

FIRST READING*Give us water to drink.*

Tormented by thirst, the people complained against Moses. 'Why did you bring us out of Egypt?' they said. 'Was it so that I should die of thirst, my children too, and my cattle?' Moses appealed to the Lord. 'How am I to deal with this people?' he said. 'A little more and they will stone me!' the Lord said to Moses, 'Take with you some of the elders of Israel and move on to the forefront of the people; take in your hand the staff with which you struck the river, and go. I shall be standing before you there on the rock, at Horeb. You must strike the rock, and water will flow from it for the people to drink.' This is what Moses did, in the sight of the elders of Israel. The place was named Massah and Meribah because of the grumbling of the sons of Israel and because they put the Lord to the test by saying, 'Is the Lord with us, or not?'

Exodus 17:3-7**Responsorial Psalm**Response: *O that today you would listen to him voice: 'Harden not your hearts.'***Psalm 94**

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| <p>1. Come, ring out our joy to the Lord;
hail the rock who saves us.
Let us come before him, giving thanks,
with songs let us hail the Lord.</p> | <p>2. Come in; let us bow and bend low;
let us kneel before that God who made us
for he is our God and we
the people who belong to his pasture,
the flock that is led by his hand.</p> |
| <p>3. O that today you would listen to his voice!
'Harden not your hearts as at Meribah,
as on that day at Massah in the desert
when your fathers put me to the test;
when they tried me, though they saw my work.'</p> | |

SECOND READING*The love of God has been poured into our hearts by the Holy Spirit which has been given us.***Romans 5:1-2. 5-8**

Through our Lord Jesus Christ, by faith we are judged righteous and at peace with God, since it is by faith and through Jesus that we have entered this state of grace in which we can boast about looking forward to God's glory. And this hope is not deceptive, because the love of God has been poured into our hearts by the Holy Spirit which has been given us. We were still helpless when at his appointed moment Christ died for sinful men. It is not easy to die even for a good man – though of course for someone really worthy, a man might be prepared to die – but what proves that God loves us is that Christ died for us while we were still sinners.

Gospel Acclamation

Glory to you, O Christ, you are the Word of God! Lord, you are really the saviour of the world;
give me the living water, so that I may never get thirsty. Glory to you, O Christ, you are the Word of God!

GOSPEL*A spring welling up to eternal life.***John 4:5-42**

Jesus came to the Samaritan town called Sychar, near the land that Jacob gave to his son Joseph. Jacob's well is there and Jesus, tired by the journey, sat straight down by the well. It was about the sixth hour. When a Samaritan woman came to draw water, Jesus said to her, 'Give me a drink.' His disciples had gone into the town to buy food. The Samaritan woman said to him, 'What? You are a Jew and you ask me, a Samaritan, for a drink?' – Jews, in fact, do not associate with Samaritans. Jesus replied: 'If you only knew what God is offering and who it is that is saying to you: Give me a drink, you would have been the one to ask, and he would have given you living water.' 'You have no bucket, sir,' she answered 'and the well is deep: how could you get this living water? Are you a greater man than our father Jacob who gave us this well and drank from it himself with his sons and his cattle?' Jesus replied: 'Whoever drinks this water will get thirsty again; but anyone who drinks the water that I shall give will never be thirsty again: the water that I shall give will turn into a spring inside him, welling up to eternal life.' 'Sir,' said the woman 'give me some of that water, so that I may never get thirsty and never have to come here again to draw water.' 'Go and call your husband' said Jesus to her 'and come back here.' The woman answered, 'I have no husband.' He said to her, 'You are right to say, "I have no husband"; for although you have had five, the one you have now is not your husband. You spoke the truth there.' 'I see you are a prophet, sir' said the woman. 'Our fathers worshipped on this mountain, while you say that Jerusalem is the place where one ought to worship.' Jesus said: 'Believe me, woman, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we do know: for salvation comes from the Jews. But the hour will come – in fact it is here already – when true worshippers will worship the Father in spirit and truth: that is the kind of worshiper the Father wants. God is spirit, and those who worship must worship in spirit and truth.' The woman said to him, 'I know that Messiah – that is, Christ – is coming; and when he comes he will tell us everything.' 'I who am speaking to you,' said Jesus 'I am he.' At this point his disciples returned, and were surprised to find him speaking to a woman, though none of them asked, 'What do you want from her?' or, 'Why are you talking to her?' The woman put down her water jar and hurried back to the town to tell the people. 'Come and see a man who has told me everything I ever did; I wonder if he is the Christ?' This brought people out of the town and they started walking towards him. Meanwhile, the disciples were urging him, 'Rabbi, do have something to eat; but he said, 'I have food to eat that you do not know about.' So the disciples asked one another, 'Has someone been bringing him food?' But Jesus said: 'My food is to do the will of the one who sent me, and to complete his work. Have you not got a saying: Four months and then the harvest? Well, I tell you: Look around you, look at the fields; already they are white, ready for harvest! Already the reaper is being paid his wages, already he is bringing in the grain for eternal life, and thus sower and reaper rejoice together. For here the proverb holds good: one sows, another reaps; I sent you to reap a harvest you had not worked for. Others worked for it; and you have come into the rewards of their trouble.' Many Samaritans of that town had believed in him on the strength of the woman's testimony when she said, 'He told me all I have ever done', so, when the Samaritans came up to him, they begged him to stay with them. He stayed for two days, and when he spoke to them many more came to believe; and they said to the woman, 'Now we no longer believe because of what you told us; we have heard him ourselves and we know that he really is the saviour of the world.'

