

IMASS READINGS
NINETEENTH SUNDAY IN ORDINARY TIME (YEAR B)

FIRST READING
Strengthened by the food he walked until he reached the mountain of God.

Kings 19:4-8

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'O Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

Responsorial Psalm
Response: Taste and see that the Lord is good.

Psalm 33

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| <p>1. I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad.</p> | <p>2. Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free.</p> |
| <p>3. Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress.</p> | <p>4. The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him.</p> |

SECOND READING
Follow Christ by loving as he loved you.

Ephesians 4:30-5:2

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try, then, to imitate God as children of his that he loves and follow Christ loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

Gospel Acclamation
**Alleluia, alleluia! If anyone loves me he will love keep my word,
and my Father will love him, and we shall come to him. Alleluia!**


GOSPEL
I am the living bread which has come down from heaven.

John 6:41-51

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. 'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. 'I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

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<p>Saint Cuthbert Catholic Church Albion Road West North Shields</p>	<p>Tynemouth Priory Partnership</p> 	<p>Saint Joseph Catholic Church Wallsend Road North Shields</p>
<p>Father Christopher Hughes, St Joseph's Church, Wallsend Road, Chirton, North Shields, NE29 7AA ☎ (Tel) 0191 257 5801 / ☎ (Fax) 0191 259 2589 ✉ (Email) northshields.stjoseph@rcdhn.org.uk / northshields.stcuthbert@rcdhn.org.uk</p>		
<p>Parish website information at: http://www.northtynesidecatholic.org.uk/ We are three Roman Catholic Parishes in the eastern half of the borough of North Tyneside, within the Diocese of Hexham and Newcastle. Our website gives an overview of our three parishes and seven churches, as well as mass times, and details of parish ministries and groups.</p>		
<p>Partnership Telephone Numbers Monsignor Andrew Faley ☎ 0191 252 8021 Father Martin Stempczyk ☎ 0191 251 3770 St Cuthbert's Church ☎ 0191 257 3408</p>	<p>Partnership Telephone Numbers Father John McElhone ☎ 0191 262 3820 Hospital Chaplaincy: Fr Stephen Watson ☎ 07768 3873931</p>	

Sunday, 12 th August 2018 – 19 th Sunday of Ordinary Time - B		
Masses, Devotions and Services		
	St Cuthbert's Church	St Joseph's Church
Saturday 11 th August		9:30am: Mass: 4:45-5:15pm: Confessions 5:30pm: Mass: Gloria Gascon
Sunday 12 th August 19 th Sunday of Ordinary Time	11:00am Mass: Herbert Watson	
Monday 13 th August	9:00am: Adoration of Blessed Sacrament 9:30am: Word & Communion	
Tuesday 14 th August		9:30am Mass:
Wednesday 15 th August	Feast of the Assumption 7.00pm Mass: Deborah Magin	Feast of the Assumption 9.30am Mass: Ann Wilson
Thursday 16 th August	9.30am Requiem Mass for Rida Gurskyte	
Friday 17 th August	9:00am: Adoration of Blessed Sacrament 9:30am: Word & Communion	
Saturday 18 th August		9:30am: Mass: 4:45-5:15pm: Confessions 5:30pm: Mass: Ann Wilson
Sunday 19 th August 20 th Sunday of Ordinary Time	11:00am Mass: Lillian & Gus Shotton	

Bidding Prayers and our Partnership

We seek the intercession of our parish saints and pray:

Holy Mary, Mother of God.	Pray for us
St Joseph	Pray for us
St Columba	Pray for us
St Aidan	Pray for us
St Oswin	Pray for us
St Cuthbert	Pray for us
St Edmund	Pray for us
St Edward	Pray for us
St Bernadette	Pray for us
Lord, in your mercy	Hear our prayer

Please pray for ... A Deeper Understanding between Christians and Jews: Those who Suffer Persecution; Oppression and Denial of Human Rights; Europe, Human Life and Seafarers. For Paul Welsh, Kathleen Bolger and Rida Gurskyte who Have died recently. Those who are sick: please pray for all who are sick, for all who are in hospital, hospice or nursing homes, including Jackie Kelly, Patricia Conlon, Father Bill Bellamy, Ros McGann, Father Richard Harriott, Gary James, Catherine West, Dorothy Rutherford, Gerry Thirsk, Tom Wright, Florence Redpath, Mary Wood, Chandra, Kay Butler, Sarah Harrison, Lena Armbuster, Scott Oakley, Pat Skelly, Jean Slater, Katie McVay, Elizabeth and Frank Whillis. Please pray for all those who have died recently and for those whose anniversaries are at this time.

