

**OUR LADY & ST OSWIN'S
TYNEMOUTH
&
ST MARY'S CULLERCOATS**

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Diocese of Hexham & Newcastle – Reg Charity No: 1143450
St Mary's Church Hall Bookings – The Presbytery ☎ 251 3770
St Oswin's Meeting Room Bookings – Marcia ☎ 258 2478

Cluster Website: www.northtynesidecatholic.org.uk
Diocesan Website: www.rcdhn.org.uk
Facebook Page: www.facebook.com/diocesehn
Twitter: [Twitter@diocesehn](https://twitter.com/diocesehn)

19th Sunday of Year B – 9th August 2015

SERVICES & MASS INTENTIONS

Sun	9 th	19 th Sun of Year B	St O	9.30am	Celebrant's Intention	<i>Kings 19: 4-8, Eph 4:30; 5:2 John 6: 41-51</i>
			St M	11.00am	People of the Parish	
Mon	10 th	St. Lawrence, Deacon	St M	9.30am	Mgr Ged Lavender	<i>2 Cor 9: 6-10, John 12: 24-26</i>
Tue	11 th	St Clare of Assisi	St O	9.30am	<i>Service of Word & Communion</i>	<i>Deut 31: 1-8, Matt 18: 1-14</i>
Wed	12 th	Weekday	St O	9.30am	Maurice Moore (JS)	<i>Deut 34: 1-12, Matt 18: 15-20</i>
Thu	13 th	Weekday	St M	9.30am	Patrick Coll	<i>Josh 3: 11-17, Matt 18: 21 19: 1</i>
Fri	14 th	Maximilian Kolbe	St O	9.30am	Ken Keenaghan	<i>Josh 24: 1-13, Matt 19: 3-12</i>
Sat	15 th	Weekday	St O	9.30am	Maurice Moore (MJ)	<i>Josh 24: 14-29, Matt 19:13-15</i>
Sun	16 th	The Assumption of Blessed Virgin Mary	St O	9.30am	Frank O'Callaghan	<i>Apoc11:19;12:1-10,1 Cor15: 20-26 Luke 1: 39-56</i>
			St M	11.00am	People of the Parish	

SACRAMENT OF RECONCILIATION: Saturdays 10.00-10.15am at St Oswin's - *and available on request*
(Rosary at St Oswin (St O) – Fri after Mass: St Mary's (St M) Exposition Chapel Open Daily 7.30am-7.30pm)

We remember those who have asked for our prayers in August: Lynn Johnson, Danita, Decia Morris, Helen Lauchlan, Mary Wrightson, Kate Gascoine.

Anniversaries: Mgr Ged Lavender, Susan Dunn, Myra Robson, Cicely Ward, Cathy Irvine, Fr Paul McSwaine.

Euthanasia Bill: on Fri 11 Sept the House of Commons will debate and vote on a Bill to legalise assisted suicide. This will put the most vulnerable people in our society at risk. Please contact your MP, urging them to attend the debate and vote against the Bill. You can send an e-mail to your MP via website (www.catholicnews.org.uk/assisted-suicide) or send a letter by post, a draft of which can be found at the back of the Church.

The Next Cluster Baptismal Preparation Course, for those who have been enrolled for this by their priest, will be held here in St Mary's church hall this **Thurs, 13 August, 7-9pm.**

Next Parish Social Event is a Pie and Pie Supper on **Fri 18 Sept** in St Mary's Hall. Cost £6. Tickets on sale now in both churches. Donations for the raffle would be gratefully received!

Jubilee Flower Festival at St Joseph's Church, North Shields. **Thurs 20 to Mon 24 Aug.** Please see poster for full details of times and events.

Weekend Retreat of prayer and reflection on being missionary disciples. **Fri 28 to Sun 30 Aug** at the Youth Village. See poster for full details.

Living the Joy of the Gospel - Christians around the North East are invited to join together to celebrate our common call to proclaim and live the Gospel with joy and hope: **Durham Cathedral Sun Sept 6th 3.30pm.** See poster.

Forward Together in Hope: During the time we have between now and Advent, we invite you to reflect on some of the questions that have to be answered in Part B of the leaflet attached to the newsletter a few weeks ago. Please also check out the diocesan website for the latest news and updates.

Forward Together in Hope Prayer:

Glory be to the Father – in whom we live and move and have our being.

Glory be to the Son – whose name we bear and who calls each of us to be his disciples; to build his Kingdom and to go out into the world and bear its fruit.

Glory be to the Holy Spirit – pouring out grace and guidance, forming us and renewing us. Inspire us all in the Diocese of Hexham and Newcastle to live the Gospel, to be open to change and to move forward together in hope.

First Reading

1 Kings 19:4-8

Fed by an angel, a broken and dispirited Elijah is able to walk all the way to the mountain of God.

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord,' he said 'I have had enough. Take my life: I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

Responsorial Psalm

Psalm 33

Response: **Taste and see that the Lord is good.**

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| 1. I will bless the Lord at all times,
his praise always on my lips
in the Lord my soul shall make its boast.
The humble shall hear and be glad. | 2. Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free. |
| 3. Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress. | 4. The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him. |

Second Reading

Ephesians 4:30 - 5:2

St Paul urges the Ephesians to walk in the way of love and thus live up to their calling.

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ. Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

Gospel Acclamation

Alleluia, alleluia. If anyone loves me he will keep my word, and my Father will love him, and we shall come to him. Alleluia!

Gospel Reading

John 6:41-51

Jesus is the new manna from heaven. Those who eat this food will live forever.

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. 'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

Question of the week

(for Further Personal Reflection on these Readings)

When has the bread of life given you the strength you needed to face a difficult situation ?