The Parish of Saint Cuthbert and Saint Joseph, North Shields

Saint Cuthbert Catholic Church
*Albion Road West
North Shields*



Saint Joseph Catholic Church
*Wallsend Road
North Shields*

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Hospital Chaplaincy: Fr Stephen Watson ☎ 07768 3873931

Sunday, 19th March 2017 – 3rd Sunday of Lent - Year A**Masses, Devotions and Services**

		St Cuthbert's Church	St Joseph's Church
Saturday	18 th March	4:45-5:15pm: Confessions 5.30pm Mass: Annie Young	9:30am Mass:
Sunday	19 th March 3 rd Sunday of Lent	11:00am Mass: Herbert Watson 4:00pm Stations of the Cross	9:25am The Angelus 9:30am Mass: Joan & Herbert Redpath
Monday	20 th March	9:00am Adoration of Blessed Sacrament 9:30am Mass: St Cuthbert	
Tuesday	21 st March		9:00am: Adoration of Blessed Sacrament 9:30am Mass: St Joseph
Wednesday	22 nd March	9:00am Adoration of Blessed Sacrament 9:30am Mass: Bernard & Anna Teresa Hearn	
Thursday	23 rd March		9:00am: Adoration of Blessed Sacrament 9:30am Mass:
Friday	24 th March	9:00am Adoration of Blessed Sacrament 9:30am Mass: Margaret & David Howells	7:00pm Mass:
Saturday	25 th March Annunciation	4:45-5:15pm: Confessions 5.30pm Mass: Ellen Hazelgrave	9:30am Mass:
Sunday	26 th March 4 th Sunday of Lent	11:00am Mass:	9:25am The Angelus 9:30am Mass: 4:00pm Stations of the Cross

Forward Together In Hope

Glory be to the Father – in whom we live and move and have our being.

Glory be to the Son – whose name we bear and who calls each of us to be his disciples; to build his Kingdom and to go out into the world and bear its fruit.

Glory be to the Holy Spirit – pouring out grace and guidance, forming us and renewing us. Inspire us all in the diocese of Hexham and Newcastle to live the Gospel, to be open to change and to move forward together in hope.

Parish Mission Statement*"You send forth your spirit they are created, and you renew the face of the earth." (Psalm 104)*

We are a community who meet Jesus in His words and in His Sacraments.

Filled then, with the Holy Spirit, we seek to build a community of faith, hope, love and hospitality.

As the Gospel is proclaimed, celebrated and lived out in our daily lives, we are sent out to renew the face of the earth

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Lent 2017

Lenten Course

This week we will be starting our Lenten Course, called 'Sharing our Gifts'. We will be exploring the variety of ministries that are needed for a community to be a flourishing parish. I am delighted that all the input will be led by parishioners which shows the depth and range of gifts we have. The talks will be taking place at St Cuthbert's and will start at 7.00pm.