Feast of the Assumption

This Wednesday is the Holyday of the Feast of the Assumption. Masses for the Feast Day are:
9.30am St Joseph's
7.00pm St Cuthbert's

Baptism

This Sunday at St Joseph's at 1.00pm we have the baptism of Albie Cyril Lee Carn and on Saturday the 18th of August also at St Joseph's we have the baptism of Baxton Lee Reid. We pray for Albie and Baxton and their respective families

Journey of Faith

Fr Chris has already had interest in the Journey of Faith Programme for the autumn. If you or you know of someone who may be interested please contact Fr Chris

Trip to Holy Island

This is on September 1st. The group will be part of the CAFOD pilgrimage to Holy Island taking part that day. Please sign one of the lists in the respective porches. To encourage people to come, the minimum cost is £1.

Request regarding Car Parking

Fr Chris has been asked to request that people park their cars within the lines since car parking is at a premium and people do not want to damage yours cars trying to get in and out of their vehicle. It is also important at St Joseph's that wheelchair access to the path is possible, so please do not park in front of that path

Mass Intentions

Fr Chris would like to apologise for some confusion regarding Mass offerings. Your Mass offering will be said at the Church you had put the offering in and not the Mass time. Sorry for any inconvenience. Mass Intentions for the following week-end are always mentioned in the newsletter. If the Mass you had asked for is not stated, please contact Fr Chris

Training and Formation in the Diocese.

The diocese has recently announced various training and formation events. Please see below and please contact Fr Chris if you are interested in these events

Day of Reflection for All Ministers "Serve the Lord with Gladness" – Led by Fr. Andrew Downie
Ushaw College, Durham DH7 7DW (Sat Nav postcode)
Saturday 29th September 2018 – 10.30am – 3.30pm Cost £7.50 – includes a light lunch.

Day of Reflection for Lay Leaders

Gather my People" – Led by Fr. Michael McCoy, St. Hilda's Resource Centre, St. Cuthbert House, 391 West Road, Newcastle, NE15 7PY, Saturday 3rd November 2018 – 10.30 am – 3.30pm Cost £5.00 – Please bring a packed lunch.

Day of Reflection and ongoing formation for Funeral Assistants

"In Sure and Certain Hope" – Led by Joe James, St. Hilda's Resource Centre, St. Cuthbert House, 391 West Road, Newcastle, NE15 7PY, Saturday 26th January 2019 – 10.30 am – 3.30pm. Cost £5.00 – Please bring a packed lunch.

New Extraordinary Ministers of Holy Communion

St. Thomas Aquinas, North Road, Darlington, DL1 2PU
Tuesday 11th, 18th September 2018 7.00pm-9.00pm and Saturday 22nd September 2018 10.30am –3.00pm followed by Commissioning Mass at 3.00pm Cost £15.00

St. Mary, Hencotes Hexham NE46 2EB. Thursday 27th September, 4th October, Saturday 13th October 2018 10.30am – 3.00pm followed by 7.00pm-9.00pm and Commissioning Mass at 3.00pm Cost £15.00

St. Joseph Parish Hall, Walker Terrace, Gateshead NE8 1LX.
Wednesday 7th, 14th November 2018 7.00pm-9.00pm and Saturday 17th November 2018 10.30am – 3.00pm followed by Commissioning Mass at 3.00pm Cost £15.00

New Lay Leaders of Celebrations in the absence of a Priest

St. Hilda's Resource Centre, St. Cuthbert House, 391 West Road Newcastle, NE15 7PY
Monday 1st October, 8th, 15th, 22nd, 29th October 2018 7.00pm-9.00pm and
Saturday 27th October 2018 10.30am – 3.30pm and Commissioning Mass Monday 5th November 7.00pm Cost £25.00

Readers Training

St. Aloysius, Prince Consort Road, Hebburn, NE31 1BE
Monday 19th November 2018 7.00pm – 9.00pm and Saturday 24th November 2018 10.30am 3.30pm followed by Commissioning Service at 3.30pm Cost £7.50

New Sacristans

St. Bede's Hall, Chapel Road, Jarrow NE32 3LX
Tuesday 27th November 2018 10.00am-3.30pm includes Commissioning Mass at 12:15pm Cost £7.50

Vacancies at St Joseph's Home, Newcastle (Little Sisters of the Poor)

Care Assistants Required- 30-31.5 Hours per week, Shifts are 8am-3pm, 3pm-9pm
Registered Nurse Required- 37.5 Hours per week, Shifts are 8am-4pm, 1pm-9pm
2 References and an enhanced DBS check required. For more information please contact Caroline Suttle on 0191 273 1279 or email: pers.newcastle@lsplondon.co.uk

Memory Walk

The Whitley Walk to raise funds for the Alzheimer's Society will take place on September 1st, starting at 10.00am at St Anne's Care Home, Whitley Bay, walking to St Mary's Lighthouse and back. For more information: E: WhitleyWalk@outlook.com, F: Whitley Bay Memory Walk T: 07715524363

Further Reflections on Laudato Si

Having explored possible communal responses to Laudato Si. I would like this week to explore possible personal responses to the document. Any comments would be most appreciated. Here are a number of areas Pope Francis to reflect on

