### **LENT 2019**

## WEEK 2 17th March

Visit our website: <a href="www.wallsend-aidettes.co.uk">www.wallsend-aidettes.co.uk</a> and click the link on the front page to listen to a short daily Lenten reflection, or why not sign up for a three minute daily reflection delivered to your mobile device via: <a href="https://dynamiccatholic.com/best-lent-ever">https://dynamiccatholic.com/best-lent-ever</a>?

W/C 18th	St Aidan's	St Bernadette's		St Aidan's	St Bernadette's
Mon	No Mass	No Mass	Fri 9.30am	Robert T H Hill	No Mass
Tues 10am	No Mass	Pat & Alf Todd	Fri 6.30pm		Stations of the Cross
Wed 9.30am	Patrick Doherty	No Mass	Sat	Open church /gardens 10am to 1pm	
	·				11.30am
Thur 9.30am	No Mass	Celebrant's Intention	Sunday	10am	Dcd Duffy and Chilvers

St Aidan's Open Church/Garden Saturdays 23rd & 30th March 10am to 1pm Individual confession 10.30—11.30am

Does life seem to busy to take a break? Why not take the opportunity offered by our open church and garden to reconnect and experience the presence of God?

#### Half Days of Reflection

Saturday 6th April: Content TBC St Aidan's Parish Room 10am—1pm

Please sign up to book a place.

Everyone is welcome!

These sessions with their time of quiet prayer may not appeal to everyone but this shouldn't stop you reading and learning. Choose a book that you couldn't have written yourself!!



Visit the Social Justice page on our website: www.wallsend-aidettes.co.uk to find out more about what a variety of charities are campaigning for this Lent. You can find up to date information on CAFOD, Christian Aid, 38 Degrees, Fairtrade Foundation and more.

#### Sunday Evening Discussion Groups St Aidan's 6.30pm:

Sunday 24th March: God and Rice Bowls in a new age

Sunday 31st March: Can a Woman be Catholic? Everyone welcome—please sign up.

Passover Meal
St Aidan's Parish Room
Tuesday 16th April 7pm
Last year our celebration of Passover was moving,
educational and thought provoking.
Tickets are limited—if you would like one please
sign up.



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# Our Lady and St Aidan & St Bernadette's Parish Communities

Parish Priest Fr John McElhone Resident Priest Fr Pat O'Connell www.wallsend-aidettes.co.uk



E Mail: staidans.parish@btconnect.com 0191 2623820

Pick up a jar at the back of church and fill it with your small change throughout Lent.

Put time aside in your diary to attend a soup lunch

Freecycle

Use St Aidan's Freecycle Board to recycle an item that might otherwise have gone to landfill. It could help someone else!

CAFOD Family Fast Day

Do Kindness

Foregive

Speak less and listen more. Give others the gift of your undivided attention

Be Present Be willing to seek forgiveness from people you have hurt and forgive those that have hurt you.

"What does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?" Micah 6:8

How are you responding to the challenge to Be the Best You Can Be this Lent? What positive changes were you able to make? Did you DO JUSTICE LAST WEEK.?

In our second week we are focusing upon our ability to DO KINDNESS! There are some ideas on the newsletter, please use your quiet reflection time this week to 'LOVE KINDNESS'.

Film Night
Saturday 30th March
5pm—children's film
7pm—a local film based on a
true life story of forgiveness!

Soup Lunch
Each Friday during Lent

St Aidan's Parish Room
12 noon

JV V	MON	TUES	WED	THURS	FRI	SAT	SUNDAY	$\mathbb{Q}/\mathbb{Y}$	
FOOD BANK	Mens 'toilet- ries	Soup	Pasta	Ladies toilet- ries	Tuna	Tea or Coffee	Treat	40 Day Chal- lenge	3