March 22nd Prayer and Worship - Barbara Davies
March 29th Formation and Teaching - Tim O'Grady
April 5th Administration - David Leane & Sheila Hall
April 12th Seeking Justice and Social Outreach - Peter Quinn and Fr Chris.

This week we will start with a reflection on the importance of prayer and worship in the life of the parish. This will be led by Barbara Davies who is the current Chair of the parish Prayer, Worship and Formation Group. As witnessed through the Festival of Prayer this group has creative and interesting initiatives to help us as a community to develop our prayer and spiritual life.

Fr Chris hopes the variety of issues will show the diversity of parish ministry but all aspects are needed and we are all called to reflect on how we can contribute to this variety of ministries.

Worship in Lent

Every Sunday will have Stations of the Cross at 4.00pm. This week Stations will be at St Cuthbert's. There will be an evening Mass on a Friday evening at 7.00pm, until April 7th at St Joseph's.

Day of Recollection

This will be at the Franciscan Friary on Saturday April 1st. There are plenty of spaces available. If you want space for peace and reflection, this is just the place to do it.

Collections

12th March 2017 - £842.71
Cafod - £510.67

Patronal Feasts

During this coming week our parish celebrates our two patrons. To ensure that we celebrate our patron in their respective Churches, we will celebrate St Cuthbert at St Cuthbert's on Monday at the 9.30 Mass and St Joseph at St Joseph's on Tuesday at the 9.30 Mass

CAFOD Family Fast Day

Please give any CAFOD envelopes in as soon as possible

Please pray for ... A Deeper Understanding between Christians and Jews: Those who Suffer Persecution; Oppression and Denial of Human Rights; Europe, Human Life and Seafarers. Those who are sick: please pray for all who are sick, for all who are in hospital, hospice or nursing homes, including Jackie Kelly, Joseph Ackerley, Patricia Conlon, Betty Hill, Mel Mitchell, Audrey Lewis, Father Michael Marr, Father Bill Bellamy, Father Leo Coughlin, Ros McGann, Father Richard Harriott, Gary James, Catherine West, Dorothy Rutherford, Nancy Healy, Gerry Thirsk, Tom Wright, Florence Redpath, Mary Wood, Chandra, Debbie Megan, Kay Butler, Sarah Harrison, Fred Stimpson, Lena Armbuster, baby Eliana Carter and David McManus. We pray for all those who have died recently and those whose anniversaries are at this time.

Parish Council

The next meeting of the Parish council will be next Monday March 27th at St Cuthbert's. Apologies for having to arrange a new date and for any inconvenience

Sleep Easy, Friday 17th March

In the car park this Friday at St Cuthbert's from 7pm-7am. Boxes will be provided! Please bring sleeping bags, warm clothing etc. Taking part will cost £1. If you're not able to sleep out then please consider sponsoring Ian Pearson who is taking part. For more information please see www.ymcnorthtyneside.org and see the Sleep Easy information. Or speak to Ian Pearson

Job Vacancy in Hospital Chaplaincy

A part time Catholic Chaplaincy post for Durham & Darlington NHS Trust is advertised on NHS Jobs: www.jobs.nhs.uk
Enter the job reference: 439-AEC-13393-1.

Tyneside Circle Newman Association

Next talk: "Never Judge a Book by its Cover: Looking deeper into The Lindisfarne Gospels" by Maria Charlton at St Mary's RC Church Hall, Farringdon Road, Cullercoats NE30 3EY at 7.30 Wednesday 29 March. All welcome. A.G.M at 7.00

CAFOD'S Gap Year

There is still time to apply to CAFOD's gap year programme, including a new placement at Leeds Trinity University. For anyone aged 18 – 30: an opportunity to volunteer in the UK, gain experience, develop leadership skills and visit CAFOD partners overseas. Visit www.cafod.org.uk/Education/CAFOD-Gap-year or call Catherine / Lucy on 0207 095 5308. The speaker we had from CAFOD last week, Brigid Duffy, is one of those taking part in this Gap programme. Fr Chris thinks this is a great opportunity for a young adult to broaden her or his horizons, learn more about the developed world and to grow in faith and maturity.

Have you a spare bike?

Thank you to all who offered bikes. The refugee has now a bike.

