LENT 2019

WEEK 3 24th March

Visit our website: www.wallsend-aidettes.co.uk and click the link on the front page to listen to a short daily Lenten reflection, or why not sign up for a three minute daily reflection delivered to your mobile device via: https://dynamiccatholic.com/best-lent-ever?

W/C 25th	St Aidan's	St Bernadette's		St Aidan's	St Bernadette's
Mon	No Mass	No Mass	Fri 9.30am	Special Intention (TK)	No Mass
Tues 10am	No Mass	Celebrants Intention	Fri 6.30pm	-	Stations of the Cross
	Funeral Mass:				
Wed 9.30am	Joe Flynn	No Mass	Sat	Open Church 10am—1pm	-
				10am Catherine & John	11.30am John & Rose
				Patton & Dcd Ferguson	Hughes & Rosemary
Thur 9.30am	No Mass	Celebrants Intention	Sunday	Family	Riley

St Aidan's Open Church/Garden 30th March 10am to 1pm Individual confession 10.30—11.30am

Does life seem to busy to take a break? Why not take the opportunity offered by our open church and garden to reconnect and experience the presence of God? Sunday Evening Discussion Groups St Aidan's 6.30pm:

Sunday 24th March: God and Rice Bowls in a new age

Sunday 31st March: Can a Woman be Catholic? Everyone welcome—please sign up.

Film Night
Saturday 30th March
5pm—children's film
7pm—a local film based on a
true life story of forgiveness!



Passover Meal
St Aidan's Parish Room
Tuesday 16th April 7pm
Tickets are limited—if you would like
one please sign up.

Half Day of Reflection

Saturday 6th April: The Man Born Blind St Aidan's Parish Room 10am—1pm Please sign up to book a place.

PLANNED GIVING ENVELOPE SETS NOW AVAILABLE AT THE BACK OF CHURCH. Soup Lunch
Each Friday during Lent
St Aidan's Parish Room
12 noon

2nd Battle Hill Guide Unit are organising a Bingo Night on Wednesday 3rd April at St Bernadette's Parish Centre from 7pm—9pm. Entry is £2 which includes 5 games and refreshments. All bingo prizes chocolate!!

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Our Lady and St Aidan & St Bernadette's Parish Communities

Parish Priest Fr John McElhone Resident Priest Fr Pat O'Connell www.wallsend-aidettes.co.uk



E Mail: staidans.parish@btconnect.com 0191 2623820

BE AWARE

OF OTHERS

At the end of your day, take time to thank God for all the graces you received during the day. Trust God.

fAST FROM WORRYING WALK HUMBLY

Make a list of ten things you are grateful for in your life.

BE MINDFUL Really try to understand other people and where they are coming from

> FAST FROM GOSSIP

> > Fast from criticizing others aloud or silently in your mind. Seek to understand instead.

"What does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?" Micah 6:8

Preaching the Word of God, the Prophet Micah calls on us to be humble and develop this frequently misunderstood virtue in our lives. It calls for believers in any setting (parents inc) to be inclusive, encourage people's best thinking, energise creative talents and recognise the importance of building trust. The genuinely humble person doesn't have all the answers but actively listens to learn. They also know their limitations! Does that sound like you?

This week we celebrate the Installation of Bishop Robert Byrne as our new Diocesan Bishop. Each parish has been allocated one ticket for entry to the Installation Mass on Monday at 12 noon. If you are interested in attending please put your name on the list at the back of church with your telephone number. A name will be drawn randomly and we will ring the person drawn to attend from each parish.



		MON	TUES	WED	THURS	FRI	SAT	SUNDAY	1	
	FOOD S	Sa-			Long			40 Day		
	BANK	voury	Tinned	Baby	life	Biscuits	Tinned	Treat Chal-		
く		Snack	meat	food	milk		vegetable	lenge		