A Suitable Lifestyle

Living a life that is committed to this vision of integral ecology demands a personal conversion. Pope Francis invites us all to look at our lifestyles. He is concerned with our obsession with a consumerist lifestyle, above all when only a few people are capable of maintaining it. He believes this can only lead to violence and mutual destruction. In order to avoid this mind-set we can commit to the following:

- Buy what we genuinely need and not get caught up in "a whirlwind of needless buying and spending".
 - Consider consuming less, making a conscious decision to donate the money saved to charities for the relief of poverty and care of the environment, including CAFOD.
 - Consider investing some of our savings in organisations like Newcastle-based Shared Interest [9]
 - Purchasing, as far as possible, items that are ethically resourced and fairly traded.
 - Purchasing items organically grown and locally produced.
 - Consuming less energy and fuel including by recycling waste. Purchasing our energy from green providers.
 - Eating less meat. Reducing our consumption of meat will help reduce the levels of methane (a greenhouse gas) produced by cattle that also eat grain that could be directed to human consumption.
 - Using our car less and increasing our use of public transport.
 - Using less water.
- #### Educating Ourselves
- Learn more about Catholic Social Teaching
 - Learn more about the state of the world and environment;
 - Take time to reflect on the significance of what we learn in relation to Gospel values;
 - Appreciate the beauty of the earth.

Living out a Spirituality of peace, justice and ecology

Francis calls us to live a life of humility and simplicity where 'less is more'. Even when living on a little we can live a lot, above all when we 'cultivate other pleasures and find satisfaction in fraternal encounters, in service, in developing their gifts, in music and art, in contact with nature, in prayer'. This inner conversion is important if we are to hear and respond to the cries of the poor and the earth. We are called to reflect on how the resources we are blessed with such as our time, gifts, and finances can be used for the Common Good of all God's creation.

Pastoral Care for the Bereaved

We have a group of parishioners who are willing to spend time with anyone who has suffered the death of a loved one. They can be contacted on the Pastoral Carers phone line on: 07526080729

Diocesan Vacancies

The Diocese of Hexham and Newcastle has the following vacancies:
Property Review Co-ordinator, full-time, 18 month fixed term contract. Closing date: 26 August.
Property Surveyor, full-time, initial 3 month temporary contract. Closing date: 16 August.
For further information and details of how to apply please visit our website www.rcdhn.org.uk or contact us on 0191 243 3301, email human.resources@diocesehn.org.uk

Partnership Conference on Discipleship

Partnership Conference on 15 September 2018. This final version takes account of feedback at the recent meeting of Partnership Deans and Partnership Chairs and has been endorsed by the Diocesan Implementation Group. I hope you will share this information with your Partnership Development Group and encourage participation. The conference aims to network people who are taking a lead in certain ministry areas, for example 'young people' or 'spirituality'.
Book Online: www.partnershipconference2018.eventbrite.co.uk
Email: adult.formation@diocesehn.org.uk
Phone: 0191 2433316
The booking deadline is the 5th September 2018. The deadline for bookings is the 5th September 2018 to ensure all are catered for. If you would like paper copies of the leaflet posted out to you please get in touch with Amy McDonagh on adult.formation@diocesehn.org.uk. I hope to see you at the conference.

A Christian Meditation group

Is held every Monday at 6pm in the parish centre of Church of The Holy Saviour, Tynemouth. The meditation sessions follow the teachings of John Maine OSB and Laurence Freeman OSB. A warm welcome is extended to anyone who wishes to join us in Christian meditation. Information can be found on wccm.org The World Community of Christian Meditation.

The Catholic Certificate in Religious Studies

This is managed and awarded by the Board of Religious Studies on behalf of the Bishops' Conference of England and Wales. The programme seeks to ensure that participants have a basic understanding of the central beliefs of the Catholic faith. This programme is available for catechists, lay leaders and other adults wishing to deepen their understanding of the Catholic faith and Catholic education, serving teachers in Catholic and other schools, and teachers in training preparing to take up posts in Catholic schools. The CCRS course programme is now available for 2018-2019 and can be accessed on the Diocesan website at www.edurcdhn.org.uk/courses/courses_ccrs.php
A free CCRS information evening will be held at St Cuthbert's House, West Road, Newcastle upon Tyne, NE15 7PY on Monday 10 September 2018 from 5.00pm-6.30pm. If you would like to attend this or would like further information, please contact the Diocesan Department for Education on 0191 243 3313 or email education@diocesehn.org.uk

Job Vacancies

The SVP is seeking to recruit a Young Vincentians Programme Manager, and a Mini Vinnies Officer as part of the expansion of our youth programme.
Young Vincentians Programme Manager: £30k pa; full time permanent contract. Closing date: 15:00 on Thursday 23rd August 2018. Interviews: Thursday 30th August 2018. Start date: ASAP.
Mini Vinnies Officer: £23k pro rata; 2 days/wk; one year contract. Closing date: 10:00 Monday 20th August 2018. Interviews: Friday 24th August. Start date: ASAP.
Both roles based at national office. For more details & application pack, please visit the vacancies section of the SVP website: <https://www.svp.org.uk/>.