The Diocesan Refugee Project

In his role as Chair of the Diocesan Justice and Project, Fr Chris went to visit the Diocesan Refugee Service which is based at the Diocesan Centre of the Deaf, in Summer Hill Grove, Newcastle. The project is helping over three hundred refugees, many of whom are officially destitute. The refugee service provides a bag of basic foodstuffs, a small financial donation and the opportunity to obtain clothes. It was inspiring to see how the generosity of many people in the diocese is contributing to help some of the most vulnerable people in our society. If you have free time on a Monday, Wednesday or Friday morning from 10.00am – 1.00pm, volunteers would be gratefully accepted.

Day of Recollection

There is to be a Lenten Day of Reflection at the Franciscan Friary, Alnmouth on Saturday 1st April. The day will be led by Fr Chris and will give us an opportunity to 'pause and reflect' on our Lenten Journey. All parishioners are most welcome. The theme will be – 'Christ: Our Servant and Teacher'. The cost will be approximately £15, a packed lunch will be required; tea and fruit juice will be provided. If you want space for peace and reflection, this is just the place to do it. Please sign up in the church porch if you would like to attend.

Action Hosting Open Evening

Action Hosting is part of a Newcastle based organisation, Action Foundation, that six months ago started their hosting scheme for destitute asylum seekers. They are looking for new volunteer hosts and are holding open evenings to talk about our scheme. If you have a spare room and would like to help someone who is homeless, then hosting may suit you. Hosts will provide a safe place to sleep, for people who have nowhere else to go, for an agreed and defined amount of time. We will provide full induction training to all hosts who are eligible to become part of the scheme. Would you like to find out more? Come to our meeting and we can tell you how the scheme works and what support we will give you. There is more information about the scheme here:

www.actionfoundation.org.uk/projects_hosting.html

If you would like to come to our meeting, please RSVP at hosting@actionfoundation.org.uk and let us know which date you would like to attend.

The dates for the evenings are: Wednesday 29th March 18:00-19:00, Wednesday May 10th 18:00-19:00, Wednesday June 21st 18:00-19:00. The open evening will take place at The Castle Gate, Melbourne Street, Newcastle NE1 2JQ

Parish Administrator

Our new administrator, Katherine Maine, started last week and has been 'learning the ropes' with help from Sheila Hall. Katherine will be in the office Tuesday to Friday from 9am-1pm. Katherine looks forward to meeting as many of the parish as possible.

Volunteers for North Tyneside General Mass

On Saturday mornings, Mass is celebrated at North Tyneside General Hospital, with special ministers taking communion to patients on the wards. More special ministers are needed. If any of the special ministers would like to be on the rota please let Fr Chris know.

The Cedarwood Centre

As many of you know, the Cedarwood Centre in the Meadow Well Estate, moved premises in December across the road to a former local authority building just across the road in Avon Avenue. One of the projects is to build a 'street gym', which is raising costs by crowd funding. Can you please have a look to see whether this is something that you'd like to support and/or pass the link to your contacts please? The link is <https://www.spacehive.com/cedarwood-streetgym>.

Coming up at Minsteracres:

Quiet days of reflection during Lent
Wednesday 22 March – Sr. Anne McCarthy RSCJ
Wednesday 29 March – Kathryn Turner
Wednesday 5 April – Sr. Sheila McNamara RSCJ

Children's Liturgy St Joseph's

The Children Liturgy needs more people to help with this. Even if you are not DBS covered, just being present in the chapel would be helpful. Please see either Fr Chris or Sheila Hall, Joanna Waggot or Maria Robson.

Appeal from St Joseph's Nursery

St Joseph's Nursery would be most grateful for any of the following:

Toy Cars, Fairy Tale story books, Wellies to fit up to size 12, old cordless telephones, Small World Toys (e.g animals & Playpeople).

Please put in the box at St Joseph's Church. Many thanks.

Mercy Associates

There will be a Mercy Associates Coffee Morning plus Hot Cross Bun at St. Joseph's on Tuesday, 4th April at 10:15 am. Tickets £1.00.

Social Calendar

Goods urgently needed for the Jumble Sale, no electricals please.

Future events are as follows:

25th March	- Jumble Sale at St Cuthberts
23rd April	- Afternoon Tea at St Josephs
27th May	- Polish Night (food etc more info later)
10th June	- Summer Fayre at St Cuthberts