church	St Joseph's Church
Saturday 6 <sup>th</sup> February	No congregation		No Mass
Sunday 7 <sup>th</sup> February 5 <sup>th</sup> Sunday of the Year - B		11:00am: Mass: Peter Hughes No Congregation - Live streaming	
Monday 8 <sup>th</sup> February		No Mass	
Tuesday 9 <sup>th</sup> February			12:15pm Requiem Mass for Helen Hodges
Wednesday 10 <sup>th</sup> February		9:30am: Mass: Ellen Hezelgrove No Congregation - Live streaming	
Thursday 11 <sup>th</sup> February			9:30am: Mass: No Congregation - Live streaming
Friday 12 <sup>th</sup> February		Attendance by prior booking	
Saturday 13 <sup>th</sup> February			5:30pm: Mass: With Congregation - TBC
Sunday 14 <sup>th</sup> February 6 <sup>th</sup> Sunday of the Year - B	11:00am: Mass: People of the Parish With Congregation – TBC		

Telephone booking system for Masses at St Cuthbert's Mass Booking line: 07506 176996 at the following times	
Tuesday	11am-1pm & 6pm-8pm
Wednesday	11am-1pm
Thursday	11am-1pm
Friday	11am-1pm

During Ordinary Time (Winter) we pray for all victims of the pandemic; Peace on Earth; Openness to God's Word; Christian Unity ;The Sick and those who Care for them; Victims of Trafficking and Those who Work to Combat it; the unemployed, We pray for all who are sick, including Patricia Conlon, Ros McGann, Father Richard Harriott, Gary James, Gerry Thirsk, Tom Wright, Mary Wood, Sarah Harrison, Fred Stimpson, Scott Oakley, Pat Skelly, Jean Slater, Frank Whillis, Alf McManus, Barbara & Tony Hicks 'Baby Stevie Dawn Roadment', Jim Campbell, Marilyn Redpath and John Hall.

Please pray for Ann Smith, Archbishop Philip Tartaglia, Mick Quinn, Dieter Neslon, Mary Crowe, Helen Hodges and all those who have died recently, and for those whose anniversaries occur at this time'.

### Re-opening of Churches

I discussed with the Parish Council my thoughts on the re-opening of Church. I noted that at the moment infection rates are falling and North Tyneside is half of the national average, so safer than 75% of England. If infection rates continue to fall and guidance from the Government and the Diocese has not changed I am minded to open Churches for the weekend of 12<sup>th</sup>/13<sup>th</sup>/14<sup>th</sup> February which is the weekend before Ash Wednesday with the hope that we can also have Masses for Ash Wednesday. Ashes will not be smeared on your forehead but sprinkled on top of the head.

I will make a decision next weekend. I am sure you will appreciate why we have to be so provisional at the moment.

### Lent

Ash Wednesday is February 17<sup>th</sup>. In discussions with the Liturgy group and Parish Council the following has been decided

Though we hope the Churches will be re-opened by then may of our activities will be offered on line. They include:

- A gathering on a Wednesday evening via Zoom where a parishioner will lead a time of prayer and reflection. Any volunteers will be appreciated
- Stations of the Cross will be celebrated on a Sunday afternoon in Lent at 4pm. There will be a mixed economy of pre-recorded Stations, Station via zoom and live events in Church but also live streamed
- Fr Chris will lead a day of Reflection for the Parish on Saturday 13<sup>th</sup> March via zoom from 10-2pm The theme will be: Covid a year on - God's call for us?

### Tyne and Wear Citizens

It was agreed that Fr Chris should sign up the parish at a cost of £1,200 per year which will be reviewed in a years time by the PPC. The PPC agreed this because...

- Pope Francis calls us to be there with those on the margins of society. Tyne and Wear Citizens look to develop people and groups which allows them to do their faith based work as citizens. In society it is money and government who have the power and T&W citizens develops relational power within civic society consisting of charities and church groups to enable a greater working together to respond to need at a grass roots level.
- It is a direction in which it was felt the parish could develop its mission and ministry and is a particular focus of the Parish Proclaimers.

- Pope Francis again states that to recover the dignity of people, we need to go to the margins of society. Such involvement leads us to be an invisible army for this pandemic.
- The training that membership brings allows us to focus our listening and respond in an informed way to need.
- Fr Chris has proposed that the Proclaimers group be the Core Group to support him and the parish in ensuring that we get the most from our membership. If anyone is interested is being involved please contact Fr Chris.

### Year of St Joseph

In his Apostolic Letter *Patris Corde* (With a Father's Heart), Pope Francis has proclaimed a special Year of St. Joseph, from the 8<sup>th</sup> December 2020 to 8<sup>th</sup> December 2021. The Letter marks the 150<sup>th</sup> anniversary of the declaration by Blessed Pope Pius IX of St. Joseph as Patron of the Universal Church.

There will be suitable celebrations in the diocese during the year. For more information and to download a copy of the Apostolic Letter please visit: <https://www.cbcew.org.uk/year-of-st-joseph/>.

As parish with St Joseph being one of our Patron we will seek to make the Two Feast Day we have for him March 19<sup>th</sup> and May 1<sup>st</sup> as special celebrations in the parish.

In his apostolic letter on St Joseph, Pope Francis highlights the following themes

- A beloved father
- A tender and loving father
- An obedient father
- An accepting father
- A creatively courageous father
- A working father
- A father in the shadows

To see the letter in full go to:

[http://www.vatican.va/content/francesco/en/apost\\_letters/documents/papa-francesco-lettera-ap\\_20201208\\_patris-corde.html](http://www.vatican.va/content/francesco/en/apost_letters/documents/papa-francesco-lettera-ap_20201208_patris-corde.html)

### Ask your MP to sign a parliamentary motion calling on the Government to introduce new guidance on fetal pain

A new parliamentary motion (EDM 1340) is calling on the Government to introduce new guidance on fetal pain. The evidence that babies can feel pain in the womb, and during many abortions, highlights the humanity of the unborn child and provides another important reason to introduce legislation to protect the unborn child from abortion.

Right To Life UK have set up an easy-to-use tool which makes it simple to contact your MP, and ask them to sign this motion calling on the Government to introduce new guidance on fetal pain. It only takes 30 seconds using this easy-to-use tool. This tool can be accessed by visiting the link below:

[www.righttolife.org.uk/FetalPainMotion](http://www.righttolife.org.uk/FetalPainMotion)

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### Racial Justice Sunday

Last Sunday, 31<sup>st</sup> January was Racial Justice Sunday.

The Catholic Association of Racial Justice (CARJ) has written the following reflection:

The theme is 'A Time to Act'. Racial issues and inequalities were identified nationally and internationally in 2020 generating awareness, emotion and outrage. In light of this Racial Justice Sunday 2021 is particularly significant. Action is needed to further the cause of racial justice but what can we do?

At the beginning of his public ministry Jesus outlines his Mission in the synagogue in Nazareth:

'He has sent me to bring the good news to the poor, to proclaim liberty to captives and to the blind new sight, to set the downtrodden free, to proclaim the Lord's year of favour'.

His ministry was one of compassionate involvement, concern for the disadvantaged. Aware of obstacles, including those of the Law, which limited joy and fulfilment Jesus acted. He confronted, sometimes angrily, what undermined a person's dignity. The theme of Racial Justice Sunday 2021 is A Time to Act. Racial issues and inequalities were identified nationally and internationally in 2020 generating awareness, emotion and outrage. In light of this Racial Justice Sunday 2021 is particularly significant. Action is needed.

Action is needed to further the cause of racial justice. What can we do? In recent years Pope Francis has repeatedly used four verbs encouraging positive and direct action in relation to migrants and refugees, 'Welcome, Protect, Promote and Integrate'. These same words are essential to advancing the cause of racial justice. None can be omitted; it is as necessary to have plans to Promote and Integrate as it is to Welcome.

### Diocesan Webinar on Racism

Last week I took part in a Webinar on Racism and what the diocese's response should be. I would be grateful for any BAME of our community to share their experience and suggestions as to how as a parish we can combat racism.

I am grateful to Conrad Massiwah who has shared a resource prepared by young Zimbabweans on racial justice for Racial Justice Sunday. It can be found at:

<https://www.cbcew.org.uk/home/events/racial-justice-sunday-2021/zimbabwean-catholic-youth-on-racial-justice/>

It is enlightening about the nature of racism and what is needed to address it

**The Revolution Is Only A Tea Shop Away:** *A family's odyssey through Thailand and Burma in search of justice, peace, and democracy for the people of Burma* by Tony Stokle

This book has recently been published. It is about a Catholic family from St Charles' Gosforth that have spent many summers supporting marginal groups in Burma. If the book is like the family, then it will be inspiring

**The Parish of St Cuthbert's and St Joseph's, North Shields What'sApp group: text your name and number to 07752009361 to be added to StCuthStJosNshields Group**

**Facebook: search - - The Parish of Saint Cuthbert and Saint Joseph, North Shields.**

**Website: www.northtynesidecatholic.org.uk**

**Parish office: 0191 257 3408**

**Please contact us for help needed or offered**

### Rosary group

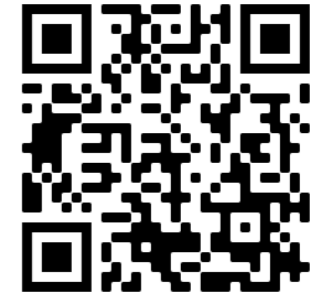
"When two or three are gathered in my name..." All welcome to join a small group of parishioners praying the Rosary each week over Zoom.

**Day: Thursday - Time: 2pm to 2:40pm.**

During this year of St Joseph the group is sharing on the document issued by Pope Francis. Link to Pope Francis document: [https://www.youtube.com/watch?v=TzU-K\\_PrL7s](https://www.youtube.com/watch?v=TzU-K_PrL7s)

For more information please contact via the Parish WhatsApp Group

**The QR code for reflection for this week is:**



A little saint sent to help us learn how to be close to God. Sometimes when we don't understand suffering.

<https://www.youtube.com/watch?v=CUDf1vhKxEs>

### Diocesan Refugee Project

This project re-opened on December 9<sup>th</sup>. It will be re-opening in new premises at St Vincent's, New Bridge Street, Newcastle. If you have any donations for the Refugee Project please leave at the back of St Joseph's or St Cuthbert's

Financial contributions are also very welcome too: Cheques to DH&N DESTITUTE ASYLUM FUND. Address: Refugee Project, 2 Summerhill Grove, Newcastle NE4 6EE. Bank transfers – HSBC Sort code: 40-34-18 Account number: 52854058.

### Financial Offerings

I am very grateful to parishioners who have either posted envelopes or offerings through the door. I am also aware that many of you are now making your contributions through standing orders and/or bacs transfer. Your continued support is much appreciated at a time when many are facing financial difficulties. A big thank-you.

If you would like to set up a standing order or make a transfer please see the details below.

**Name:** DHN North Shields St Cuthbert & St Joseph

**Bank:** HSBC

**Sort code** 40-34-45, account number 91146513

### COVID-19 (Coronavirus) Pandemic – Church Response:

**Do you need to speak to someone for support?:**

For those who are seeking a Priest with whom they can speak at this time, could you please contact the Parish Priest at your local Church. For this parish it is 0191 2575801.

Dedicated counsellors and listeners are also available at the Cathedral Listening Service on 0191 232 6953 and on the Northumberland Listening Service on 07732 980740.